

# **Mangalayatan University**

33<sup>rd</sup> Milestone, Aligarh-Mathura Highway Beswan, Aligarh- 202146 (U.P.) India

5.1.3 Following Capacity development and skills enhancement initiatives are

taken by the institution

(2019-20)





# **Consolidated Report**

# <u>on</u>

# <u>Capacity Development and Skills</u> <u>Enhancement Initiatives</u>

# Session 2019-20

# **Mangalayatan University**

# **Beswan, Aligarh**

02 2022

Registrar Mangalayatan University Beswan, Aligarh



# Institute of Education & Research Report of the event

Event: Online Yoga Session-Maurasana

#### Category of the event: (Life skill development)

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

#### About the Event

Date: - 06-07-2019 Time: 09:00AM-10:00AM Number Of Attendees/Participants:- 23

#### **Event description:**

In this session, the expert gave a brief description of Maurasana. He stated that this asana is also known as 'The Peacock Pose', usually performed within an expert supervision. However, those who practice the pose can gain efficiency in time. He explained that this asana requires one to lift the body in an upside down position to attain a slanting position. The expert demonstrated the asana and described its benefits from strengthening arms, shoulders and back to improving concentration.

#### Steps as demonstrated by the Expert

After a through introduction the resource person performed the steps by placing his **heels** close to each other and make sure that the knees are wide apart. Then, he knelt forward, placing his palms on the ground between his knees with fingers pointing towards the body. He gently bent his elbows and pressed them towards the abdomen, putting all your body weight on the hands.

#### **Benefits**

The expert expressed that the participants will be benefitted by this activity if they engage in it on a regular basis. He narrated the following benefits: peacock pose removes toxins and detoxifies the body, improves the function of digestive system and makes abdomen stronger, Peacock Pose is beneficial in piles and diabetes, strengthens and tones your reproductive system, makes your elbows, wrist, spine, and shoulders stronger, mayurasana improves the posture, reduces anxiety and stress and give calmness to the mind, increases the focusing power of the mind.

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# Institute of Education & Research Report of the event

Event: Online Yoga Session- Uddiyana Bandha

Category of the event: (Life skill)

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

#### About the Event

Date: - 20-07-2019 Time: 09:00AM-10:00AM Number Of Attendees/Participants: - 37

#### **Description the event:**

A lock, or bandha, in hatha yoga, is a gesture in which a segment of the body is sealed, isolated, or constricted in some manner, the expert mentioned. He further added that it is one of the most powerful locks is Uddiyana bandha—the upward flying lock or abdominal lift, in which one sucks the abdominal wall in and up at the end of an exhalation, while restraining the breath. The abdominal organs are all swept up to a higher than normal position in the trunk by a partial vacuum in the chest cavity.

The expert discussed about the health benefits of yoga and meditation. He demonstrated the correct posture of meditation and asanas like pranayama. He further discussed the Uddiyana Bandha asana to control anger and temper. It is also useful in controlling constipation and diabetes.

#### **Department of Arts**

#### **Report of the event**

Date: 26 July, 2019

Event: Leadership style in profession

Category of the Event: Soft Skill

Keynote Speaker: Dr. Manjoor Alam

No. of Participants: 55

**About the Event:** The Department of Arts organized a national seminar on the Relevance of communication in modern professionalism. The objective of the Seminar was to comprehend about the significance of communication in modern professional life. Communication is a part and parcel of everyday life. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Dr. Manzoor Alam, a renowned scholar of the department of Mass communication M.U, Aligarh, delivered the lecture on Relevance of communication in modern professionalism in a comprehensive way. He elaborated the meaning and scope of effective communication skills and how to improve the skills for professional life. The seminar was coordinated by Dr. Durbadal Bhattacharya and the technical support was provided by Hira Dilshad.

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Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

### **Report of the event**

Date:29 July, 2019

Event: Barriers of Communication

Category of the Event: Communication skills

Keynote Speaker: Prof. Ravi Prakash

No. of Participants: 70

<u>About the Event:</u> The Department of Arts organized a national seminar on the Barriers in communication. The objective of the Seminar was to comprehend about the different barriers of communication and how to overcome these barriers everyday life. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Prof. Ravi Prakash, a renowned scholar of the department of Mass communication M.U, Aligarh, delivered the lecture Barriers of communication and how to get overcome those barriers like language, physical, emotional etc. He elaborated the meaning and scope of hazzle free communication skills and how to improve the skills for professional life. The seminar was coordinated by Dr. Durbadal Bhattacharya and the technical support was provided by Manzoor Alam.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 31 July, 2019

Event: Relevance of spoken English for modern professionalism

Category of the Event: Communication skills

Keynote Speaker: Mohd. Jalaluddin

No. of Participants: 52

**About the Event:** The Department of Arts organized a national seminar on the Relevance of spoken English for modern professionalism. The objective of the Seminar was to comprehend about the significance of communication in modern professional life. Communication is a part and parcel of everyday life. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker Mohd Jalaluddin, a renowned scholar of the department of Mass communication M.U, Aligarh, delivered the lecture on Relevance of spoken English for modern professionalism in a comprehensive way. He elaborated the meaning and scope of effective communication skills and how to improve the skills for professional life. The seminar was coordinated by Anuradha Yadav and the technical support was provided by Durbadal Bhattacharya.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 01 August, 2019

Event: Cross Culture communication and its Importance

Category of the Event: Communication skills

Keynote Speaker: Hira Dilshad

No. of Participants: 120

<u>About the Event</u>: The Department of Arts organized a national seminar on the Cross Culture communication. The objective of the Seminar was to comprehend about the significance of Cross culture Communication. Communication is an important part for life functioning. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Hira Dilshad, a renowned scholar of the department of Mass communication M.U, Aligarh, delivered the lecture on Cross Cultural communication in a comprehensive way to explain students about different cultures and their adoptability. He elaborated the meaning and scope of effective communication skills and how to improve the skills for professional life. The seminar was coordinated by Dr. Manjoor Alam and the technical support was provided by Anuradha Yadav.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 2 August, 2019

Event: Report Writing

Category of the Event: Communication skills

Keynote Speaker: Mohd. Jalaludin

No. of Participants: 74

**About the Event:** The Department of Arts organized a national seminar on Report Writing. The objective of the Seminar was to comprehend about the significance written documentation and especially with the writing of reports. Communication is a part of everyday life. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Mohd. Jalaludin, a renowned scholar of the department of Mass communication M.U, Aligarh, delivered the lecture on Importance of report writing and how to write a good report in a comprehensive way. He elaborated the meaning and scope of effective written communication skills and how to improve the skills for professional life. The seminar was coordinated by Dr. Manjoor Alam and the technical support was provided by Hira Dilshad.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date:03 August, 2019

Event: Emerging trends and tradition in learning Skills

Category of the Event: Language and Soft Skills

Keynote Speaker: Miss Anuradha Yadav

No. of Participants: 80

**About the Event:** The Department of Arts organized a national seminar on Emerging Trends and Tradition in Learning Skills. The objective of the Seminar was to comprehend about the new trends and tradition for learning skills. Soft skills are important part and parcel for everyday life. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Miss Anuradha Yadav renowned scholar of the department of English M.U, Aligarh, delivered the lecture on Emerging trends and tradition in learning Skills in comprehensive way. She elaborated the meaning and scope of soft skills and how to involve the soft skills for professional life. The seminar was coordinated by Dr. Durbadal Bhattacharya and the technical support was provided by Manzoor Alam.

**Outcome**: At the end of the seminar a successful query session was held and feedback from the students was taken. The seminar was very fruitful for the students that may improve their communication skills.

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Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

### **Report of the event**

Date: 05 August, 2019

Event: Works Ethics and Motivation

Category of the Event: Soft skills

Keynote Speaker: Dr Manjoor Ahmad

No. of Participants: 58

<u>About the Event:</u> The Department of Arts organized a national seminar on Works Ethics and motivation. The objective of the Seminar was to comprehend about the significance of communication in modern professional life. Communication is a part and parcel of everyday life. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker Dr Manjoor Ahmad, a renowned scholar of the department of English M.U, Aligarh, delivered the lecture on Works Ethics and Motivation in a comprehensive way. He elaborated the meaning and vision of work style and ethical behaviour of learners and how to get motivated by the support and help of others. The seminar was coordinated by Mohd Jalaluddin and the technical support was provided by Ms. Madhubala Maurya

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

### **Report of the event**

Date: 7 August, 2019

Event: Development of thoughts in relevance of Career

Category of the Event: Language and Soft Skill

Keynote Speaker: Mrs. Madhubala Maurya

No. of Participants: 85

<u>About the Event:</u> The Department of Arts organized a national seminar on the Development of thoughts in relevance of career. The objective of the Seminar was to comprehend about the developing the thoughts in view to career relevance. These ideas and thoughts will increase the power of learning of various topics. We cannot get success easily by using the grandeur of thoughts. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Mrs. Madhubala Maurya, a renowned scholar of the department English M.U, Aligarh, delivered the lecture on Development of thoughts in relevance of Career in a comprehensive way. She elaborated the meaning and scope of career and interprets how to develop thoughts that are useful for. The seminar was coordinated by Dr. Durbadal Bhattacharya and the technical support was provided by Dr. Manzoor Ahmad

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 09 August, 2019

Event: Communication and Professionalism

Category of the Event: Soft skills

Keynote Speaker: Dr. Durbadal Bhattacharya

No. of Participants: 54

<u>About the Event</u>: The Department of Arts organized a national seminar on the Relevance of communication and professionalism. The objective of the Seminar was to comprehend about the significance of communication in modern professional life. Communication is a part and parcel of everyday life. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Dr. Durbadal Bhattacharya, a renowned scholar of the department of Mass communication M.U, Aligarh, delivered the lecture on Relevance of communication in modern professionalism in a comprehensive way. He elaborated the meaning and scope of effective communication skills and how to improve the skills for professional life. The seminar was coordinated by Mohd. Jalaludin and the technical support was provided by Hira Dilshad.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 12 August, 2019

Event: How to handle Situation?

