

Mangalayatan University

33rd Milestone, Aligarh-Mathura Highway Beswan, Aligarh- 202146 (U.P.) India

5.1.3 Following Capacity development and skills enhancement initiatives are taken by the institution (2020-21)



Consolidated Report

<u>on</u>

Capacity Development and Skills Enhancement Initiatives

Session 2020-21

Mangalayatan University
Beswan, Aligarh

Registrar
Mangalayatan University
Beswan, Aligarh

5 02 2022

Department of Arts

Report of the event

Date: 22/07/2020

Event: Webinar on Language and Communication

Category of the Event: How to speak English fluently

Keynote Speaker: Dr. Farah

No. of Participants: 92

About the Event: The Department of Arts organized a Seminar on the language and communication. In this program the speaker Mr. Jalaluddin delivered his lecture and interacted with the students about speaking English fluently. He told about the English language that how English connects the whole world, so it is important to know it.

The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal, Prof. R.K. Sharma, Dr. Rajeev Sharma, Dr. Y.P. Singh, Dr. Saurabh Kumar and the other dignitaries and faculty of the university.

The keynote speaker, Dr. Farah a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 27/07/2020

Event: Webinar on Resume Writing

Category of the Event: Soft Skills

Keynote Speaker: Dr. Farah

No. of Participants: 95

About the Event: The Department of Arts organized a Seminar on the skill development on the topic of "Resume Writing". In this program the speaker Dr. Manzoor Ahmad Najar delivered his lecture. In this event he told that, how resume writing is helpful in good job and which point should be kept in resume. While making a resume, it should also be kept in mind that it defines your entire personality, so all the facts should be included in it very carefully.

The seminar was presided over by the Vice chancellor of the university and was attended by Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university.

The keynote speaker, Dr. Farah a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Department of Arts

Report of the event

Date: 29/07/2020

Event: Webinar on Career Development skills

Category of the Event: Soft Skills

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 98

About the Event: The Department of Arts organized a Seminar on the soft skills program on the topic of "Career Development skills". In this seminar the speaker Dr. Durbadal Bhattacharya delivered his lecture. In this seminar he focus on the element of excellence in building career development skills has also been mentioned.

The seminar was presided over by the Vice chancellor of the university and was attended by Prof, J.L. Jain, Prof. R. K. Sharma, Dr. Dinesh Sharma, Dr. Rajeev Sharma and the other dignitaries and faculty of the university.

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Farah and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Department of Arts

Report of the event

Date: 01/08/2020

Event: Webinar on "Skills of Group Discussion"

Category of the Event: Soft Skills

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 98

About the Event: The Department of Arts organized a Seminar on the skill development program "Skills of Group Discussion". In this program the speaker Dr. Madhuwala delivered her lecture and interacted with the students about the major feature involved for effective speaking. He also told about how leadership skills can be enhanced through discus.

The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal, Prof. R.K. Sharma, Dr. Dinesh Sharma, Dr. Y.P. Singh, Dr. Saurabh Kumar and the other dignitaries and faculty of the university.

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Farah and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 03/08/2020

Event: Webinar on How to speak effetely in public?

Category of the Event: Language and Communication

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 95

About the Event: The Department of Arts organized a seminar on "How to speak effetely in public?". The objective of the seminar was to make the students aware about communication & its importance in modern scenario. As speaking is the most important act of human being in life. As we know that modern public speaking scholars normally use a classification system of three general purposes: to inform, to persuade, and to entertain. Public speakers are leaders who are able to inspire their audience to work harder to achieve their goals. A mastery of public speaking allows you to relate to the audience and gain their trust. As a skilled public speaker, you become likable and believable, and you will be able to inspire and even entertain the crowd. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the Seminar.

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Farah and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

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Department of Arts

Report of the event

Date:04/08/2020

Event: Webinar on How to speak effetely in public?

Category of the Event: Language and Communication

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 99

About the Event: The Department of Arts organized a seminar on "How to speak effetely in public?". The objective of the seminar was to make the students aware about communication & its importance in modern scenario. As speaking is the most important act of human being in life. As we know that modern public speaking scholars normally use a classification system of three general purposes: to inform, to persuade, and to entertain. Public speakers are leaders who are able to inspire their audience to work harder to achieve their goals. A mastery of public speaking allows you to relate to the audience and gain their trust. As a skilled public speaker, you become likable and believable, and you will be able to inspire and even entertain the crowd. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Farah and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 05/08/2020

Event: Webinar on Barriers to communication and its importance.

Category of the Event: Language and Communication

Keynote Speaker: Dr. Farah

No. of Participants: 88

About the Event: The Department of Arts organized a seminar on "Barriers to Communication and its Importance. The objective of the seminar was to make the students aware of various types of the barriers of the communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma, Dr Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Dr. Farah a renowned scholar and an experiencedpersonality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 06/08/2020

Event: Webinar on How to enrich vocabulary?

Category of the Event: Language and Communication

Keynote Speaker: Dr. Farah

No. of Participants: 96

About the Event: The Department of Arts organized a seminar on "How to enrich vocabulary". The objective of the seminar was to make the students aware about the role of vocabulary for effective English.. The webinar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Dr. Farah a renowned scholar and an experiencedpersonality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 07/08/2020

Event: Webinar on How to become an effective listener?

Category of the Event: Language & Communication

Keynote Speaker: Dr. Farah

No. of Participants: 98

About the Event: The Department of Arts organized a seminar on "How to become an effective listener?". The objective of the seminar was to make the students aware about importance of listening. How effective listening can make one excellent personality in modern age of science & technology. Effective listening can improve one's way of presentation & delivering lecture during class or organizational appearance. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Dr. Farah a renowned scholar and an experiencedpersonality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Ms. Hira Dilshad & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 10/08/2020

Event: Personality Development

Category of the Event: Soft Skills

Keynote Speaker: Ms. Hira Dilshad

No. of Participants: 98

About the Event: The Department of Arts organized a seminar on "Personality development. The objective of the seminar was to make the students aware of various activities of personality & how it is useful to make one effective & decent in professionalism. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker, Ms. Hira Dilshad a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Dr. Farah & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 14/08/2020

Event: Confidence building

Category of the Event: Soft Skills

Keynote Speaker: Ms. Hira Dilshad

No. of Participants: 97

About the Event: The Department of Arts organized a seminar on "Confidence Building". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent in professionalism. Confidence building is possible when we listen everything keenly & attentively. The speaker explained that how personality is a silent mode of communication & how to overcome from barriers to communication. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Ms. Hira Dilshad a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Dr. Farah & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 21/08/2020

Event: How to prepare for competitive exam?

Category of the Event: Soft Skills

Keynote Speaker: Ms. Hira Dilshad

No. of Participants: 99

About the Event: The Department of Arts organized a seminar on "How to prepare for competitive exam?" The objective of the seminar was to make the students aware of various activities to make self positive & what are important methodologies to prepare well for competitive exam. The speaker said that the world is filled with different innovative & quality oriented things. She said that everything is possible in this world what you think. She explained that how positive personality is a silent mode of communication to overcome from negativity from life for the best success in life. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Ms. Hira Dilshad a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Dr. Neelam Agarwal and the technical support was provided by Dr. Farah & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 28/08/2020

Event: Effective leadership skills.

Category of the Event: Soft Skills

Keynote Speaker: Dr. Neelam Agarwal

No. of Participants: 92

About the Event: The Department of Arts organized a seminar on "Effective Leadership Skills". The objective of the seminar was to make the students aware of various activities to make self positive & how it is useful to make self effective & decent leadership. The speaker explained different qualities of a good leader like Proper Organization of Employees, working towards a common goal, Motivating Employees, Achieving a cohesive organizational structure. Secondary Objectives of Leadership, Vision and Mission, Strategize, Innovation, Transformation. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma, Dr. Y. P. Singh and the other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar

The keynote speaker, Dr. Neelam Agarwal a renowned scholar and an experienced personality in academic. She presented her thoughts clearly and in a lucid way. The seminar was coordinated by Ms. Anuradha Yadav and the technical support was provided by Dr. Farah & Mr. Tarun Sharma. At the end of the seminar a healthy question & answer session was organized to enrich the knowledge of the participants.

