

Career Advancement Cell Institute of Biomedical Education and Research

Report of the event

Event: Talk on Employability Skills in Pharma Category of the event: Career Counseling

Date: 23rd March, 2018

Venue: A-402

No. of participants: 35

Resource Person: Dr. Brijesh Sharma, IBMER, Mangalayatan University, Aligarh

About the Event

For every professional it is very necessary to have good presentation skills as well as strong theoretical background. The speaker acquainted the students about pre-requisites of job field. He emphasized that the basic skills required by the students pursuing pharmaceutical studies need a blend of various skills like communication, stress management and positive attitude. He discussed that the ability to communicate effectively with superiors, colleagues, customers, and service providers is essential irrespective of the industry you work. The skills which will help to be an effective communicator are listening, nonverbal communication or body language, confidence, clarity in mind, empathy, respect, openness.

Second skill is teamwork. Teamwork is vital in a competitive world. Individuals possess various capacities, weaknesses, strengths, and skills. Working in a team provides ample learning opportunities, improve upon weakness, build confidence, and improve efficiency and productivity. When one works in a team, the chances of accomplishment of goals are highest. It will result in the enhancement and optimization of your performance, improve job satisfaction, and increases work speed. The inability to work in a team could delay success.

He also discussed about stress management. Every professional in the job felt work-related pressure or stress. The source of stress could be meeting deadlines, new challenges, and to be best among all. One cannot avoid these situations on the job but can take steps to manage the stress. The most common sources of stress are workloads, fewer growth opportunities, not having control over job-related decisions, unclear demands, and expectations. One should Prioritize and Monitor the conditions that may trigger stress: Accept the reality first. To maintain Self-discipline is the key. Pharmaceutical business requires high level of attentiveness being a regulated environment. To deal with many complex situations, stress management is most desirable skills for successful in pharma environment.

For a healthcare professional, honesty is a necessary trait to have.

When you are dealing in the business where it directly impact to the people life, honesty is a key for success. Being an honest is the most powerful skills for successful in pharma industry.

Interpersonal skill helps an individual to interact with others effectively, such as talking with the boss, colleague, assistant, client, or customer. In the professional world, it refers to an employee's ability to work and interact well with others. Social intelligence or people skills are other terms of Interpersonal skills.

Maintaining a positive attitude will help you to keep yourself energetic at the workplace and enhance productivity. This attitude will reflect your leadership qualities and will help to grow in your career.

In summary, the expert asserted that following attributes are necessary for Pharma students:

- Effective communication
- Speaking at right time without hesitation
- Out of the box thinking to resolve the problem
- Solve the problem with logic, valid reference, and science
- Ask a question to understand better
- Ready to learn from anyone
- Think like a leader
- Effective communication
- Understanding limitations and think towards resolution

In the end, Principal IBMER thanked the students for effective participation and also speaker for effective presentation.

Principal, IBMER

Attendance Sheet of Employability Skills for Success in Pharma (2017-18)

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4	20140089	ABUL KHAIR .	Alex
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22	20140795	LOKESH KUMAR	- Lee-
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