Category of the Event: Soft skill Program

Keynote Speaker: Hira Dilshad

No. of Participants: 71

<u>About the Event:</u> The Department of Arts organized a national seminar on the topic How to handle situation. The objective of the Seminar was to comprehend about different situations and the learners get themselves overcome and handle those situations. Situation handling is a part and of everyday life. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Hira Dilshad, a renowned scholar of the department of Mass communication M.U, Aligarh, delivered the lecture on handling the different situations in a comprehensive way. He elaborated the meaning and scope of effective communication skills and how to improve the skills for professional life. The seminar was coordinated by Dr Manjoor Ahmad and the technical support was provided by Anuradha yadav

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 19August, 2019

Event: Free Resources and Their use in Learning

Category of the Event: Soft Skill program

Keynote Speaker: Mohd Jalaludin

No. of Participants: 55

**About the Event:** The Department of Arts organized a national seminar on free resources and their uses in learning. The objective of the Seminar was to comprehend about the significance of free resources or government resources in learning. These resources are helpful for learning in different situations of life. We cannot get advantages of these resources for proper learning free of cost. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Mohd Jalaludin, a renowned scholar of the department of English M.U, Aligarh, delivered the lecture on free resources and to take their benefits without any cost in easy way. He elaborated the meaning and scope of these resources and make them useful for life. The seminar was coordinated by Dr. Durbadal Bhattacharya and the technical support was provided by Manzoor Alam.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 26 August, 2019

Event: Introduction of General English for Competitive Exams

Category of the Event: Language and Soft Skill

Keynote Speaker: Dr. Manjoor Ahmad

No. of Participants: 67

<u>About the Event:</u> The Department of Arts organized a national seminar on Introduction of General English for Competitive Exams. The objective of the Seminar was to comprehend about the significance of General English for Competitive Exams. General English is essential part of every exam or event related for private and public sector jobs. We cannot get success through study the regular topics of General English. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker Dr. Manjoor Ahmad, a renowned faculty of the department of English M.U, Aligarh, delivered the lecture on Introduction of General English for Competitive Exam in a comprehensive way. He elaborated the uses of General English in one day exams as well as any other exams. The General English is mandatory subject for all branches of students who seek their career either in Public or private sector. The seminar was coordinated by Miss Hira Dilshad and the technical support was provided by Mohd Jalaludin.

Coordinator Organizing Committee, Department of Arts



# Mangalayatan University, Aligarh Institute of Business Management Report of the event

Event: Guest Lecture on 'Role of employability skills in competitive world Category of the event: Awareness of trends in technology Date: August 27, 2019 Venue: B-Block, New Auditorium Number of participants: 125 students of IBM, Humanities and IET and MU faculty Resource person:Mr. Praveer Kumar (President &CEO, Rubicon Skill development Pvt. Ltd.)

A Business Leader with more than a 15-year track record of consistently exceeding Organization's strategic as well as tactical goals through Solutions, Business Modeling, Planning, Execution and Monitoring. He has continuously creating value for customers and other stakeholders through innovation.

#### **Event Description**

Institute of Business Management organized a guest lecture on the importance of skill development; in this the speaker of above lecture was Mr. Praveer Kumar (CEO, Rubicon Skill development Pvt. Ltd.). In his talk,he discussed about organizational structure, public speech, presentation skills, e-mail protocol, group discussion and personal interview. Heemphasized on the coordination of communication skill and body language.



**Resourse person Mr. Praveer Kumar** Participants attended the Guest lecture

Prof. KVSM Krishna (VC, MU), Prof. JayantiLal Jain (Dean- Faculty of Humanities, MU), Prof. ArifSuhail (Dean-IET, MU), Prof. A.R. Fatihi, Mr. Mahesh Kumar and Dr. Rajeev

Sharma (Incharge-IBM, MU) attended above lecture with all faculty members and staff of MangalayatanUniversity.



प्रकार की समस्या आती है। उन्होंने कहा कि आज के समय में किसी दौरान संगठनात्मक संरचना, भी प्रोफेशन के लिए कम्यूनिकेशन

आप अच्छे से कम्यूनिकेट नहीं कर कहलाएंगे। सही कम्युनिकेशन के लिए सबसे पहले अपनी बॉडी लैंग्वेज पर ध्यान देना शुरू करें

कार्यक्रम में मैजूद बार्कलेज के सिटीजरेंशिप वाईस प्रेसिडेंट हेमंत कुमार ने अपने अनुभवों को साझा

इस दौरान प्रो. जयंतीलाल जैन, कुमार, डॉ. अंकुर अग्रवाल, डॉ. सिद्धार्थ जैन, डॉ. अनुभव सोनी आदि मौजद रहे।

#### News coverage of the Guest Lecture in Veer Shaheed newspaper

कॉम्पिटिटिव वर्ल्ड' था। इस

Dr. Rajeev Sharma (I/C and HoD, IBM)

(Event Coordinator)

#### **Department of Arts**

#### **Report of the event**

Date: 06/09/2019

Event: How to speak effetely in public?

Category of the Event: Language and Communication

Keynote Speaker: Mrs. Anuradha Yadav

No. of Participants: 49

About the Event: The Department of Arts organized a seminar on "How to speak effetely in public?" The objective of the seminar was to make the students aware about communication & its importance in modern scenario. As speaking is the most important act of human being in life. As we know that mmodern public speaking scholars normally use a classification system of three general purposes: to inform, to persuade, and to entertain. Public speakers are leaders who are able to inspire their audience to work harder to achieve their goals. ... A mastery of public speaking allows you to relate to the audience and gain their trust. As a skilled public speaker, you become likable and believable, and you will be able to inspire and even entertain the crowd. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker, Mrs. Anuradha Yadav is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Hira Dilshad and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Coordinator Organizing Committee, Department of Arts



# Institute of Education & Research Report of the event

Event: Online Yoga Session- Bhujangasana

#### Category of the event: (Life skill development)

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

#### About the Event

Date: - 07-09-2019 Time: 09:00AM-10:00AM Number Of Attendees/Participants: - 23

#### **Description the event:**

The expert explained the meaning and a brief history of the asana and demonstrated its steps. He advised to do this asana one has to lie down on the ground on your stomach, keeping the hands close to shoulders, raising the chest to such a level that arms gets straight this will be done while stretching the legs and taking the toes in and hanging the head slowly behind. He then slowly came in the initial position. He advised to repeat this 3-5 times. This asana is also known as the Cobra Pose. It is also called as 'SarapaAasan'. In this the position of body looks like a snake. After a through explanation on the basics, the expert discussed benefits of the activity: It makes the spine flexible and broaden the chest, makes the neck, shoulders, chest and head more active, increases the blood circulation, it gives power and flexibility to the body, it reduces obesity, cures the liver diseases, helpful in strengthening the digestive system and, lastly, it is helpful in strengthening the lung power.

The students keenly observed the whole activity and took notes as per their requirement and interests.

#### **Department of Arts**

#### **Report of the event**

Date: 13/09/2019

Event: Barriers to communication and its importance.

Category of the Event: Language and Communication

Keynote Speaker: Mrs. Hira Dilshad

No. of Participants: 68

About the Event: The Department of Arts organized a seminar on "Barriers to Communication and its Importance. The objective of the seminar was to make the students aware of various types of the barriers of the communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Mrs. Hira Dilshad is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 20/09/2019

Event: How to enrich vocabulary?

Category of the Event: Language and Communication

Keynote Speaker: Prof. Dr. Ali Refad Faithi

No. of Participants: 66

About the Event: The Department of Arts organized a seminar on "How to enrich vocabulary". The objective of the seminar was to make the students aware about the role of vocabulary for effective English. The webinar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Prof. Dr. Ali Refad Faithi is a renowned scholar & experienced personality in academic. He presented his thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Hira Dilshad and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts



# <u>Mangalayatan University, Aligarh</u> <u>Institute of Engineering and Technology</u> <u>Department of Mechanical Engineering</u>

# **Report of the event**

**Event:** Rubicon's "Connect with Work" Program Supported by Barclays Category of the event: Awareness of trends in technology Date: September 24-27, 2019 Venue: A-301 Number of participants: 50 students from final year B.Tech. (ME, CSE & Civil)

## Resource person: Mr. Abhishek Mahajan (Senior Trainer, Rubicon's)

Mr. Mahajan has lot of experiences to give training to the final year students so that they can become job oriented just after the completion of their respective course.

### About the Event

The aim of the event, **Rubicon's "Connect with Work" Program, supported by Barclays** was to improve the employability skills of the youth. Rubicon implementing tomorrow's Foundation's "Connect with work" supported by Barclays. Under this program, students were trained by Corporate Trainers to enhance their life skills which will help them significantly to increase their chances of succeeding in a job interview. This program was launched with a limited number of colleges in India.

## **Objectives of Rubicon's "Connect with Work" Program**

Rubicon's "Connect with Work" Program, supported by Barclays is looking forward to partner with your institute and plan to run the below initiatives:

- 1. 24-hrs classroom capsule training program based on Interview Skills, Soft Skills & Personality Development.
  - Topic which will be covered during the training program is attached in the mail with the name "Training Outline".
  - The batch size required would be 50 students.
  - The total duration of the training program in the institution is 24 hours.
  - The duration of training can be 6 to 8 hours per day.
  - College can have multiple batches for training at the same time on the same dates.
  - Rubicon will provide corporate trainers as per the number of batches.
  - We are aiming to train final year students only under "Connect with Work Training Program".