Department of Arts

Report of the event

Date: 7th September, 2020

Event: Communication and Professionalism

Category of the Event: Communication Skills

Keynote Speaker: Prof. Ali Rifad Fatihi

No. of Participants: 78

About the Event: The Department of Arts organized a webinar onCommunication and Professionalism. The aim of the session was to train and teach the students about the need and importance of professional communication in today's world. The webinar was presided over by the Vice chancellor of the university and was attended byProf. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A large number of participants from other universities also joined the webinar.

The keynote speaker, Prof. Ali Rifad Fatihian eminent scholar, trained the students about the Professional communication. Professional communicationencompasses written, oral, visual and digital communication within a workplace context. This discipline blends together pedagogical principles of rhetoric, technology, software, and learning theory to improve and deliver communication in a variety of settings ranging from technical writing to usability and digital media design to more effectively communicate in the business world. The webinar was coordinated by Dr. Shagufta Parveenand the technical support was provided by Dr. Farah. At the end of the webinar a practice session was organized and students are given different topics to write the letter which enhanced the knowledge of the participants.

Mangalayatan University, Aligarh

Online Yoga Camp 2020-21

REPORT OF THE EVENT

The N.S.S. Unit of the university with collaborative efforts of Mangalayatan University Students' Council (MUSC) organized online yoga camp on 10thSeptember, 2020 at 8:00 a.m. on Zoom platform. The session was carried under the guidance of a well-trained yoga instructorDr. Shiv Kumar, Institute of Education and Research, MU. The students were made aware about the importance and benefits of yoga. Around 56 volunteers participated with the eagerness to gain an insight about how indispensable yoga. A number of asanas poses were explained in detail and demonstrated by the speaker and volunteers were made to participate. The focus was on how we can improve our lifestyle by incorporating yoga in our day to day activities and acquire physical, mental and spiritual coordination. The state of health of people indicates complete physical, mental, social and spiritual wellbeing, and not merely the absence of disease or infirmity. Good mental health only can contribute to mental wellbeing. The camp was attended by the students, faculty members and staff members of different departments of the university with great passion.

Various yogic exercises and asanas were demonstrated by the yoga expert. The yoga asanas were practiced by those who were present on the occasion. A film showing various yogic exercises and a power-point presentation was also shown to demonstrate the fundamental philosophy and intricacies of important yogic techniques.

Outcome of the Event and Participants' feedback:

The event was successfully concluded with a vote of thanks and the participants provided their valuable feedback to the organisers. The whole session was termed a being very informative and exceeding some of the expectations. The participants enjoyed the entire experience and deep knowledge shared by the speakers. The session was interactive and gave chances to the participants to practice the yoga asanas. It made both learning and teaching fun and conducive keeping in account the needs of the learners. This yoga camp gave an opportunity to learn yoga from the traditional as well as from the scientific view.

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Department of Arts

Report of the event

Date: 16th September, 2020

Event: Effective Speaking

Category of the Event: Communication Skills

Keynote Speaker: Dr. Farah

No. of Participants: 84

About the Event: The Department of Arts organized a webinar on Effective Speaking. The aim of the webinar was to train the students about characteristics of an effective speaker. The webinar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Pandey and the other dignitaries and faculty of the university. A large number of participants from other universities also joined the webinar

The keynote speaker, Dr. Faraha prominent scholar, trained the students about the art of effective speaking. He said that speaking skills, especially effective public speaking skills are as important as listening skills and they form an integral part of interpersonal communication. It also plays a role in increasing social and emotional learning. You may not be a professional speaker, but having these skills will always come handy in various situations. Be it a class presentation, a toast at your friend's wedding, an important presentation or even an interview, public speaking skills always help you get through these situations with ease. Overall, these skills help you boost your confidence, win people's hearts and communicate effectively. The webinar was coordinated by Dr. Shagufta Parveen and the technical support was provided by Ms.Sadia Masroor. At the end of the webinara practice session was organized and students are given different topics to write the letter which enhanced the knowledge of the participants

Department of Arts

Report of the event

Date: 24thSeptember, 2020

Event: Communication Networks

Category of the Event: Communication Skills

Keynote Speaker: Dr. Farah

No. of Participants: 69

About the Event: The Department of Arts organized an online lecture on Communication Networks. The aim of the lecture was to enhance the knowledge of students about the various types of communication networks that exist in any organization. The webinar was presided over by the Vice chancellor of the university and was attended byProf. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the universityProf. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A large number of participants from other universities also joined the webinar

The keynote speaker, Dr. Farah a prominent scholar, trained the students about the various methods of letter writing. He said that communication Network is a collection of methods that users employ to pass on valuable information. The communication network is the sum of all the means and methods that an organization employs to communicate. The webinar was coordinated by Dr. and the technical support was provided by Ms. Sadia Masroor. At the end of the webinar a practice session was organized and students are given different topics to write the letter which enhanced the knowledge of the participants

Department of Arts

Report of the event

Date: 29th September, 2020

Event: Letter Writing

Category of the Event: Communication Skills

Keynote Speaker: Dr Farah

No. of Participants: 81

About the Event: The Department of Arts organized a webinar onletter Writing. The aim of the session was to train the students and teach the students about the methods and formats of various letters as a part of professional communication. The webinar was presided over by the Vice chancellor of the university and was attended byProf. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A large number of participants from other universities also joined the webinar

The keynote speaker, Dr Farahan eminent scholar, trained the students about the various methods of letter writing. He said that Letter writing is an art. It is the commonest mode of communication. It is different from other forms of writing because it is intended for a specific reader. A letter is written when something has to be conveyed to someone sitting far away. Writing requires imagination, creativity, careful planning and Organization. The language of the letter should be interactive. The webinar was coordinated by Dr.Shagufta Parveenand the technical support was provided by Ms. Sadia Masroor. At the end of the webinar a practice session was organized and students are given different topics to write the letter which enhanced the knowledge of the participants

Department of Arts

Report of the event

Date: 5th October, 2020

Event: Group discussion and its key features

Category of the Event: Soft Skills

Keynote Speaker: Dr Farah

No. of Participants: 58

About the Event: The Department of Arts organized a webinar on Group discussion and its key areas. The objective of the webinar was to make the students aware of different types of the Group discussion and its importance in personality development. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A large number of participants from other universities also joined the webinar

The keynote speaker, Dr Farah, a prominent scholar, trained the students about the importance of GD. In this webinar the speaker Dr Farahdelivered his lecture and interacted with the students regarding the Group discussion importance of group discussion. The event helped to test and improve communication skills, politeness, teamwork, listening ability, General awareness, confidence, problem-solving skills, of the students. The webinar was coordinated by Dr. Shagufta and the technical support was provided by Dr. Vikas Gupta. At the end of the webinar a successful feedback session was organized which enhanced the knowledge of the participants.

Department of Arts

Report of the event

Date: 13th October, 2020

Event: Capacity building and its role

Category of the Event: Soft Skills

Keynote Speaker: Prof. Asghar Ali Ansari

No. of Participants: 74

About the Event: The Department of Arts organized a webinar on Capacity building and its role. The objective of the webinar was to make the students aware of Capacity building and its roleas a professional. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker, Dr.Prof. Asghar Ali Ansari, a renowned scholar, presented his thoughts clearly and in a articulate way. He made the students aware of the **process of developing and strengthening the skills, instincts, abilities, processes and resources** that organizations and communities need to survive, adapt, and thrive in a fast-changing world. The webinar was coordinated by Dr. Farah Bhattacharya and the technical support was provided by Dr **Shagufta Parveen**. At the end of the webinar a successful question and answer session was organized which increased the knowledge of the participants.

Coordinator Organizing Committee, Department of Arts

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Institute of Education & Research Report of the event

Event: Online Yoga Session- Suryanamaskar

Category of the event: (Life skill development)

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

About the Event

Date: - 19-10-2020

Time: 09:00AM-10:00AM

Number Of Attendees/Participants: - 19

Description the event:

Surya Namaskar is generally considered to be a morning practice, designed to harness the *prana shakti* (life energy) which is most abundant at dawn. The sequence stimulates all muscles, organs, systems and chakras in addition to cultivating concentration and stillness of mind. It provides a complete work-out for body, mind and spirit. It is an energizing and efficient way to connect with inner strength and stability and is often used as a warm-up at the start of a longer yoga practice. The resource person explained that there are is a total of 12 steps or asanas involved in performing Suryanamskar/Sun Salutations.