- 2. Industry visit of students at Barclays Office in Delhi & Noida (Details are attached in the attachment).
  - Students will interact with Barclays Managerial position employees; get their queries answered on career options, career growth and latest trend in the industry.
  - It will be a two-hour session from 2 pm to 4 pm.
  - We required 15 confirmed students per batch to visit.
  - We are aiming to train final year students only under "Connect with Work Training Program".
- 3. Virtual Session with Barclays Managers.
  - Virtual Session is exposure and interactive session between the students and Barclays Managers.
  - During the session, students get the chance to interact with the manager of Barclays who carries rich experience in the industry.
  - Virtual Interactive Session cover the below topics:
    - a) Organizational Structure.
    - b) Public Speaking.
    - c) Presentation Skills.
    - d) E-mail Etiquette.
    - e) Grooming.
    - f) Group Discussion.
    - g) Personal Interview.
    - h) Assessment will be conducted on Group Discussion and Personal Interview.
  - We are aiming to train final year students only under "Connect with Work Training Program".
- 4. Placement Assistance in MNCs PAN India locations.
- 5. Post Placement Mentoring and Career Counselling for one year.

# rubicon

CERTIFICATE

THE CERTIFICATE IS PRESENTED TO:

<u>Shivam Kumar Singh</u>

For successfully completing the training on "Interview Skills" under "Connect with Work" program organized by Rubicon.

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#### Certificate of the training program



#### Press coverage of the training program in FLE Bharat and Amar Ujala newspaper

Mr. Love Mittal (Event Coordinator)

Mr. Mohan Maheshwari (HoD, ME)

#### **Department of Arts**

#### **Report of the event**

Date: 27/09/2019

Event: How to become an effective listener?

Category of the Event: Language & Communication

Keynote Speaker: Prof. Dr. Ali Refad Faithi

No. of Participants: 61

About the Event: The Department of Arts organized a seminar on" How to become an effective listener?". The objective of the seminar was to make the students aware about importance of listening. How effective listening can make one excellent personality in modern age of science & technology. Effective listening can improve one's way of presentation & delivering lecture during class or organizational appearance. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Prof. Dr. Ali Refad Faithi is a renowned scholar & experienced personality in academic. He presented his thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Hira Dilshad and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 06/10/2019

Event: Personality Development

Category of the Event: Soft Skills

Keynote Speaker: Prof. Dr. Ali Refad Faithi

No. of Participants: 58

About the Event: The Department of Arts organized a seminar on "Personality development. The objective of the seminar was to make the students aware of various activities of personality & how it is useful to make one effective & decent in professionalism. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Prof. Dr. Ali Refad Faithi is a renowned scholar & experienced personality in academic. He presented his thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Hira Dilshad and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 11/10/2019

Event: Confidence building

Category of the Event: Soft Skills

Keynote Speaker: Mrs. Anuradha Yadav

No. of Participants: 61

About the Event: The Department of Arts organized a seminar on "Confidence Building". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent in professionalism. Confidence building is possible when we listen everything keenly & attentively. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Mrs. Anuradha Yadav is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Hira Dilshad and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 18/10/2019

Event: How to prepare for competitive exam?

Category of the Event: Soft Skills

Keynote Speaker: Mrs. Hira Dilshad

No. of Participants: 55

About the Event: The Department of Arts organized a seminar on "How to prepare for competitive exam?" The objective of the seminar was to make the students aware of various activities to make self positive & what are important methodologies to prepare well for competitive exam. The speaker said that the world is filled with different innovative & Quality oriented things. She said that everything is possible in this world what you think. She explained that how positive personality is a silent mode of communication to overcome from negativity from life for the best success in life. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Mrs. Hira Dilshad is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 25/10/2019

Event: Effective leadership skills.

Category of the Event: Soft Skills

Keynote Speaker: Prof. Dr. Ali Refad Faithi

No. of Participants: 52

About the Event: The Department of Arts organized a seminar on "Effective Leadership Skills". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent leadership. The speaker explained different qualities of a good leader like Proper Organisation of Employees, working towards a common goal, Motivating Employees, Achieving a cohesive organizational structure. Secondary Objectives of Leadership, Vision and Mission, Strategize, Innovation, Transformation. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Prof. Dr. Ali Refad Faithi is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 06/11/2019

Event: How to speak effetely in public?

Category of the Event: Language and Communication

Keynote Speaker: Dr. Ali Refad Faithi

No. of Participants: 49

About the Event: The Department of Arts organized a seminar on "How to speak effetely in public?". The objective of the seminar was to make the students aware about communication & its importance in modern scenario. As speaking is the most important act of human being in life. As we know that mmodern public speaking scholars normally use a classification system of three general purposes: to inform, to persuade, and to entertain. Public speakers are leaders who are able to inspire their audience to work harder to achieve their goals. A mastery of public speaking allows you to relate to the audience and gain their trust. As a skilled public speaker, you become likable and believable, and you will be able to inspire and even entertain the crowd. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker, Dr. Ali Refad Faithi is a renowned scholar & experienced personality in academic. He presented his thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 08/11/2019

Event: Barriers to communication and its importance.

Category of the Event: Language and Communication

Keynote Speaker: Mrs. Hira Yadav

No. of Participants: 68

About the Event: The Department of Arts organized a seminar on "Barriers to Communication and its Importance. The objective of the seminar was to make the students aware of various types of the barriers of the communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Mrs. Hira Dilshad is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 15/11/2019

Event: How to enrich vocabulary?

Category of the Event: Language and Communication

Keynote Speaker: Mrs. Anuradha Yadav

No. of Participants: 66

About the Event: The Department of Arts organized a seminar on "How to enrich vocabulary". The objective of the seminar was to make the students aware about the role of vocabulary for effective English. The webinar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Mrs. Anuradha Yadav is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 22/11/2019

Event: How to become an effective listener?

Category of the Event: Language & Communication

Keynote Speaker: Dr. Ali Refad Faithi

No. of Participants: 61

About the Event: The Department of Arts organized a seminar on" How to become an effective listener?". The objective of the seminar was to make the students aware about importance of listening. How effective listening can make one excellent personality in modern age of science & technology. Effective listening can improve one's way of presentation & delivering lecture during class or organizational appearance. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Dr. Ali Refad Faithi is a renowned scholar & experienced personality in academic. He presented his thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts



# <u>Mangalayatan University, Aligarh</u> <u>Institute of Engineering and Technology</u> <u>Department of Computer Science Engineering</u> <u>Report of the event</u>

Event: Workshop on 'Cyber Security' Category of the event: Awareness of Trends in Technology Date: November 26-27, 2019 Venue: B-Block, New Auditorium Organizer: Innovative Ideas Infotech Number of participants: 64

## Resource person: Mr. Rahul Mishra (Cyber Security, Advisor, UP Police)

Mr. Sharma is working as a cyber consultant with Innovative Ideas Infotech, which is the largest NGO of the country working on cyber security. He has done his B.Tech in IT and cyber forensics from IIT, Delhi. He has solved a lot of cyber crime cases of UP Police including the case of former CM of UP in which 35 lakh rupees were demanded from DIG Meerut using the number of CM and besides this, he has been a speaker in various workshops on cyber security organized by IIT Kanpur, IIIT Allahabad, MNNIT Allahabad, CBI Academy, CII, IIA, CSI, SBI and various other leading institutions across the country.

Apart from the above, he has found bugs on some of the top websites like

1. Microsoft (https://technet.microsoft.com/enin/security/cc308575#0420)

2. Sony (https://secure.sony.net/hallofthanks), etc.

Along this, he has solved Rs.3700 crorecase along with STF, fraud done by social trade Noida and also as a public figure, has more than 10,000 followers on his facebook page <u>https://fb.com/cybercoprahul</u>.

### **Event Description**

The workshop on Cyber Security was organized by Innovative Ideas Infotech in Mangalayatan University, Aligarh. The workshop includes all the latest cyber-crimes going on in the cyber world like ATM Card Frauds, ATM Cloning, SMS Spoofing, Call Spoofing, Facebook Hacking, smartphone hacking etc. The session motivated all the students and aware about the latest cyber-crimes so that they may be alert & can tackle against the cyber criminals.

There is no registration fee in the first day session. The session was from the side of the NGO Innovative Ideas to promote the cyber awareness among the people of the country. University has provided projector, seminar hall & accommodation facility for the trainer for the conduction of all the sessions of the workshop. After the first day session, the interested

students opted for the certification session by paying some registration fees. All the sessions was done smartly and smoothly in Mangalayatan University.



Participants attended the workshop on Cyber Security



Coordinator of the workshop felicitated the resource person

In the last, Head-Department of Computer Science Engineering, Mangalayatan University shared his views on cyber security with the participants and thanked all participants for their valuable support and smooth conduction of the workshop.

## Social Crimes & Laws

- 1. Social Networking Sites
- 2. Social Engineering Attacks
- 3. Legal Aspects of Cyber Crime
- 4. IT Act 2000/2008
- 5. Cyber Laws
- 6. Vulnerability in windows Operating system
- 7. How secure is the password that we use?

## e- Security& Prevention of Banking Frauds

- 1. Introduction to Information Security
- 2. Information gathering techniques
- 3. Trojan, Worms, virus
- 4. Backdoors & counter measures

- 5. Proxy servers
- 6. E-mail spoofing & Security
- 7. Phishing & counter Measures
- 8. How Hackers Clone the ATM Cards & the ways in which we can protect us?



Certificate of the wokshop



#### News coverage of the workshop in Hindustan and Dainik Jagran newspaper

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Mr. Love Kumar Mrs. Soni Singh (Event Coordinator)

Mr. Abhishek Kumar Gupta (HoD, DCSE)



# <u>Mangalayatan University, Aligarh</u> <u>Department of Electrical & Electronics Engineering</u> <u>Report of the event</u>

Event: Workshop on 'Introduction to 5G' Category of the event: Awareness of trends in technology Resource person: Mr. Rajesh Kumar Upadhyaya, Department of Electrical & Electronics Engineering Date: November 28, 2019 Venue: A-301 Number of participants: 55

#### **Event Description**

On November 28, 2019, a workshop on "Introduction to 5G" was organized by Department of Electrical & Electronics Engineering, Mangalayatan University, Aligarh. The workshop was begun by the inaugural speech of Ms. Shikha Sharma followed by "Saraswati Vandana". The resource person was Mr. Rajesh Kumar Upadhyaya (Head-EEE) shared a deep knowledge on the kinds of networks to all the participants of this event. The purpose of this workshop was to elaborate the applications and make aware about 5G technology also to provide the services in Product Engineering, Documentation, supporting electronic transactions (e-Payments, e-transactions) etc. He highlighted the importance of mobile phones in our life by sharing some good example such as: as the customer becomes more and more aware of the mobile phone technology, he or she will look for a decent package all together, including all the advanced features a cellular phone can have. Hence the search for new technology is always the main motive of the leading cell phone giants to out innovate their competitors.

In the last, Ms. Shikha Sharma thanked all the participants for their kind support for the smooth conduction of this workshop.

Withe

Ms. Shikha Sharma (Event Coordinator)

Mr. Rajesh umar Upadhyaya (HoD, EEE)



# <u>Mangalayatan University, Aligarh</u> <u>Institute of Business Management</u>

and Department of Journalism & Mass Communication

# **Report of the event**

**Event: Workshop on 'Role of Digital Media in Branding' Category of the event: Awareness of trends in technology Date:** November 29-30, 2019 **Venue:** B-Block, New Auditorium and UCC Lab **Number of participants:** 65

#### **Resource persons:**

## 1. Mr. Bharat Bhushan (Advisor-Prasar Bharati, Doordarshan & Akashwani)

Mr. Bhushan works as Director of IT & Social Media of Doordarshan Network, since 2015.He is a founder and Managing Director in Manu Info Solutions Pvt. Ltd. (Leading IT & Digital Media Solutions Company) from 2009 to 2015. Also, the founder of India's leading legal web portal www.legalindia.com established in the year 2006. Mr. Bhushan was also the founder of one of the leading Hindi news and views web portal www.pravakta.com established in the year 2008. He worked as an IT Head & Consultant for the online version of "Chauthi Duniya", a weekly Hindi newspaper (from July 2010 to November 2012).



#### 2. Dr. Harish Chandra Burnwal (Jouralist & Writer)

Mr. Chandra has been working in television journalism for more than 20 years. He is currently working as a Vice President of Blue Kraft Digital Foundation. Blue Kraft Digital Foundation is a not-for-profit organization that is actively working in the realm of policy and governance matters. Before that Dr. Harish worked in IBN7 as an Associate Executive Producer for 11 years. Before joining IBN7, he was employed with the Star-News. He also worked for Zee News & DD News.



#### **Event Description**

On 29-30 Nov, 2019, the workshop "**Role of Digital Media in Branding**" organized by Mangalayatan University's Institute of Business Management and Journalism and Mass Communication Department.

On the first day of the workshop, there were two sessions in which senior journalist Dr. Harish Chandra Burnwal shared the story of his struggle and his experiences in the field of media. His five stories have been published so far. Highlighting the "language of media", by explaining its impact in daily life, he explained the language of TV and the words used in it. Dr. Burnwal said that the language of media is necessary for everyone. He said that, if we use social media, we are a media worker, by putting special emphasis on headlines he said that the spirit of headlines should be captured. Media news is for everyone. Therefore, the form of his language should be relevant. Simple language should be used for better presentation. Words also vary according to a person's personal hit. There has been a big change in the language of media compared to the old times; he said that now the language of TV has become handicapped.

Addressing the students, Prasar Bharati (Doordarshan) advisor Mr. Bharat Bhushan said that Idea, Creativity in Media can make you successful. Discussing the changes in the media, he said that this journey started from newspapers, has now come on social media through TV, websites, blogs. He said that digital marketing involves a lot of subjects. Digital marketing means to market products and services through digital or internet. Digital medium or, say, the Internet itself is quite a big medium. There are many mediums like Email, Facebook, Twitter, WhatsApp and Google.



**Resourse persons of the event** 

On the second day, Bharat Bhushan, Advisor, Prasar Bharti (Doordarshan) and senior journalist Dr. Harish Chandra Burnwal gave all the information to the students through technical sessions. During these sessions, Harish Chandra Burnwal threw light on various points of media marketing and told that it is necessary to choose time along with marketing skills, only then you will be able to succeed. He shred knowledge to all the participants about media planning and media buying, explaining how to do marketing related work. At the same time, Bharat Bhushan spoke about the importance of review and writing feedback. He mentioned related examples like Sulekha.com, JustDial.com, Shiksha.com and Kavera.com. While giving practical training, Mr. Bhushan also informed the students about the importance of ratings. At the end of the workshop, VC Prof. KVSM Krishna honored the speakers with a memento. Registrar Prof. Shivaji Sarkar was the workshop chairman. The convener of the workshop was Dr. Rajiv Sharma Head, IBM and Co-Convener was Ms. Manisha Upadhyay, Head, DJMC.



Faculty and students attended the workshop





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#### Home / aligarh / iglas / मंगलायतन विश्वविद्यालय में दो दिवसीय कार्यशाला का शुभारंभन्हरीश बर्णवाल ने बताई मीडिया की भाषा की खुबियां

मंगलायतन विश्वविद्यालय में दो दिवसीय कार्यशाला का शुभारंभ-हरीश बर्णवाल ने बताई मीडिया की भाषा की ख़ूबियां

Posted on November 29, 2019 by Ms Saifee (chief editor)

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इगलास। सोशल मीडिया और ऑनलाइन मार्केटिंग के क्षेत्र का विस्तार हुआ है। फेसबक, ट्विटर, वाटसएप आदि से आप लाखों रुपये कम सकते हैं। इन साइट्स के माध्यम से हर आम आदमी करोड़पति बन सकता है यदि उसमें कंटेंट को प्रस्तुत करने की समझ हो। मंगलायतन विश्वविद्यालय में रोल ऑफ डिजिटल मीडिया इन ब्रांडिंग विषय पर आधारित दो दिवसीय कार्यशाला में प्रमुख वक्ता प्रसार भारती (दूरदर्शन) के सलाहकार भारत भषण ने यह बातें कहीं।मंगलायतन विश्वविद्यालय के इंस्ट्रिट्यट ऑफ बिजनेस मैनजमेंट व पत्रकारिता एवं जनसंचार विभाग द्वारा आयोजित कार्यशाला की शुरुआत दीप प्रज्जवलन व सरस्वती वंदना के साथ शुरू हुई। संयोजक डॉ. राजीव शर्मा ने कार्यशाला की रूप रेखा प्रस्तुत की। उन्होंने कहा कि आज के मुग में किसी भी क्षेत्र में ब्रांडिंग की बहुत आवश्यकता है। कार्यवाल के प्रथम दिन दो सड़ हुए जिसमें पहले सत्र में वरिष्ठ पत्रकार हरीश चंद्र बर्गवाल ने मोडिया की भाषा पर प्रकाश व्यालते हुए उसका दैनिक जीवन में प्रभाव बताते हुए टीवी की भाषा और उसमे प्रयोग होने वाले शब्दों को समझाया। उन्होंने कहा कि मीडिया की भाषा हर किसी के लिए जरुरी है। हेडलाइंस पर विशेष जोर देते हुए उन्होंने कहा कि हेडलाइंस का भाव पकडना चाहिए। मीडिया की ख़बरें प्रत्येक व्यक्ति के लिए होती है। इसलिए उसकी भाषा का स्वरुप प्रासंगिक होना चाहिए। बेहतर प्रस्तुतीकरण के लिए सरल भाषा का प्रयोग होना चाहिए। पुराने समय की तुलना में मीडिया की भाषा में बड़ा बदलाव आया है, उन्होंने कहा कि अब टीवी की भाषा विकलांग हो गई है। प्रसार भारती (दूरदर्शन) के सलाहकार भारत भूषण ने विद्यार्थियों को संबोधित करते हुए कहा कि मीडिया में आईडिया, क्रिएटिविटी आपको सफल बना सकते हैं। मीडिया में आए बदलावों पर चर्चा करते हुए कहा कि अखबारों से शुरू हुआ ये सफर टीवी, वेबसाइट, ब्लॉग्स पर होते हुए अब सोशल मीडिया पर आ पहुंचा है। डिजिटल मार्केटिंग का मतलब है गोंडवर्ट्स और सर्विसेज को डिजिटल या इंटरनेट के माध्यम से मार्केट करना है। इसमें ईमेल, पेलबुक, ट्विटर, वाट्सएप, गूगल जैसे बहुत से माध्यम आ जाते हैं। कुलपत्रि ग्रो. केवीएसएम कृष्णा ने इस प्रकार के आयोजनों पर बल दिया। कार्यशाला की सह संयोजक पत्रकारिता एवं जनसंचार विभाग की अध्यक्ष मनीषा उपाध्याय रहीं। समन्वयक डॉ. सौरभ कुमार व मयंक जैन रहे। संचालन अभिषेक कुशवाह ने किया। आयोजन में डॉ. सिद्धार्थ जैन, डॉ. पूनम रानी, सोनी सिंह, लीना दुवा, दीक्षा यादव, डॉ. रंजना तिवारी, डॉ. स्वाति अग्रवाल, सतीश कुलश्रेष्ठ, विलास फाल्के आदि का सहयोग रहा।



Posted in aligarh, iglas





-ब्राडिंग में डिजिटल मीडिया की भूमिका अहम: भारत भूषण - हरीश वर्णवाल ने बताई 'मीडिया की भाषा' की खूबियाँ