Benefits for the participants:

The expert stated that this asana improves stamina, flexibility, complexion, insomnia, digestive system, muscles and joint activity and it tones the entire body. The students observed with concentration and took notes wherever they felt the necessity.

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Department of Arts

Report of the event

Date: 21st October, 2020

Event: Leadership skills

Category of the Event: Soft Skills

Keynote Speaker: Prof. Asghar Ali Ansari

No. of Participants: 95

About the Event: The Department of Arts organized a webinar on Leadership and team Management. The aim of the webinar was to train students to achieve the qualities of a good team leader. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker Prof. Asghar Ali Ansari, a renowned scholar, delivered his lecture in an articulate way. The speaker enhanced the learning of the students about the Team management as a manager or organization's ability to lead a group of people in accomplishing a task or common goal. He also said that Effective team management involves supporting, communicating with and uplifting team members so they perform to the best of their abilities and continue to grow as professionals. The webinar was coordinated by Dr. Farahand the technical support was provided by Dr. Shagufta Parveen. At the end of the webinar a successful feedback session was organized which increased the knowledge of the participants.



Institute of Education & Research Report of the event

Event: Online Yoga Session- Tadasana

Category of the event: Life skills

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

About the Event

Date: - 24-10-2020

Time: 09:00AM-10:00AM

Number Of Attendees/Participants: - 21

Description of the Asana

Tadasana is the Sanskrit name for a fundamental yoga asana, otherwise known as Mountain Pose. It is considered to be the blueprint that forms the basis of all other standing postures. Tadasana is the starting and finishing position of all Sun Salutation sequences, in addition to its use as a resting pose between other more strenuous postures. The term is derived from two Sanskrit roots; *tada*, meaning "mountain" and asana meaning "seat" or "posture." The resource person, after narrating the meaning, performed the actual steps involved in the asana.

The practice or Steps

The expert performed the following steps:

- Stand with feet hip-width distance apart with toes pointing forward. A more traditional alternative is to have the feet together with big toes touching and heels apart. In either version, it is important to distribute the body's weight evenly across both feet, in order to connect with a sense of being centered.
- The knees should not be locked, and there should be a slight engagement in the thighs and navel center.
- The arms hang alongside the body, with palms facing forward to allow openness across the chest.
- The chin should be parallel to the floor, creating a neutral curve in the cervical spine. As a result, the ears, shoulders, hips and ankles should all be in one line.

Benefits of Tadasana

The following are the benefits as narrated by the resource person:

A consistent yoga practice can positively influence and enhance your overall well-being. It may help your body feel better by:

- improving flexibility
- relieving pain
- building strength

Yoga also encourages:

- <u>healthy weight management</u>
- stress relief
- improved breathing patterns

Mountain Pose enhances body awareness so you can correct imbalances and improve alignment, which reduces your risk of injury. It's easier to develop awareness and make adjustments when you're in a simple, static pose like Tadasana. You can also bring this same attention to more advanced asanas. Practicing yoga can offer benefits for your emotions, mood, and mental health. Focusing on your breath, thoughts, and body while practicing Tadasana enhances awareness of the present moment and promotes mental clarity.

Dr. Dinesh Pandey

Director, IER

Department of Arts

Report of the event

Date: 30th October, 2020

Event: Personality development

Category of the Event: Soft Skills

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 83

About the Event: The Department of Arts organized a webinar onPersonality development. The aim of the webinar was to train students to improve the personality of the students and educate the various of improving the personality of the students. The webinar was presided over by the Vice chancellor of the university and was attendedProf. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A large number of participants from other universities also joined the webinar

The keynote speaker,Ms. Anuradha Yadavprominent scholar, trained the students about the techniques of resume writing. Your resume must clearly, concisely and strategically present your qualifications to get a recruiter interested in meeting you. It should convey your skills, work experience and assets. The resume is used to describe what you can accomplish professionally in a manner that also illustrates what you can do for an employer. Job opportunities can arise unexpectedly. An updated modern resume is the key to a successful job search. The webinar was coordinated by Dr. Farahand the technical support was provided by Dr. Shagufta Parveen. At the end of the webinar a practice session was organized and students are given different topics to write the letter which enhanced the knowledge of the participants.

Department of Arts

Report of the event

Date: 2ndNovember, 2020

Event:Effective Speaking skills

Category of the Event: Language and communication

Keynote Speaker: Dr. Sulabh Chaturvedi

No. of Participants: 83

About the Event: The Department of Arts organized a webinar on Effective Speaking skills. The aim of the webinar was to train students to achieve the qualities of a good speaker. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speakerDr. Sulabh Chaturvedi, a renowned scholar, delivered his lecture in an articulate way. The speaker enhanced the learning of the students about Verbal communication skills are more important than ever. Countless meetings, presentations, code reviews, conferences and networking events mean that clear and assertive verbal communication are essential for current and future jobs. Good communication skills can be the difference between getting a promotion or moving laterally, selling your product or struggling with slow growth, influencing colleagues with your idea or doing what you are told. The webinar was coordinated by Dr. Farahand the technical support was provided by Dr. Shagufta. At the end of the webinar a successful feedback session was organized which increased the knowledge of the participants.

Department of Arts

Report of the event

Date: 9th November, 2020

Event: Difference between Business and DO letter writing for future managers

Category of the Event: Communication skills

Keynote Speaker: Dr. Sulabh Chaturvedi

No. of Participants: 52

About the Event: The Department of Arts organized an online lecture on Difference between Business and DO letter writing for future managers. The objective of the lecture was to make the students aware ofbusiness letters as a professional writer. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharmaand the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker,Dr. Sulabh Chaturvedi, a renowned scholar, presented his thoughts clearly and in anarticulate way. Hetaught the students the art of letter writing he also said that Business writing is a type of writing that is used in a professional setting. It is a purposeful piece of writing that conveys relevant information to the reader in a clear, concise, and effective manner. It includes client proposals, reports, memos, emails, and notices. Proficiency in business writing is a critical aspect of effective communication in the workplace. The webinar was coordinated by Dr. Shagufta Parveen and the technical support was provided by **Dr.Farah**. At the end of the webinar a successful question and answer session was organized which increased the knowledge of the participants.

Department of Arts

Report of the event

Date: 15th November, 2020

Event: Non-Verbal Communication skills

Category of the Event: Communication skills

Keynote Speaker: Dr. Farah Khan

No. of Participants: 62

About the Event: The Department of Arts organized a webinar on Non-Verbal Communication skills. The aim of the webinar was to enhance the abilities of the students and make them aware ofbody language as a professional. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker, Dr. Farah Khan, a renowned scholar, presented his thoughts clearly and in an articulate way. He made the students aware of the are the skills that enable you to fit in at a workplace. While the key to success in both personal and professional relationships lie in your ability to communicate well, it's not the words that you use but your nonverbal cues or "body language" that speak the loudest. Body language is the use of physical behavior, expressions, and mannerisms to communicate nonverbally, often done instinctively rather than consciously. The webinar was coordinated by Dr. Farah and the technical support was provided by Dr. Sulabh Chaturvedi. At the end of the webinar a successful feedback session was organized which increased the knowledge of the participants.



Institute of Education & Research Report of the event

Event: Yoga Session- Suryanamaskar

<u>Category of the event: (Life skill development)</u>

Key note speaker/Resource person: - Dr Shiv Kumar, Associate Professor (Physical Education),

IER

About the Event

Date: - 24-11-2020

Time: 09:00AM-10:00AM

Number Of Attendees/Participants: - 18

Organized for the students of Department of Agriculture

Description the event:

The expert introduced that Surya Namaskar is generally considered to be a morning practice, designed to harness the *prana shakti* (life energy) which is most abundant at dawn. The sequence stimulates all muscles, organs, systems and chakras in addition to cultivating concentration and stillness of mind. It provides a complete work-out for body, mind and spirit. It is an energizing and efficient way to connect with inner strength and stability and is often used as a warm-up at the start of a longer yoga practice. The resource person described the 12 poses that comprised of this yoga practice as: Pranamasana (Prayer Pose), UrdhvaHastasana (Upward Salute), Uttanasana (Standing Forward Fold), AshwaSanchalanasana (Equestrian Pose or Low Lunge), Chaturanga Dandasana (Plank Pose), Ashtanga Namaskara (Eight Limbed Salute), Pose), Bhujangasana (Cobra AdhoMukhaSvanasana (Downward-facing Pose). AshwaSanchalanasana (Equestrian Pose or Low Lunge), Uttanasana (Standing Forward Fold), UrdhvaHastasana (Upward Salute) and, finally, Pranamasana (Prayer Pose). The expert stated that this asana improves stamina, flexibility, complexion, insomnia, digestive system, muscles and joint activity and it tones the entire body. The students observed with concentration and took notes wherever they felt the necessity.

Department of Arts

Report of the event

Date: 25th November, 2020

Event: Cross Cultural communication and its importance

Category of the Event: Communication skills

Keynote Speaker: Ms. Anuradha Yadav

No. of Participants: 65

About the Event: The Department of Arts organized an online lecture on the Cross-Cultural communication and its importance. The objective of the webinar was to make the students aware of Cross-Cultural communication and its importance. The lecture was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr. Dr Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker, Ms. Anuradha Yadav, a renowned scholar and presented his thoughts clearly and in a lucid way. In this webinar the speaker Dr Ms. Anuradha Yadav delivered his lecture and elaborated, different cultural ways give people different ways of thinking, analyzing, hearing, accepting, interpreting different things. – This means the same words or gestures in the United States will mean different things to people associated with other cultures. Cross Culture Communication is expected to reduce these conflicts to promote harmony among the employees. The main goal is to transfer the correct message, followed by an accurate response. Any misleading situation should be prevented, and the communication level should be preferable by both sender and receiver. The webinar was coordinated by Dr. Shagufta and the technical support was provided by Dr Sulabh Chaturvedi. At the end of the webinar a successful question and answer session was organized which increased the knowledge of the participants.

Department of Arts

Report of the event

Date: 11thDecember, 2020

Event: Soft skills and its creativity for innovative organizational learning

Category of the Event: Soft Skills

Keynote Speaker: Prof Asghar Ali Ansari

No. of Participants: 62

About the Event: The Department of Arts organized a webinar on soft skills and its creativity for innovative organizational learning. The aim of the webinar was to enhance the abilities of the students and make them aware of soft skills and its creativity for innovative organizational learning. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker, Prof Asghar Ali Ansari, a renowned scholar, presented his thoughts clearly and in an articulate way. He made the students aware of the are the skills that enable you to fit in at a workplace. They include your personality, attitude, flexibility, motivation, and manners. Soft skills are so important that they are often the reason employers decide whether to keep or promote an employee. The webinar was coordinated by Dr. Shagufta and the technical support was provided by Dr.Sulabh Chaturvedi. At the end of the webinar a successful feedback session was organized which increased the knowledge of the participants.

Coordinator
Organizing Committee,
Department of Arts

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Department of Arts

Report of the event

Date: 17th December, 2020

Event: Capacity building and its role

Category of the Event: Soft Skills

Keynote Speaker: Dr Sulabh Chaturvedi

No. of Participants: 91

About the Event: The Department of Arts organized a webinar on Capacity building and its role. The objective of the webinar was to make the students aware of Capacity building and its role as a professional. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K. Sharma, Dr. Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker, Dr Sulabh Chaturvedi, a renowned scholar, presented his thoughts clearly and in a articulate way. He made the students aware of the **process of developing and strengthening the skills, instincts, abilities, processes and resources** that organizations and communities need to survive, adapt, and thrive in a fast-changing world. The webinar was coordinated by Dr. Shagufta and the technical support was provided by Dr **Farah**. At the end of the webinar a successful question and answer session was organized which increased the knowledge of the participants.

Department of Arts

Report of the event

Date: 23rd December, 2020

Event: Leadership and team Management

Category of the Event: Soft Skills

Keynote Speaker: Dr. Sulabh Chaturvedi

No. of Participants: 83

About the Event: The Department of Arts organized a webinar onLeadership and team Management. The aim of the webinar was to train students to achieve the qualities of a good team leader. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar.

The keynote speaker, Dr. Sulabh Chaturvedi, a renowned scholar, delivered his lecture in an articulate way. The speaker enhanced the learning of the students about the Team management as a manager or organization's ability to lead a group of people in accomplishing a task or common goal. He also said that Effective team management involves supporting, communicating with and uplifting team members so they perform to the best of their abilities and continue to grow as professionals. The webinar was coordinated by Dr. Shaguftaand the technical support was provided by Dr. Farah. At the end of the webinar a successful feedback session was organized which increased the knowledge of the participants.

Department of Arts

Report of the event

Date: 24th December, 2020

Event: Personality development

Category of the Event: Soft Skills

Keynote Speaker: Prof. Asghar Ali Ansari

No. of Participants: 91

About the Event: The Department of Arts organized a webinar onPersonality development. The aim of the webinar was to train students to improve the personality of the students and educate the various of improving the personality of the students. The webinar was presided over by the Vice chancellor of the university and was attended Prof. Jayanti Lal Jain, Prof. R.K.Sharma, Dr Dinesh Sharma and the other dignitaries and faculty of the university. A number of scholars from other universities joined the webinar

The keynote speaker, Prof. Asghar Ali Ansari, a renowned scholar, delivered his lecture in an articulate way. The speaker enhanced the learning of the students about the Personality development is about building your capacities, nurturing your talent, enhancing new skill sets, working on your weaknesses, and transforming them into strengths. You, as an individual, have unique skill sets. He told students that your potential is multi-faceted, and investing in personality development enables you to harness your strengths. Focusing on individual personality development adds to your capabilities and helps your dreams and aspirations turn into a reality. The webinar was coordinated by Dr. Farahand the technical support was provided by Dr. Sulabh Chaturvedi. At the end of the webinar a successful feedback session was organized which enhanced the knowledge of the participants.



Institute of Education & Research Report of the event

Event: Online Yoga Session- Naukaayan Asana

Category of the event: Life skills

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education),

IER

About the Event

Date: - 02-01-2021

Time: 9:30am to 10:30am

Number Of Attendees/Participants-25

Description of the asana

Naukasana comes from the two Sanskrit words 'nauka' which means 'boat' and 'asana' meaning 'posture' or 'seat'. It is a posture in which our body takes the shape of a boat. If one has always had a problem losing the extra paunch in stomach area, then this *asana* is good for those who wish to reduce belly fat as well as to tone the abs. Naukasana is one of the few yoga poses that can be performed lying both on the stomach (prone position) and back (supine position). It is a little difficult to perform for yoga beginners. The resource persons described as to how a beginner with constant practice performs the asana with ease.

Steps

The steps as narrated and demonstrated by the expert were as follows:

- 1) First lie down flat on your yoga mat, with your feet together and your arms on the sides.
- 2) Keep your arms straight and your fingers outstretched towards your toes.
- 3) Start Inhaling and as you exhale, lift your chest and feet off the ground, stretching your arms towards your feet. Feel the tension in your stomach area as the abdominal muscles contract.
- 4) Let the weight of your body rest entirely on the buttocks. Make sure your eyes, finger and toes are all in one line. Hold your breath and remain in this position for a few seconds.
- 5) Now exhale slowly as you bring the body down to the starting position and relax. You can perform 3-4 repetitions daily but do not overdo it.

Benefits

The resource person also discussed the benefits.

- 1. Naukasana strengthens the abdominal muscles.
- 2. It strengthens the muscles of the arms, thighs and shoulders.
- 3. It improves the health of all organs in the abdomen especially the <u>liver</u>, pancreas and <u>kidneys</u>.
- 4. It helps in regulating blood flow at sugar level.
- 5. It toughens muscles of neck, shoulder and the legs.

6. The stretching, compressing and relaxation of the abdominal region involved with
Naukasana is a really good and effective way of burning belly fat if practiced on a regular
basis.

7. The stimulation while performing the pose helps improve and regulate your digestion, including alleviating excessive gas and easing <u>constipation</u>

Dr. Dinesh Pandey

Director, IER

Department of Arts

Report of the event

Date: 6 January 2021

Event: Career Development Skills & Writing Skills

Category of the Event: Difference between Business and DO letter writing for future managers

Keynote Speaker: Dr. Sulabh Chaturvedi

No. of Participants: 78

About the Event: The Department of Arts organized one day Programme on Career Development Skills & Communication Skills. The vital purpose of this programme was to construct the ability in students to overcome with barriers in communication and to make enable students in comprehendingthe difference between Business and DO letter writing for future managers. The Head of the Department the chaired this programme. Numerous participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Dr Sulabh Chaturvedi, a learned scholar of the Department of Arts, M.U, Aligarh, delivered a valuable lecture on the various aspects of Communication skills and its imperative use in professional as well as personal life. He also discussed the difference between Business and DO letter writing for future managers. The lecture was coordinated by Dr. Farah Khan and the technical support was provided by Ms. Sadia Mansoor.