अलीगढ़। सोगल सीडिया और ऑनलाइन मार्केटिंग के क्षेत्र का विस्तार हुआ है। केस्कूक, ट्विटर, काट्सपुप्प आदि से आप लाखी रुपप कामा सकते हैं। इन साइट्स के माध्यम से इर आम आदमी करोडपाद स सकता है, दादि उससे कंटेट का प्रस्तुत करने तेवी संसह हो। संत्वायरन विश्वविद्यालय । 'रोत ऑफ डिजिटन मीडिया वम् साइटिंग' विषय पर आधारत वो दिवयीय कार्यप्राला में प्रमुख डक्ता प्रधान धरती (प्रूरवर्यन) के सलाइकार धरतन ध्रूपन ने स्था को के की

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संगलायलन विश्वविधालय के इंश्व्रेल्युट ऑफ किंजनिस मैनजमेंट व पत्रकारिता एवं जनसंचार विभाग इतर अमोजित कार्ययाता की पुरूशत देवीय प्रज्ञवान व प्रराद्यांनी बंदगा के साथ पुरूष हुई। संयोजक सैनेवमेंट विभाग के अस्त्र डॉ. राजीव सर्जने कार्ययाता सो रूप रेखा प्रवृत्त की। उन्होंने कहा किं आज के पूरा में किंसी भी द्वेत में प्राईटिंग की बहुत आवस्यालात ही और इसमें दिविटन मीडिया की



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कार्यसाला के घरमते सिन दी सक हुए। पहले सक में तरिष्ठ पत्रकार हतीसा संद कर्जासाल में सीडिया में उपले संपर्ध की कहाली और अपने अनुभव कोडि! वन्नती अभी तक पांक कहाली प्रकाशित हुई हूं। उन्होंने "सीडिया हो। पात्रा" पर प्रकाश जातते हुए उसका देनिक जीवन में घर्माव इसते हुए तीयों की माना और उपलेख प्रतीन होने का बादा स्वर के प्रकाश की विवेधल ले जहां कि सीडिया की भाषा इर विवर्ध के तिदा सकरों है। उन्होंने समस्यार देनले की दीअरपी का प्रिक्त करते हुए कहाले हुए तीये की इस कि तिदा सकरों है। उन्होंने समस्यार देनले की दीअरपी का प्रिक्त करते हुए कहाले हुए तीये की इंडलाइस पर किसेब की रही हुए उन्होंने कहा कि उड़ताइस का भाषा स्वरूप सामी कि सीडिया की खबर प्रतीक कलिय होता है। इसलिए उन्होंने कहा कि उड़ताइस का भार प्रकाश माही हु। साहिए की खबर प्रतीक कलिय होता है। इसलिए उन्होंने का कि उड़ताइस का भार का स्वरूप सामी कि है। कहा हिया हा बदल्तीकर की दिए पहले नाथ का प्रदोन होगा का खित हुए कर का भाषा का स्वरूप प्रतीक हिए ही होडास की भी बदल्हा का दिए साहन साम का प्रदोन होगा का खित हो कर का का भाषा स्वरूप प्रतीक कि लोक हुत के दिया है। बदल्हा के दिए स्वर का साह का प्रता को का साह कि उड़ताइस का भार का स्वरूप सामी हिए की ति

त्रावार भारती (पुरुष्धांग) के सारावासार भारत भूतम से विद्यार्थियों को सम्बोधित करते हुए कात कि मितिया में आइतिया, किरादितियों आपको सारावास बान सकते के उन्होंने सोविया में आ दकतावां पर बार्थ करते हुए कात्रा कि अववादों में सुकू हुआ में सारार दोती, संस्थाइट, क्लॉस्स पर कृते हुए अस् विदिश्वत आविति का आत्मक के भीवल्यन के भारत के सिंह स्टेशन के साराय विदिश्वत आवितिया का आत्मक के भीवल्यन के भारत भारति के खानी काला का साराय करता है। बिरिटल साराध्य के भीवल्यन के स्टेशन के साराय के लागी कहा साध्यम है। इसमें विदेश, किराइत, हिंदर, बाराइयल, पूराल के भीव कहा के साधान का जाते हैं।



कुलमानी भी कैनीप्रवाधम कृष्णा में हुझ एकार कि आगीवली पर बल दिया। कार्यवाला की सब वयोजका प्रकारिता पुत कान्सवार विभाग की अयात मानीसा प्रचाशाया वरी। व्यस्पवाला को. वीरभ कुलार व मयाक लीन रहे । वेश्वक ठों, विनेव पांडे रहे। संचालन अभिनेक कुल्यावारु ने किया। अभिनेक गूरता ने आगार कावत तिवारा। आगोवन में जों. रिक्टारों पैन, डों, पुरान रानी, सोनी सिंहा, तीना बुवा, सीवा यावव, डो. पंजना, डॉ. खवाति अथावात, वरिष्ठ पत्रकार, वारीया कुलवीड, विनास पालके, विकास वार्थ, वोत्तेन्द्र कुमान, विज्ञाल प्रधानप्राया, वीरिष्ठ यावज, तरका सामी, मरेस कुमार विश्वार्थ ने क्यां सेवरी, क्यां क अगेव, नेवा दिवारां प्रायोजन किश्च देशकार वर्षाया कुलवीड, वित्ताव पालके, विकास वार्थ, आतेन्द्र कुमान, विज्ञाल प्रधानप्राया, रोहिर यावज, तरका सामी, मरेस कुमार विश्वार्थने को स्थियी, कुपा अगेव, नेवा क्या, क्यां क्या, अप्र अंताक का सहयोग रहा। वार्यवाला के तीरान कॉर्डट रजिस्टार डॉ.

## News coverage of the event in Amar Ujala, Dainik Jagran, FLE Bharat and Prasar Bharti newspaper

Dr. Rajeev Sharma (Head, IBM)

#### **Department of Arts**

#### **Report of the event**

Date: 29/11/2019

Event: Personality Development

Category of the Event: Soft Skills

Keynote Speaker: Mrs. Hira Dilshad

No. of Participants: 58

About the Event: The Department of Arts organized a seminar on "Personality development. The objective of the seminar was to make the students aware of various activities of personality & how it is useful to make one effective & decent in professionalism. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Mrs. Hira Dilshad is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 06/12/2019

Event: Confidence building

Category of the Event: Soft Skills

Keynote Speaker: Dr. Ali Refad Faithi

No. of Participants: 61

About the Event: The Department of Arts organized a seminar on "Confidence Building". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent in professionalism. Confidence building is possible when we listen everything keenly & attentively. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Dr. Ali Refad Faithi is a renowned scholar & experienced personality in academic. He presented his thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 13/12/2019

Event: How to prepare for competitive exam?

Category of the Event: Soft Skills

Keynote Speaker: Mrs. Hira Dilshad

No. of Participants: 55

About the Event: The Department of Arts organized a seminar on "How to prepare for competitive exam?" The objective of the seminar was to make the students aware of various activities to make self positive & what are important methodologies to prepare well for competitive exam. The speaker said that the world is filled with different innovative & Quality oriented things. She said that everything is possible in this world what you think. She explained that how positive personality is a silent mode of communication to overcome from negativity from life for the best success in life. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Mrs. Hira Dilshad is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 20/12/2019

Event: Effective leadership skills.

Category of the Event: Soft Skills

Keynote Speaker: Mrs. Anuradha Yadav

No. of Participants: 52

About the Event: The Department of Arts organized a seminar on "Effective Leadership Skills". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent leadership. The speaker explained different qualities of a good leader like Proper Organisation of Employees, working towards a common goal, Motivating Employees, Achieving a cohesive organizational structure. Secondary Objectives of Leadership, Vision and Mission, Strategize, Innovation, Transformation. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Mrs. Anuradha is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Hira Dilshad and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 23/12/2019

Event: Effective leadership skills.

Category of the Event: Soft Skills

Keynote Speaker: Mrs. Hira Dilshad

No. of Participants: 52

About the Event: The Department of Arts organized a seminar on "Effective Leadership Skills". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent leadership. The speaker explained different qualities of a good leader like Proper Organisation of Employees, working towards a common goal, Motivating Employees, Achieving a cohesive organizational structure. Secondary Objectives of Leadership, Vision and Mission, Strategize, Innovation, Transformation.The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Mrs. Hira Dilshad is a renowned scholar & experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Mrs. Anuradha Yadav and the technical support was provided by Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 08/01/2020

Event: How to speak effetely in public?

Category of the Event: Language and Communication

Keynote Speaker: Ms. Hira Dilshad

No. of Participants: 85

About the Event: The Department of Arts organized a seminar on "How to speak effetely in public?" The objective of the seminar was to make the students aware about communication & its importance in modern scenario. As speaking is the most important act of human being in life. As we know that modern public speaking scholars normally use a classification system of three general purposes: to inform, to persuade, and to entertain. Public speakers are leaders who are able to inspire their audience to work harder to achieve their goals. A mastery of public speaking allows you to relate to the audience and gain their trust. As a skilled public speaker, you become likable and believable, and you will be able to inspire and even entertain the crowd. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the Seminar.

The keynote speaker, Ms. Hira Dilshad a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Anuradha Yadav & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 10/01/2020

Event: Barriers to communication and its importance.

Category of the Event: Language and Communication

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 90

About the Event: The Department of Arts organized a seminar on "Barriers to Communication and its Importance. The objective of the seminar was to make the students aware of various types of the barriers of the communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R. K. Sharma, Dr. Dinesh Sharma, Dr. Y.P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Ms. Anuradha Yadav and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 17/01/2020

Event: How to enrich vocabulary?