<u>Outcome</u>: At the end of the lecture a successful question answer session was held. The Lecture was very dynamic in nature that may help students to enhance their effective writing skills and realizing difference between Business and DO letter writing.

Department of Arts

Report of the event

Date: 11 January 2021

Event: Interview Skills

Category of the Event: How to face an interview (mock interviews)

Keynote Speaker: Dr Farah Khan

No. of Participants: 88

About the Event: The Department of Arts organized one day Lecture programme on Interview Skills. The objective of this lecture was to making in depth understanding of interview facing strategies. The Vice chancellor of the university was the chief guest of this programme. Numerous participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Dr Farah Khan, an erudite scholar of the Department of Arts, M.U, Aligarh, delivered a worthwhile lecture on Interview Skills and its importance. She also explained about how to present oneself during interviews and discussed the important aspect of effective communication that are imperative during interviews. She also elaborated the vital gestures and body language and appearance of the interviewee. The lecture was coordinated by Dr.Shagufta Parveen and the technical support was provided by Ms. Sadia Mansoor.

<u>Outcome</u>: At the end of the lecture a successful query session was held and feedback from the students was taken. The Lecture was very productive for the students that may reduce the nervousness about the embedded fear of interview among the students and to enhance their effective communication in personal as well as professional life.

Department of Arts

Report of the event

Date: 21 January 2021

Event: Role of communication skills for learners

Category of the Event: Communication skills

Keynote Speaker: Dr. Farah Khan

No. of Participants: 75

<u>About the Event:</u> The Department of Arts organized a Lecture on the important role of communication skills for beginners. The objective of this lecture was to make aware students about the role of effective communication skills for beginners and its supportive impact. The Vice chancellor of the university was the chief guest of this programme. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Dr. Farah Khan, a well-known scholar of the Department of Arts, M.U, Aligarh, delivered a valuable lecture on Communication skills in a meaningful way. She exemplified about the significance of effective communication skills and its role in the life of students. She emphasized that good communication skills in life ensures everyone around you would be able to understands you and you may also understand them clearly. On can feel very confident and assertive through the power of effective communication skills. The lecture was coordinated by Dr Sulabh Chaturvedi and the technical support was provided by Ms. Sadia Mansoor.

<u>Outcome</u>: Through this lecture, the students understood the perspectives of the speaker and learned the importance and role of effective communication skills and its significance in one's life.

Department of Arts

Report of the event

Date: 29 January 2021

Event: perspectives of communication

Category of the Event: Communication skills

Keynote Speaker: Dr. Sulabh Chaturvedi

No. of Participants: 70

About the Event: The Department of Arts organized a national seminar on the Perspectives of communication. The objective of the Seminar was to comprehend about the different perspectives in communication. Communication is a part and parcel of everyday life. We cannot get success without effective communication skills. This seminar was presided over by the Vice chancellor of the university. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Dr. Sulabh Chaturvedi, a well-known scholar of the department of English, M.U, Aligarh, delivered a valuable lecture on Perspectives of communication in a meaningful way. He elaborated the nature and scope of different perspectives on effective communication skills. An effective audience will understand the perspectives of the speaker and interpret what they are hearing through that lens, hence perception effect on the communication skills of a person. The seminar was coordinated by Dr. Shagufta Parveen and the technical support was provided by Dr. Yogesh Kumar.

<u>Outcome</u>: Through this Seminar, the audience understood the perspectives of the speaker and interpreted what they are hearing through that lens, hence perception effect on the communication skills of a person. The students gained a thorough understanding of the communication skills.

Coordinator Organizing Committee, Department of Arts

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Department of Arts

Report of the event

Date: 2 February 2021

Event: How to face an interview

Category of the Event: Soft skills

Keynote Speaker: Dr Sulabh Chaturvedi

No. of Participants: 80

<u>About the Event:</u> The Department of Arts organized one day Lecture programme on the How to face an interview. The objective of this lecture was to developing ability among the students regarding the interview. The Vice chancellor of the university was the chief guest of this programme. Several participants and other dignitaries and faculty of the university attended the seminar.

The keynote speaker: Dr. Sulabh Chaturvedi, an erudite scholar of the Department of Arts, M.U, Aligarh, delivered a valuable lecture on How to face an interview. He also expounded the various face posture and manners while attending an interview and key points imperative for facing interview. The lecture was coordinated by Prof. Asghar Ali and the technical support was provided by Dr. Poonam Bharti.

<u>Outcome</u>: At the end of the lecture a successful query session was held and feedback from the students was taken. The Lecture was very fruitful for the students that may eradicate the nervousness among the students and improve their ability to deal with an interview.



Institute of Education & Research Report of the event

Event: Online Yoga Session- Pre-requisites for Trikonasana

Category of the event: Basics on Pre-yoga practices before the Asana

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

About the Event

Date: - 06-02-2021

Time: 11:00am- 12:00noon

Number Of Attendees/Participants: - 48

A short guide for a successful voga practice before engaging in actual Asana

A detailed instruction was provided by the expert on the basics before one engages in a yoga session

Before one actually begins to engage in practicing Trikonasana, certain pre-requisites for overall yoga practice is necessary. The following is the general guideline for beginner's practice.

Put aside a specific time in your day to enjoy your Yoga practice. Dawn and dusk are considered the best times of the day to practice Yoga, as the rising and setting of the sun charge our body with special energy. However, if these times are impossible for you, find another time of the day that works best for you and practice consistently. If you are practicing indoors, make sure that the room is ventilated and with comfortable temperature. Air conditioned rooms are not advisable - when the environment is cold your body is stiff, and muscles stretch slowly. A clean environment and fresh air adds additional benefits to the breathing practice.

Never practice directly after eating. **Yoga should be done on empty stomach.** Therefore allow at least 1 hour after a snack and 2 - 3 hours after a heavy meal before you begin your practice.

Wear comfortable, light, loose clothing, preferably made of natural fibres. Your clothes should not restrict your movements. Remove your jewellery, watch and spectacles if possible. Yoga is practiced with bare feet.

Get a special **Yoga mat** for yourself. It provides padding as well as a non-slip surface to practice on, and makes your practice easier and safer. You can find one in any sports shop. No one else should use your mat. This is not only for hygiene reasons, but also because you will eventually build up energy on your mat that will support you throughout the Yoga practice. Perform all the postures **slowly and with control.** You are not in competition with anyone, not even yourself. You'll progress faster when you take things slowly. **Concentrate on your breathing**, feel the air slowly flowing through your body, relaxing and energizing it. **Relax**. Let go of any unnecessary

tension, stress or negative thoughts. **Concentrate on your breathing**, feel the air slowly flowing through your body, relaxing and energizing it. **Relax**. Let go of any unnecessary tension, stress or negative thoughts.

Most Importantly, listen to and respect your body. Never force any movement. Let your body lead you, it is your greatest teacher!

Dr. Dinesh Pandey

Director, IER

Department of Arts

Report of the event

Date: 12 February 2021

Event: Communication and Professionalism

Category of the Event: Language and Communication

Keynote Speaker: Prof. Asghar Ali

No. of Participants: 52

About the Event: The Department of Arts organized a seminar on the Communication and Professionalism. The objective of the Seminar was to make the students aware of Communication and Professionalism. The seminar was presided over by the Vice chancellor of the university and was attended by Prof. Jayanti Lal Jain and other dignitaries and faculty of the university. A number of scholars from other universities joined the seminar.

The keynote speaker: Prof. Asghar Ali, a renowned scholar of the department of English, M.U, Aligarh, presented his thoughts clearly in a lucid way. He also talked about different aspects of the professionalism that benefitted the students largely. The seminar was coordinated by Dr. Shagufta and the technical support was provided by Dr. Farah Khan.

<u>Outcome</u>: At the end of the seminar a successful question and answer session was organized which increased the knowledge of the participants in the subject sphere of Communication and Professionalism.