Category of the Event: Language and Communication

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 90

About the Event: The Department of Arts organized a seminar on "How to enrich vocabulary". The objective of the seminar was to make the students aware about the role of vocabulary for effective English. The Seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Ms. Anuradha Yadav a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Coordinator Organizing Committee, Department of Arts



# <u>Mangalayatan University, Aligarh</u> <u>Institute of Engineering and Technology</u> <u>and</u>

**Department of Computer Science Engineering** 

# **Report of the event**

# **Event:** Workshop on 'Core Networking' Category of the event: Awareness of trends in technology

**Date:** January 21, 2020 **Organizer:** JNTECH NETWORKS PRIVATE LIMITED **Venue:** B-Block, New Auditorium **Number of participants:** 79

# Resource person: Mr. Jitendra Jaiswal

Mr. Jitendra Jaiswal is a network professional who has a proven track record of executing tasks and making positive things happen in Networking and fault management. I can take the lead in any Networking Process and can be a confident and polished performer when executing the Task(s).



# Banner of the workshop



## Certificate of the workshop



Organizers and participants of the workshop



#### Presentation of memento to the resource person at the workshop



# मंगलायतन विश्वविद्यालय में हुई कोर नेटवर्किंग कार्यशाला

अलीगढ। नेट की रफ्तार के थमने के साथ जिंदगी की रफ्तार भी थमी सी लगती है। नेटवर्किंग हमारे जीवन का अहम हिस्सा बन चुकी है। इससे जुडी तकनीकी जानकारियां भी व्यक्ति समझ पाए तो उसके भविष्य के लिए बेहतर अवसर हो सकते हैं। ये बातें मंगलायतन विश्वविद्यालय में आयोजित कार्यशाला में जेएनटेक नेटवर्क्स से आए प्रशिक्षक जीतेंद्र जैसवाल ने कहीं। मंगलायतन विश्वविद्यालय में मंगलवार को कंप्यूटर साइंस इंजीनियरिंग व इलेक्ट्रिकल इंजीनियरिंग विभाग द्वारा कोर नेटवर्किंग पर कार्यशाला आयोजित की गई। कार्यशाला का आयोजन विवि के सभागार में हुआ। इसमें विद्यार्थियों को नेटवर्किंग से जुडी तमाम जानकारी के साथ उपयोग में आने वाले उपकरणों के बारे में भी बताया गया। दीप प्रज्वल्लन के साथ शुरू हुई कार्यशाला में जेएनटेक नेटवर्क्स से आए प्रशिक्षक जीतेन्द्र जैसवाल ने नेटवर्किंग से जुड़े तमाम तथ्यों के साथ नेटवर्किंग के लिए प्रयोग होने वाले राऊटर, स्विच, नेटवर्क फ्रयरवॉल सिक्योरिटी डिवाइस, फयर पावर थ्रेट डिवाइस, प्रॉक्सी सर्वर के सम्बन्ध में जानकारी दी। संचालन लवली जादौन ने किया। कार्यक्रम का समन्वयन लव मित्तल व शिखा शर्मा ने किया। इस दौरान कुलसचिव प्रो. शिवाजी सरकार, डायरेक्टर जनरल डॉ. एके मिश्रा, जॉइंट रजिस्ट्रार डॉ. दिनेश शर्मा, महेश कुमार, श्वेता भारद्वाज तथा जेएनटेक नेटवर्क्स से अभिनव चौधरी व कृष्णा मौजूद थे।

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मंगलायतन विश्वविद्यालय में हुई कोर नेटवर्किंग पर कार्यशाला

Amar Prakash - 21-01-2020- pg-07

विश्वविद्यालय में आयोजित कार्यशाला शर्मा ने किया।

को कंप्यूटर साइंस इंजीनियरिंग व इलेक्ट्रिकल इंजीनियरिंग विभाग द्वारा कोर नेटवर्किंग पर कार्यशाला आयोजित

अलीगढ 21 जनवरी(अमर प्रकाश)। नेट की गई । कार्यशाला का आयोजन विवि के समागार में हआ। इसमें विद्यार्थियों की रपतार के धमने के साथ जिंदगी को नेटवर्किंग से जुड़ी तमाम जानकारी के साथ उपयोग में आने वाले उपकरणों की रपतार भी धमी सी लगती है। के बारे में भी बताया गया।

भग रभागर ना भग रग (रगना) हु। अभग र ना भगवा गया। नेदार्विंग हामरे जीवन का अहम दिस्सा दी पर प्रजल्दन के साथ शुरू हुई कार्यमाला में जेएनटेक नेटवर्क्स से आए बन चुकी है। इससे जुड़ी तकनौकी प्रसिक्षक जीतेन्द्र जैसवाल ने नेटव्रकिंग से जुड़े तमाम तथ्यों के साथ नेटवर्किंग जानकर्पियां भी व्यक्ति समझ पाए तो के लिए प्रयोग होने वाले राऊटर, स्विथ, नेटवर्क आययवील सिक्योरिटी उल्वर्क भविय्य के लिए बेहतर जयसर डिवाइस, षायप थेट डिवाइस, प्रांजनी स्त्रेन से सम्बन्ध में जानकारी दी। हो सकते हैं। ये बातें मंगलायतन संचालन लवली जादौन ने किया। कार्यक्रम का समन्वयन लव मित्तल व शिखा

में जेएनटेक नेटवर्क्स से आए प्रशिक्षक इस दौरान कुलसचिव प्रो. शिवाजी सरकार, डायरेक्टर जनरल डॉ. एके मिश्रा, जीतेन्द्र जैसवाल ने कहीं। जॉइंट रजिस्ट्रार डॉ. दिनेश्च शर्मा, महेश कुमार, श्वेता भारद्वाज तथा जेएनटेक गंगलायतन विश्वविद्यालय में मंगलवार नेटवर्क्स से अभिनव चौधरी व कृष्णा मौजूद थे।

शहर के सेंटर प्वॉइंट पर कोर्ट -----



News coverage of the workshop in Dainik Jagran, Amar Prakash and Swadesh

Mr. Love Kumar Ms. Shikha Sharma (Event Coordinator)

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 24/01/2020

Event: How to become an effective listener?

Category of the Event: Language & Communication

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 86

About the Event: The Department of Arts organized a seminar on" How to become an effective listener?". The objective of the seminar was to make the students aware about importance of listening. How effective listening can make one excellent personality in modern age of science & technology. Effective listening can improve one's way of presentation & delivering lecture during class or organizational appearance. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Ms. Anuradha Yadav and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 31/01/2020

Event: Personality Development

Category of the Event: Soft Skills

Keynote Speaker: Ms. Hira Dilshad

No. of Participants: 91

About the Event: The Department of Arts organized a seminar on "Personality development. The objective of the seminar was to make the students aware of various activities of personality & how it is useful to make one effective & decent in professionalism. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Ms. Hira Dilshad a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Anuradha Yadav & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 07/02/2020

Event: Confidence building

Category of the Event: Soft Skills

Keynote Speaker: Dr. Neelam Agrawal

No. of Participants: 92

About the Event: The Department of Arts organized a seminar on "Confidence Building". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent in professionalism. Confidence building is possible when we listen everything keenly & attentively. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr Y P Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Dr. Neelam Agrawal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Ms. Anuradha Yadav and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 14/02/2020

Event: How to prepare for competitive exam?

Category of the Event: Soft Skills

Keynote Speaker: Ms. Hira Dilshad

No. of Participants: 88

About the Event: The Department of Arts organized a seminar on "How to prepare for competitive exam?" The objective of the seminar was to make the students aware of various activities to make self positive & what are important methodologies to prepare well for competitive exam. The speaker said that the world is filled with different innovative & quality-oriented things. She said that everything is possible in this world what you think. She explained that how positive personality is a silent mode of communication to overcome from negativity from life for the best success in life. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr Y P Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Ms. Hira Dilshad a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Ms. Anuradha Yadav and the technical support was provided by Dr. Neelam Agarwal & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 20/02/2020

Event: Effective leadership skills.

Category of the Event: Soft Skills

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 95

About the Event: The Department of Arts organized a seminar on "Effective Leadership Skills". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent leadership. The speaker explained different qualities of a good leader like Proper Organization of Employees, working towards a common goal, Motivating Employees, Achieving a cohesive organizational structure. Secondary Objectives of Leadership, Vision and Mission, Strategize, Innovation, Transformation. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Ms. Anuradha Yadav a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 28/02/2020

Event: Barriers to communication and its importance.

Category of the Event: Language and Communication

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 92

About the Event: The Department of Arts organized a seminar on "Barriers to Communication and its Importance. The objective of the seminar was to make the students aware of various types of the barriers of the communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R. K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Ms. Anuradha Yadav a renowned scholar and an Experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 06/03/2020

Event: How to speak effetely in public?

Category of the Event: Language and Communication

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 92

About the Event: The Department of Arts organized a seminar on "How to speak effetely in public?" The objective of the seminar was to make the students aware about communication & its importance in modern scenario. As speaking is the most important act of human being in life. As we know that modern public speaking scholars normally use a classification system of three general purposes: to inform, to persuade, and to entertain. Public speakers are leaders who are able to inspire their audience to work harder to achieve their goals. A mastery of public speaking allows you to relate to the audience and gain their trust. As a skilled public speaker, you become likable and believable, and you will be able to inspire and even entertain the crowd. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the Seminar.

The keynote speaker, Ms. Anuradha Yadav a renowned scholar and an Experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 13/03/2020

Event: Barriers to communication and its importance.

Category of the Event: Language and Communication

Keynote Speaker: Ms. Hira Dilshad

No. of Participants: 90

About the Event: The Department of Arts organized a seminar on "Barriers to Communication and its Importance. The objective of the seminar was to make the students aware of various types of the barriers of the communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Ms. Hira Dilshad a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agrawal and the technical support was provided by Ms. Anuradha Yadav & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **Report of the event**

Date: 20/03/2020

Event: How to enrich vocabulary?

Category of the Event: Language and Communication

Keynote Speaker: Ms. Hira Dilshad

No. of Participants: 92

About the Event: The Department of Arts organized a seminar on "How to enrich vocabulary". The objective of the seminar was to make the students aware about the role of vocabulary for effective English. The Seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Ms. Hira Dilshad a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agrawal and the technical support was provided by Ms. Anuradha Yadav & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 27/03/2020

Event: Webinar on How to become an effective listener?

Category of the Event: Language & Communication

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 97

About the Event: The Department of Arts organized a seminar on" How to become an effective listener?". The objective of the seminar was to make the students aware about importance of listening. How effective listening can make one excellent personality in modern age of science & technology. Effective listening can improve one's way of presentation & delivering lecture during class or organizational appearance. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Ms. Anuradha Yadav and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

# Mangalayatan University, Aligarh



# Virtual Session on 'Attributes of a Good Sports Coach' <u>Event Report</u>

An online lecture session was conducted by the Department of Physical Education, Faculty of Humanities, Mangalayatan University, Aligarh. This lecture was organized keeping in view the future interest of the students in pursuing a career as a Sports Coach. The programme was a two-fold event with the first session was a lecture series in which three eminent personalities were invited to speak on the theme of the event. The second session was an interactive session where students contributed with their own thoughts on the theme of the event.

Event Name: Virtual Workshop

Topic: "Attributes of a Good Sports Coach"

Event Day and Date: Thursday, 02/04/2020

Time: 10:30 am onwards

**Eminent Speakers:** Prof. Ali RafedFaithi (Faculty of Humanities), Dr. Sunil Kumar (Faculty of Engineering and Sciences) and Mr. Love Mittal (Dept. of Computer Engineering & Applications) **Faculty Coordinator:** Dr. Shiv Kumar, IER, MU.

Participants' number and profile:25-30students of Mangalayatan University, Aligarh Venue: Conducted online through 'Zoom Meeting' Platform

**Objectives of the session:** To discuss qualities of a good coach:

- I. In understanding the sport
- II. In eagerness to learn the
- III. In sharing Knowledge and having motivational skills
- IV. In knowing the Athlete and having good communication skills
- V. In having discipline
- VI. In showing commitment and passion to the sport

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Time	Particulars	
10:30am – 10:45am	A welcome address by the coordinating faculty member, Dr. Shiv	
	Kumar and welcome of eminent speakers.	
10:45am –11:00am	A special talk by Prof. Ali RafedFaithi, (Faculty of Humanities) in light of the current theme.	
	of the current theme.	

## **Brief timeline**

11:00am – 11:25am	Dr. Sunil Kumar and Mr. Love Mittal elucidated qualities of a good	
	sports' coach in light of leadership styles	
11:25am – 12:10pm	Students' interaction with the speakers	
12:10pm – 12:25pm	Closing remarks and vote of thanks by the coordinator	

Overall the event was culminated successfully. Upon examining the interest level and enthusiasm of the students it was conjectured that the objectives of the event were accomplished.

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#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 03/04/2020

Event: Webinar on How to become an effective listener?

Category of the Event: Language & Communication

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 93

About the Event: The Department of Arts organized a seminar on "How to become an effective listener?". The objective of the seminar was to make the students aware about importance of listening. How effective listening can make one excellent personality in modern age of science & technology. Effective listening can improve one's way of presentation & delivering lecture during class or organizational appearance. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Ms. Anuradha Yadav and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 09/04/2020

Event: Webinar on Personality Development

Category of the Event: Soft Skills

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 99

About the Event: The Department of Arts organized a seminar on "Personality development. The objective of the seminar was to make the students aware of various activities of personality & how it is useful to make one effective & decent in professionalism. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr Y P Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Ms. Anuradha Yadav a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agrawal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 17/04/2020

Event: Webinar on Confidence building

Category of the Event: Soft Skills

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 98

About the Event: The Department of Arts organized a seminar on "Confidence Building". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent in professionalism. Confidence building is possible when we listen everything keenly & attentively. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Ms. Anuradha Yadav a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agrawal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 24/04/2020

Event: Webinar on How to prepare for competitive exam?

Category of the Event: Soft Skills

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 88

About the Event: The Department of Arts organized a seminar on "How to prepare for competitive exam?" The objective of the seminar was to make the students aware of various activities to make self positive & what are important methodologies to prepare well for competitive exam. The speaker said that the world is filled with different innovative & quality-oriented things. She said that everything is possible in this world what you think. She explained that how positive personality is a silent mode of communication to overcome from negativity from life for the best success in life. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Ms. Anuradha Yadav a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agrawal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

#### **Department of Arts**

#### **<u>Report of the event</u>**

Date: 30/04/2020

Event: Webinar on Effective leadership skills.

Category of the Event: Soft Skills

Keynote Speaker: Ms. Hira Dilshad

No. of Participants: 98

About the Event: The Department of Arts organized a seminar on "Effective Leadership Skills". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent leadership. The speaker explained different qualities of a good leader like Proper Organization of Employees, working towards a common goal, Motivating Employees, Achieving a cohesive organizational structure. Secondary Objectives of Leadership, Vision and Mission, Strategize, Innovation, Transformation. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R. K. Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Ms. Hira Dilshad a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Anuradha & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts



Mangalayatan University, Aligarh

A Lecture on "Build your Career as a Physical Education Teacher"

"A teacher affects eternity. They can never tell where their influence ever stops ~Henry Brooke Adams."

# **Event Report**

This lecture was organized by the Collaborative efforts of the faculty members of Institute of Education and Research. The speaker of the event was Dr. Shiv Kumar, Faculty member, IER, Mangalayatan University. The participants were students from the Faculty of Humanities, School of Pharmacy and Institute of Bio-Medical Education and Research, Mangalayatan University. The speaker asserted that Physical education (P.E.) teachers have the responsibility of working with students in elementary, middle, and high school. They are teaching professionals who have learned about human health and fitness; they know what good fitness and daily exercise mean to the young body. Their role is to instruct students in physical activity that leads to increased physical fitness. One can be a teacher who teaches on the ground as well as do something about your love for sports by being a physical education teacher. As a physical education teacher, Dr. Kumar further added that a physical education teacher's job will be to teach kids of primary as well as a secondary school about the various sports as well as the importance of physical education in our daily lives. Every school has at least one physical education teacher therefore, job opportunities are immense in this field. One should complete all the physical education teacher requirements to become a pe teacher.

#### Key takeaways:

Individuals who opt for a career as physical education teachers create awareness in students of all age groups, children, and adolescents about healthy lifestyles. The physical education teacher job requires teaching students the importance of physical activities and nutrition. Role of physical education teacher in schools is to instruct the physical exercises to the students. Individuals who opt for a career as physical education teachers motivate students to involve in the participation of physical activities. Physical education teacher evaluates the performance of their students considering their attitude in participation in the physical education class and grades them. Students are motivated to learn athletic skills and follow them in regular life.

# **Speaker and Coordinator:**

Dr. Shiv Kumar and Dr. Sanjay Pal, Institute of Education and Research, Mangalayatan University, Aligarh

Day and Date: Sunday, 3<sup>rd</sup> May, 2020 Venue: Online Zoom Platform Participants: Students of Mangalayatan University

#### **Department of Arts**

#### **Report of the event**

Date: 08/05/2020

Event: Webinar on Personality Development skills

Category of the Event: Soft Skills

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 82

**About the Event:** The Department of Arts organized a Seminar on the Personality Development skills and it's Importance in a daily life. In this seminar the speaker Dr. Manzoor Ahmad Najar delivered his view. The objective of this talk was to make the students develop him for globalization era and how to face the challenge for carrier. He also said that what is the effect of personality in the job should also be taken care of.

The seminar was presided over by the Vice chancellor of the university and was attended by Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university.

The keynote speaker, Ms. Anuradha Yadav a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

**Outcomes:** At the end of the seminar a successful question and answer session was organized which increased the knowledge of the participants.

Coordinator Organizing Committee,

Department of Arts

# Mangalayatan University, Aligarh

National Webinar on "Impact of Covid 19 on Physical Education & SportsBusiness Management", 2020

# **EVENT REPORT**

Brief highlights	:Contribution of sports in empowering individuals
	Onset of Covid 19 pandemic and physical and social situations around countries in the world
	Impact of covid on value of sports industry and sporting events
	Updating and tailoring online media sports events and impact on social, mental well-being.
	Conclusions and Recommendations
Day and Date	:Wednesday, 13 <sup>th</sup> May, 2020
Mode/Platform	:Webinar on Online Zoom Meeting
Participants' Profile	:Total 105 students and Faculty members participated in the National Webinar
Speakers	:Dr. Shiv Kumar, IER, Mangalayatan University
	Mr. Abhishek Gupta, HOD, C.S., MU
	Dr. Anurag Shakya, HOD, Dept. of Commerce, MU.
	Dr. Ankur Agarwal, Deputy Registrar, HR.
Coordinator	:Dr. DeepshikhaSaxena, IER, MU.

Sports is a major contributor to economic and social development and its role is well recognized by the government. On consensus, sports contributes to the

empowerment of women and of young people, individuals and communities, as well as to health, education and social inclusion objectives."Since its onset, the COVID-19 pandemic has spread to almost all countries of the world. Social and physical distancing measures, lockdowns of businesses, schools and overall social life, which have become commonplace to curtail the spread of the disease, have also disrupted many regular aspects of life, including sport and physical activity.

The speakers presented their views on the global outbreak of COVID-19 which has resulted in closure of gyms, stadiums, pools, dance and fitness studios, physiotherapy centres, parks and playgrounds. Many individuals are therefore not able to actively participate in their regular individual or group sporting or physical activities outside of their homes. Under such conditions, many tend to be less physically active, have longer screen time, irregular sleep patterns as well as worse diets, resulting in weight gain and loss of physical fitness. Low-income families are especially vulnerable to negative effects of stay at home rules as they tend to have sub-standard accommodations and more confined spaces, making it difficult to engage in physical exercise. Moreover, the Sports Management businesses have incurred losses due to closure of sporting houses and sports events. The COVID-19 pandemic has had and will continue to have very considerable effects on the sporting world as well as on the physical and mental well-being of people around the world.