Mangalayatan University, Aligarh Institute of Business Management Report of the event

Event: Lecture on '21st Century Skills for Students'

Category of the event: Soft Skills

Date: March 05, 2021

Venue: New Auditorium, B-Block

Organizer: Institute of Business Management

Number of participants: 120

Resource persons:

1. **Dr. Rajeev Sharma**, Head- Institute of Business Management

2. **Prof.** (**Dr.**)**JayantiLal Jain**, Dean- Faculty of Humanities, Professor & Director Centre for Philosophical Sciences

3. **Dr. Hira Fatima**, Assistant Professor, Institute of Applied Sciences

Event Description

On March 5, 2021, a workshop on "21st Century Skills for Students" was organized by Institute of Business Management. Faculty and students from all department of University participated in this workshop with objective of getting insight on various skills required to successful in 21st century. Purpose of this workshop was to bring academicians and students on a single platform to get clear cut understanding of vital skills required to makes us successful in professional life.

Dr. Rajeev Sharma said that,21st century professionals required possess a totally different specialized skills and experience, management orientation and challenges. It is important to note that they have high competency, who possess the right management skills for the 21st century, along with certain fundamental skills that will increase their competence and hence enable them to be effective and efficient in the process of management. As the world becomes more complex, effective and efficient management will be characterized by the ability of the managers to assists their organizations to navigate the arising complexity so as to achieve intelligibility and unfussiness. Notably, intelligibility reduces fear while unfussiness creates confidence.

Organization requires managers who is visionary and be able to offer the kind of motivation that can give employees a shared vision and success. The most important responsibility of a manager

or a leader is to establish the course for a given corporation or organization and communicate it to the every stakeholder within the organization.

Prof. JayantiLal Jain told that inthe 21st century organizations remain competitive and successful in their strategic plans, especially with regards to global operations and managers should create ownership amongst employers and other stakeholders in the organization. It has been posited that people will always give their best when their efforts are recognized. The 21st century strategic development is getting away from top-down approach that characterized the past centuries. It is increasingly taking the approach of consensus deployment. This allows all managers and supervisors to make their input on the goals and objectives of an organization. Sharing of organizational common goals by all divisions is achieved by consensus approach, which in turn enhances rapid implementation of the goals of an organization.

Dr. Hira Fatima explained 21st century managers need to be technology savvy apart from just being specialists in management. This helps all organizations to find it easy to integrate with high technological advancements it their systems. Besides, the environment within which organizations operates now is seriously consumed by too much information, lots of projects to be undertaken, competing priorities and the need to minimize operation cost.

In the last of the session, coordinator Dr. AnuragShakya thanked all participants for their kind support.





Some glimpses of the event

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Dr. AnuragShakya (Event Coordinator)

Dr. Rajeev Sharma (Head, IBM)



Institute of Education & Research Report of the event

Event: Online Yoga Session- Dhanurasana

Category of the event: Life skill

Key note speaker/Resource person:-Dr Shiv Kumar, Associate Professor (Physical Education),

IER

About the Event

Date: - 06-03-2021

Time: 09:00AM-10:00AM

Number Of Attendees/Participants: -40

The Asana

The expert enlightened on the meaning of the asana:

As an intermediate <u>yoga</u> pose, *Dhanurasana* can be a time-consuming pose to learn and practice if you are just starting off with yoga. "*Dhanurasana*, or bow pose, has been named after the shape the body takes while performing this *asana*, which is that of the bow.'*Dhanu*' means bow and '*asana*' means posture or pose. Just as a well-strung bow is an asset to a warrior, a well-stretched body helps keep you flexible with good posture. It is that determination and consistency that one will explore within oneself as he/she smoothly moves into *Dhanurasana*."*Dhanurasana* mainly focuses on the spinal column, and, when it's done with full intent, it strengthens your back and abdominal muscles. Further, the expert gave a list of steps involved in the Asana

How to perform 'Dhanurasana' or the Bow pose was demonstrated by the expert

Lie on your stomach with your feet apart, in line with your hips, and your arms by the side of your body. Fold your knees, take your hands backward, and hold your ankles.

Breathe in, lift your chest off the ground, and pull your legs up and towards the back.

Look straight ahead with a smile on your face. Keep the pose stable while paying <u>attention</u> to your breath. Your body is now curved and as taut as a bow.

Continue to take long, deep breaths as you relax in this pose, but bend only as far as your body permits you to. Do not overdo the stretch.

After 15 to 20 seconds, as you exhale, gently bring your legs and chest to the ground. Release the ankles and relax.

Dr. Dinesh Pandey, Director, IER



Mangalayatan University, Aligarh Faculty of Humanities Department of Journalism & Mass Communication Report of the event

Event: Workshop on 'Film & Documentary Making'

Category of the event: Awareness of Trends in Technology

Date: 12th March, 2021

Venue: DJMC Studio, Yamuna Block

Organizer: Department of Journalism & Mass Communication

No. of participants: 25 Resource persons:

- 1. Ms. ManishaUpadhyay, Department of Journalism & Mass Communication
- 2. Mr. ChandrelKulshreshtha, Department of Journalism & Mass Communication



Banner of the workshop

Event Description

On 12 March 2021, a workshop for students was organized by the Department of Journalism and Mass Communication, Mangalayatan University. The workshop was based on "Film and Documentary Making". During the workshop, various information was given by Ms. ManishaUpadhaya (Head-DJMC) and Mr. ChandrelKulshreshtha. Ms. Upadhaya pointed out that documentary films cannot be made without in-depth research, although most producers do not pay much attention to research in commercial cinema, especially if they have a good cast.

While explaining the importance of research in filmmaking and documentary, she shows the audience what we really want to tell, and to build a strong background for a film or a documentary, requires research. Mr. Kulshreshtha told that the pictures shown in it have a special significance in presenting or making films. He examined that people especially likes watching documentary films and also provides the students with some videography and photography-related tips. Manjeet Singh, KripaArora, AyushiRaizada, Rohit Kumar, etc. participated in this workshop.





Some glimpses of the workshop





डॉक्यूमेंट्री फिल्मों को बनाने के लिए गहन शोध की जरूरत

Special Correspondent • March 12, 2021

Aligarh (Uttar Pradesh, India)। मंगलायतन विश्वविद्यालय के पत्रकारिता एवं जनसंचार विभाग द्वारा छात्र-छात्राओं के लिए एक कार्यशाला का आयोजन किया गया। यह कार्यशाला "फिल्म एन्ड डॉक्यूमेंट्री मेकिंग" पर आधारित थी।

विभाग अध्यक्ष मनीषा उपाध्याय ने बताया कि डॉक्यूमेंट्री फिल्मों को गहन शोध के बिना नहीं बनाया जा सकता है, हालांकि ज्यादातर निर्माता वाणिज्यिक सिनेमा में अनुसंधान पर अधिक ध्यान नहीं देते हैं, खासकर यदि उनके पास एक अच्छा कलाकार है। फिल्म निर्माण में अनुसंधान का महत्व बताते हुए उन्होंने कहा कि डॉक्यूमेंट्री बनाने में अनुसंधान का महत्व, दर्शकों को यह दिखाने के लिए कि हम वास्तव में बताना क्या चाहते हैं और फिल्म या डॉक्यूमेंट्री के लिए एक मजबूत पृष्ठभूमि का निर्माण करने के लिए अनुसंधान की आवश्यकता है। इस दौरान छात्रों को वीडियोग्राफी और फोटोग्राफी से जुड़े टिप्स भी









Aligarh ki news • Aligarh news in Hindi • Documentary film • Live story time • Mangalayatan

Press clipping of the workshop in Live Story Time newspaper

Ms. ManishaUpadhyay (Event Director)



Institute of Education & Research Report of the event

Event: Online Yoga Session- Benefits of Tadasana

Category of the event: (Life skill)

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

About the Event

Date: - 13-03-2021

Time: 09:00AM-10:00AM

Number Of Attendees/Participants: - 44

<u>Description of Science-backed behefits of Tadasana (The mountain pose):</u> The expert described 7 benefits of the asana to the students. These were related to promoting good posture, improving flexibility, Boosting your <u>self-esteem</u>, Strengthening your <u>legs</u> and <u>abs</u>, Supporting a <u>healthy gut</u>, Developing <u>better balance and Offering a beginner-friendly yoga pose</u>. These benefits were further discussed in detail.