#### **Recommendations:**

Governments and other national organizations may provide sports federations, clubs and organizations around the world with guidance related to safety, health, labour and other international standards and protocols that would apply to future sport events and related safe working conditions. The sport ecosystem, comprising of producers, broadcasters, fans, businesses, owners and players among others, need to find new and innovative solutions to mitigate the negative effects of COVID19 on the world of sport. Creating new operating models and venue strategies were also among the final conclusions of the webinar. The event was successfully concluded and the members directly or indirectly associated with the event were sincerely thanked.

#### **Department of Arts**

#### **Report of the event**

Date: 15/05/2020

Event: Webinar on "How to face an interview".

Category of the Event: Soft Skills

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 91

**About the Event:** The Department of Arts organized a Seminar on the "How to face an interview". In this program the speaker Dr. Manzoor Ahmad Najar delivered his lecture and interacted with the students and trained them to face the interviews. Introduce yourself with confidence, self-introduction, Prepare your Introduction. The event inspired the students towards the importance of mock interviews. The event took place at conference room on 09/05/2017. The number of students who have attended the program was 109. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y.P. Singh, Dr. Saurabh Kumar and the other dignitaries and faculty of the university.

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Ms. Anuradha Yadav and the technical support was provided by Dr. Farah & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

**Outcomes:** At the end of the seminar a successful question and answer session was organized which increased the knowledge of the participants.

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Coordinator

Organizing Committee, Department of Arts

#### **Career Advancement Cell**

#### **Department of Arts**

#### **Report of the event**

Date: 18/05/2020

Event: Webinar on "Career Development skills"

Category of the Event: Soft Skills

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 99

**About the Event:** The Department of Arts organized a Seminar on the "Career Development skills". In this program the speaker Mr. Jalaluddin delivered his lecture and interacted with the students and trained to Career Development skills. He also told how skill development is beneficial in today's challenging times. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y.P. Singh, Dr. Saurabh Kumar and the other dignitaries and faculty of the university.

**The keynote speaker**, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Ms. Anuradha Yadav and the technical support was provided by Dr. Farah & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

**Outcomes:** At the end of the seminar a successful question and answer session was organized which increased the knowledge of the participants.

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Coordinator Organizing Committee,

#### Department of Arts

#### **Career Advancement Cell**

#### **Department of Arts**

#### **Report of the event**

Date: 19/05/2020

Event: Webinar on "Relevance of communication in globalization"

Category of the Event: Language and Communication

Keynote Speaker: Dr. Farah

No. of Participants: 90

**About the Event:** The Department of Arts organized a Seminar on the skill development program "Relevance of communication in globalization". In this program the speaker Dr. Madhuwala delivered his lecture and interacted with the students about the major feature involved for effective speaking. The Program benefitted the student's skills and it's helpful for job seeking in special field. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal, Prof. R. K. Sharma, Dr. Dinesh Sharma, Dr. Y.P. Singh, Dr. Saurabh Kumar and the other dignitaries and faculty of the university.

**The keynote speaker**, Dr. Farah a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants

**Outcomes:** At the end of the seminar a successful question and answer session was organized which increased the knowledge of the participants.

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Coordinator Organizing Committee, Department of Arts

# Institute of Education & Research Report of the event

Event: Online Yoga Session- SeetliPranayam

## Category of the event: (Life skill development)

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

## About the Event

Date: - 15-06-2020 Time: 09:00AM-10:00AM Number Of Attendees/Participants: - 21

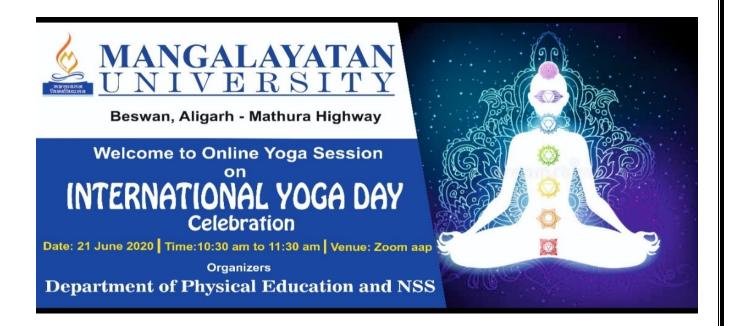
#### **Event description:**

The expert described the meaning of this asana. He stated that: Sheetali pranayama calms and soothes the mind-body organism by activating a powerful evaporative cooling mechanism on the inhalation, delivering a gently cooling energy to the deep tissues of the body. Remarkably, this pranayama also enkindles the digestive fire—just as a live coal covered in ash might begin to glow under the influence of a cold wind.

#### **Benefits for the participants**

There were some benefits that were discussed by the resource person: it mitigates hyper acidity in the digestive tract, soothes inflammatory skin conditions, helps to calm inflammation throughout the body, calms and soothes the mind, supporting mental tranquillity, bolsters the flow of prana throughout the body and it fosters a sense of satisfaction. The students keenly observed the whole exercise and attempted to perform through this online session. They displayed an active participation for this simple activity.

# Mangalayatan University, Aligarh



# A Report on International Yoga Day, 2020

(Online Zoom Platform)

Mangalayatan University observesInternational Yoga Day on 21<sup>st</sup>June every year. This year also the university observed this event albeit in a different manner amid the raging Covid -19 pandemic. The event was organised by the collective efforts of the faculty members of the Institute of Education and Research and N.S.S. officials of the university. The session was organised on Sunday, 21<sup>st</sup> June, 2020 at 10:30 am in the online webinar mode through the Zoom Meeting Application. The theme of International Yoga day, 2020 was "Yoga at Home and Yoga with Family" and the purpose of online yoga session was to encourage students as well as faculty members and staff of the University to practice yoga at home and stay healthy during the pandemic. There were total 64 participants in this event, including faculty members and students. Due to COVID-19 pandemic, this year the international yoga day focused on yoga at home with family members and resident and non-resident students and faculty members were advised to participate through the online application from their respective homes. The program started with a welcome address by N.S.S. Coordinator Dr.Sidharth Jain, who welcomed eminent university Professors and faculty members. This was followed by theopening remarks by **Honourable Registrar**,

**Brig. Sumar Veer Singh**. This event also had a distinguished speaker, Dr. Dinesh Pandey, IER, MU. He addressed the participants on the importance of yoga practice in our life.

Theyoga expert of the day was Dr. Shiv Kumar, Institute of Education and Research, Mangalayatan University. The yoga expert held the opinion that yoga can do more than just relaxing the body. It has therapeutic roles in regulating, thyroid, blood pressure and Diabetes. Yoga practice is useful in the management of various lifestyle diseases, including type 2 diabetes. Psycho-neuro-endocrine and immune mechanisms are involved in the beneficial effects of yoga on diabetes. Incorporation of yoga practice in daily life helps to attain glycaemic control and reduces the risk of complications in people with diabetes, thyroid and blood pressure.Yoga kriyas that regulate the body on the aforementioned diseases, were, demonstrated by the expert, followed by Omkar Chanting. The participating students reciprocated by performing the asanas with zeal and vigour. In this online yoga day celebration on Zoom Meeting, the moderator was a volunteer from Mangalayatan University Students' Council (MUSC).

The event was successfully completed with a vote of thanks by the program coordinator -Dr. Sidharth Jain.There was a quality mix of insightful group discussions, energetic activities, and participant's personal reflections.At the end, all our participants signed out from the session with tremendous amount of learning and satisfaction.

Zoom meeting link: https://zoom.us/j/98247983225?pwd=S0tOemorUHZOUS9KVjErekhxbW9IQT09

Eminent speaker: Dr. Dinesh Pandey, Director, IER, Mangalayatan University.

**Coordinator:** Dr. Sidharth Jain, NSS Program Coordinator, Mangalayatan University.

Yoga Expert: Dr. Shiv Kumar, IER, Mangalayatan University.

Clippings of the event.



# आसन-प्राणायाम की गली-गली में अलख

उत्साह के साथ मनाया अंतरराष्ट्रीय योग दिवस, शारीरिक दूरी का भी रखा खयाल

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एक मिन्दर 7 310 वार बोस्टरका कर बनावा रिकाउ सर, प्राये: अंत के स्वार्थनां दुवे देनावा थे प्रायति कार्यवास का आवंधन विकास का वा पी. जरवार सिंह अपने वरीकार को एक मिन्द्र मी. किर वार्थनाक का अंति प्रकृति प्रायति की सरकार का अंति उनका माने राज में 200 राव भीका का जात के लिकी में 200 राव भीका का जात अंति का स्वार्थना के प्रति की सरकार का माने प्रायति की सरकार को अंति उनका माने राज मार्थनां सिंह सरकार का निर्देश कि बावा जावेदा सिंह सरकार को कि स्वार्टन कुल की स्वार तो कुल का तो का स्वार्थना के प्रायति की सरकार के बावु की विदेश स्वार्टन के कि स्वार्टन के स्वार्टन के स्वार्टन होते हैं स्वार्टन कि स्वार्टन के स्वार के स्वार स्वार के स्वार के स्वार स्वार के स्वार के स्वार के स्वार स्वार क्वार के स्वार स्वार के स्वार स्वार स्वार के स्वार के स्वार के स्वार स्वार के स्वार स्वार के स्वार क्वार के स्वार स्वार के स्वार स्वार के स्वार के स्वार स्वार

अंतरुष्ट्रीय योग दिवस पर लखन्छ आवारु में योग करने १८११ सांसद राजवीर सिंह १८१ अन्य = (सी. स्वात्र ल)

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बरता में एनएस इंटरनेशनल बहुलके घेरारमेन बनोज घोधरी।

सँगठन के सहवोग से बोग किया गवा। गांव पढ़ील के साथ ही क्षेत्र में कई स्थानों पर बोग किया गया।

Coordinator