The expert demonstrated the asana physically along with explaining the points and stretching. This asana promotes self-confidence and enhances the balancing ability of the individuals performing with care and consistency.

The expert further highlighted the points that 'Tadasana' is a very simple yoga pose which is regarded as the 'mother of asanas', tadasana is like the base from which all the poses emerge.

The Wuman



Institute of Education & Research Report of the event

Event: Online Yoga Session- Sheetli pranayama

Category of the event: Life skill

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

About the Event

Date: - 10-04-2021

Time: 09:00AM-10:00AM

Number Of Attendees/Participants: - 34

Description: -

The meaning of the asana was discussed by the expert.

The word "sheetali" means cooling in Sanskrit, it is taken from the original word "Sheetal" which is soothing or cold. The practice of sheetali breathing calms the mind, reduces the stress or fight - flight response. It cools the body and mind, The blood pressure is also lowered. This pranayama is very effective in hyperacidity or even ulcers.

The purpose of the Sheetali breathing is to reduce the body temperature, this may have positive effect on the endocrine glands and nervous system. In ancient text of Hatha Yoga Pradipika, Swami Swatmaram says that person becomes young and attractive by practicing this pranayama. Also he says that this pranayama removes excess heat accumulated in the system, reduces the excess biles, corrects the disorders of spleen, works on fever. This pranayama gives control over hunger and thirst. It has a calming effect on entire nervous system, especially it stimulates the parasympathetic nervous system, which induces muscular relaxation and is very effective in stress management. If one is stressed then 10 minutes of Sheetali breath can calm oneself. So this pranayama is very effective for relaxation of body and mind.

In this pranayama the tongue is rolled in a specific manner as shown in figure. But many people cannot roll their tongue in this fashion. For these people alternate Sitkari Pranayama gives very similar effects.

Practice note as provided by the resource person:

 Beginners can start with deep breathing practice in sitting position (Padmasana - Lotus, Swastikasana- Auspicious, Vajrasana - Thunderbolt, Any Cross legged position in which the body can be relaxed and spine is erect.

•	Then start inhaling through mouth by rolling the tongue, make sure that the air passing in
	is cooled via tongue.

• Initially 4 seconds inhale through mouth while rolling the tongue and exhale for 6





Mangalayatan University, Aligarh Institute of Education and Research Report of the event

Event: One Day Seminar on "Integration of Information and Computer Technology (ICT)

in Teaching and Learning"

Category of the event: Awareness of Trends in Technology

Date: April 10, 2021

Venue: New Auditorium, B-Block

Organizer: Institute of Education and Research

Number of participants: 50

Resource persons:

1) **Dr Deepshikha Saxena**, Institute of Education & Research

2) Dr. Rajeev Sharma, Institute of Business Management

3) Mrs. Poonam Gupta, Institute of Education and Research

Event Description

Session I: The first session was taken up by Dr. Deepshikha Saxena (HOD-IER, MU). She emphasized that in this age, ICT is having its impact in every area including education. ICT enhances student-autonomy and individualized learning practices. It helps students to actively engage in learning and get opportunity to learn beyond classroom hours. Learning is flexible and convenient and can be done from anywhere, anytime. It gives access to quality learning resources. It reduces the cost of education. The main challenges are to engage students online in virtual classrooms. Secondly, India being a developing country and lacks in providing infrastructure for ICT related facilities. Third challenge is the attitude of both teachers and students in adopting the ICT on daily basis.

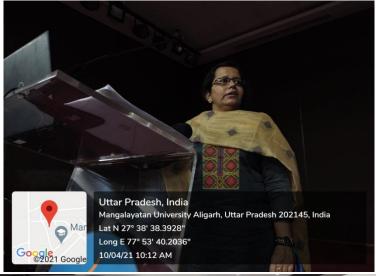
<u>Session II:</u> The second session was taken up by Dr. Rajeev Sharma, HOD, Institute of Business Management. He discussed about the integration of ICT by two approaches viz. Blended learning and Flipped Classroom. Blended learning is an important approach towards education that combines online educational materials and opportunities for interaction online with traditional place-based classroom methods. It requires the physical presence of both teacher and student, with some elements of student control over time, place, path, or pace. Flipped Classroom is a form of blended learning in which students are firstly exposed to new material outside the classroom.

Session III: In the third session, Mrs. Poonam Gupta (Assistant Professor, IER) discussed about the development of e-resources using Technological Pedagogical and Content Knowledge model (TPACK model). In this model framework, Technology, pedagogy and content are integrated to facilitate learning, leading to the acquisition of knowledge.





Press coverage of the seminar in Veer Shaheed, Dainik Jagran and Amar Ujala newspaper





Some glimpses of the seminar

Applya

Dr. Anurag Shakya

(Program Coordinator)

D. Y. P. Singh (Program Director)



Mangalayatan University, Aligarh 'Life skill development through Yoga'



Opening Ceremony and Details of the Event

Organizing Institute: Institute of Education and Research.

Organizing Official(s): Dr. Shiv Kumar, Yoga expert and Dr. Deepshikha Saxena, HoD,

IER.

Venue : Institute of Education and Research and SumangalamHostel

Date : 12th April, 2021

Participants' profile : Faculty members and students of the Institute of Education and

Research

Number of participants : 64

Objectives of the Event

The main objective behind observing this event is to educate people of this ancient practice of Yoga and make it popular among the present generation who are unaware of its countless benefits. Some other objectives are listed below:

- To bring people together to spend a day for health from busy life
- To promote healthy habits
- To strengthen people to self-deal with stressful situations
- To promote Yoga as an important discipline and curricular activity in university curriculum

The event began with a welcome note by Dr Deepshikha Saxena, HoD IER. The participants really looked forward to the event as some were present to learn something new while others

mastered their existing skills. The like-minded participants turned in great numbers as their need for belongingness worked as a magnet for participation to this event. A total of 10 yoga poses were demonstrated with the help of the volunteers. Popular yoga poses were performed by volunteers, under the guidance of **Dr. Shiv Kumar**, for student participants. These were plank pose, downward facing dog pose, the child pose, four limbed staff pose, cobra pose, triangle pose, seated half-spinal twist pose, bridge pose, corpse and cow pose. A lively student spirit was displayed with the yoga pose practice. A **lecture**,organised by the yoga expert Dr. Shiv Kumar, was also a key feature of this event. The lecture was organised for the faculty members and students.

Summary from the attendees

This event gave participants an opportunity to raise questions and provide valuable suggestions for future events. A positive feedback was obtained from the participants in this event. The students shared their reactions and opinions about the event. Some of the statements shared by the students and volunteers in **participant survey** were, "I enjoyed the experience a lot. It made me really think about myself as a person in a positive way", "it was a great experience. It was enjoyable as well as educational"

Conclusions and recommendations for future events

The event has achieved its objectives. However, the future events can be planned strategically. This practice is not a one day engagement but it involves full-life commitment as it not only improves physical fitness but focusses on maintaining inner-peace.



Dr. Shiv Kumar demonstrating yoga poses-1



Students practicing life skills through yoga-3



Students practicing life skills through yoga-2



Dr. Shiv Kumar delivering a lecture



Press clippings



जीवन जीने की कला सिखाता है योग

Special Correspondent • April 13, 2021

Aligarh (Uttar Pradesh, India)। योग के माध्यम से हम जीवन जीने की कसा सीख सकते हैं। साथ ही देनिक जीवनवर्षा को सुख्यस्थित व सूर्ण तरीके से कर सकते हैं। यह कहना है मंबिये के शारीरिक शिक्षा विभाग के आधास झें शिव कुमार का। उन्होंने यह बातें 'लाइफ स्कित डेबलपमेट थू योगा' पर आधारित अपने व्यावधान में कहीं।

संभवार को मंगताबदान विश्वविद्यालय परिस्त में योग शिविर का आयोजन किया गया। जिसमें विद्यार्थियों को योग के आयरे बताए गए। की. विश्व कुमार ने बताया कि आत-कल हम लोग योगारियों का विकार हो रहे है। विन्तें दूर रखने के लिए योग बहुत महत्वपूर्ण है। उन्होंने कहा कि आजकला डॉक्सरीज, आईनइड, स्वाइ प्रेयर जैसी बंगारियों से सब बुझ रहे हैं, इन्हीं सब से बचे रहने के लिए योग जरहीं है। योगान्यास के दौरान सर्वांगासन और हतासन वैसे करीब एक दर्जन जासनी सहित कचाल भारी एवं अनुतोन-वितोन जैसे प्राणायाम कराए गए।

योग के माध्यम से जीवन कौशल का विकास पर बोलते हुए डॉ शिव कुमार ने कहा कि जीवन जन्म और मृत्यु के बीच के समय व उन्जों को कहा जाता है। अपने जीवन के कौशलों को उत्तर करके हम अपने समाज की, अपने राष्ट्र की उन्नति कर सकते हैं।

कर्पक्रम निदेशक, उधारेक्टर आईक्यूरमी डॉ वाई पि सिंद ने संचालन किया। समन्यपक डॉ अनुतग शावक ने आभार व्यक्त किया। इस दौरान प्रो आरके धर्मा, डॉ सिद्धार्य केन, डॉ टीपिशवा सक्तोना, मोहन माहेब्दी, डॉ सोनी सिंद, डॉ निधा च्यान, अनुराधा पादव, राम कुमार पाठक, पूना मुन्ता, शिखा धर्मा, अभिनता धृक्ता, दिनेश कुमार, डॉ करिता धर्मा, डॉ संखय पाल आदि सीखद थे।



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Home / aligarh / iglas / जीवन जीने की कला सिखाता है योग

जीवन जीने की कला सिखाता है योग

Posted on April 12, 2021 by Ms Saifee (Chief Editor)



इग्तसार है मिथि के सारित हैं पह जीवन जीने की कला सीव्य सकते हैं। देनिक जीवननपर्या की सुरुवासित व सुद्दान तरिके से कर सकते हैं। यह सहता है मिथि के सारित किया है का प्राथम के अपसा का उन्हों कुमार का उन्होंने कर माने स्वाह मुख्या है किया है का सारित करती है। यह सारवाद में अपने का प्रायम के माने का प्रायम के प्रायम के सारवाद की स्वाह मिथि की सी के प्रायम का प्रायम के सारवाद की सारवाद की



The frame

Dr. Shiv Kumar Expert Kul

Dr. Deepshikha Saxena HoD, IER



Mangalayatan University, Aligarh Department of Arts Report of the event

Event: Workshop on "How to Speak Impressively?"

Category of the event: Language and Communication Skills

Date: April 15, 2021

Venue: New Auditorium, B-Block Organizer: Department of Arts Number of participants: 133

Resource persons:

1. Prof. (Dr.) Asghar Ali Ansari, Department of Arts

2. Dr. Farah Khan, Department of Arts

3. Dr. SulabhChaturvedi, Department of Arts

Event Description

Session-I

In session I, Prof. Asghar gave emphasis on to develop the understanding of effective speaking and the role and necessity of effective speaking in various fields like public speaking, job interviews, presentations etc. The speaker also gave special attention on acquiring the components and aspects of effective speaking. He encouraged the students to learn and get trained in speaking skills.

Session-II

In session II, a lot of questions were asked from the audience on the art of speaking.In-turn their queries were solved and questions were answered. In this session, many questions from students were asked on writing skills, which were addressed by Dr. Khan.

Session-III

In this session, the students were given some random topics on the concerned subject. A group discussion took place for 45 minutes among few groups of students. Many fruitful and effective conclusions were withdrawn from the above exercise.

Benefits from the workshop

- 1. Improved the communication skills and most importantly the focus was laid on speaking skills.
- 2. Students were taught to focus on the important points which help them to speak effectively.

3. The aspect of interpersonal communication was emphasized and learnt by the students.



Press clippings of the workshop in DainikJagran, Amar Ujala and FLE Bharat newspaper





Some glimpses of the workshop

Prof. Asghar Ali Ansari (Event Director)



Mangalayatan University, Aligarh Institute of Applied Sciences Report of the event

Event: Workshop on "Battery Assembling"

Category of the event: Awareness of Trends in Technology

Date: April 16, 2021

Venue: A-301

Organizer: Institute of Applied Sciences

Number of participants: 14

Resource person:

1. Dr. Mohammad Saquib, Institute of Applied Sciences

2. Dr. Hira Fatima, Institute of Applied Sciences

3. Dr. Ved Nath Jha, Institute of Applied Sciences

Event Description

This programme was started with the inaugural address by Dr. Y. P. Singh (Director IQAC, HOD-Institute of Applied Sciences). The event was held in two sessions includes three speakers namely Dr. Mohammad Saquib, Dr. Hira Fatima and Dr. Ved Nath Jha.

The first talk was given by Dr. Saquib on "Battery Assembling Course". He explained the assembling of the battery to the student with the sense of broad elaboration. He emphasised on plates orientation inside the battery box and he also discussed about recycling of battery wastage in our country. He told about the scope of this course for the students passing high school and intermediate.

Next speaker of the first session was Dr. Hira Fatima, she explained the importance of mathematics in battery. How mathematics used in battery assembling and modelling. She also discussed about the design and the efficiency factors required for the battery and highlighted the role of mathematics in battery to the students by given an example to calculate the time for charging 120 Ah batteries with the real and ideal cases, this knowledge will be proved very useful to make safe from battery explosion.

In second session of this event the speaker was Dr. Ved Nath Jha. He talked about "Splicing of Fibre". In his talk, he efficiently explained the working of splicer and importance of splicing in the field of optical fibre communication in this era of 96% teledensity of India. He highlighted the splicer training of about 30 hours to 1 week makes skilled full splicer and which gave job

opportunities of the cost of 15 to 25 thousand per month in company like Fastway Transmission Pvt. Ltd.(Noida).

The following were present in the programme Dr. Deepshikha Saxena, Dr. Swati Agarwal, Dr. Shiv Kumar, Dr. Y. P. Gaur, Dr. Sanjay Pal, Ms. Poonam Gupta, Ms. Anuradha Yadav and Mr. Pathak.

जनपद जागरण 6

दैनिक जागरण अतीगढ, 17 अप्रैल, 2021

www.jagran.com

भाषा में मानसिकता, व्यक्तित्व और झलकनी चाहिए गंभीरता

मंगलायतन विश्वविद्यालय में आयोजित कार्यक्रम में छात्र-छात्राओं व शिक्षकों ने भाग लिया





मंगलायतन विवि में कार्यक्रम को संबोधित करतीं हीरा फातिमा व मनीबा उपाध्याय 🛎 जागर

: मंगलायतन विश्वविद्यालय में शुक्रवार को कई विभागों द्वारा अलग-अलग कार्यक्रमों का आयोजन किया गया। जिसमें छात्र-छात्राओं एवं शिक्षकों ने बद्चद कर भाग लिया।

आइईआर द्वार छात्रों के लिए पूनम गुना आदि थे। हरीश सारस्वत बोजित कैमेसिटी डेवलपमेंट गणित के महत्व को समझाया आदि मौजूद थे। आयोजित कैपेसिटी डेवलपमेंट प्रोग्राम में प्रभावी समय प्रबंधन पर चर्चा की गई। डा. संजय पाल ने समय प्रबंधन की आवश्यकता के द्य. वाईपी गौर ने समव प्रबंधन की मोहम्मद साकिब ने बैटरी असेंबलिंग

युक्तियों की व्याख्या की। रामकुमार पाठक ने कहा कि उचित समय प्रबंधन से ही व्यक्ति सफल होता है। संचालन डा. दीपशिखा सक्सेना ने किया। कार्यक्रम में हा. शिव कुमार, अनुराधा बादव, द्य. कविता शर्मा,

: इंस्टीट्यूट ऑफ एप्लाइड साईसेज द्वारा कौशल विकास कार्यक्रम हुआ। उद्घाटन भाषण के साथ शुरुआत महत्व को बताया। द्वितीय सत्र में डा. स्वाति अग्रवाल ने की। डा.

शोध कार्य में नीति शास्त्र का है महत्व

शोध कार्य हो या जीवन का अन्य क्षेत्र नीति शास्त्र के बिना संभव नहीं है। आचार-विचार ही मनुष्य के कार्य और मानवीय समस्याओं का समाधान करते हैं।यह बातें मविवि के सेंटर फॉर फिलोरिफकल साइसेज के खयरेक्टर प्रो. जयतीलाल जैन एथिक्स इन रिसर्च विषय पर आयोजित कार्यशाला में कहीं। उन्होंने कहा कि रिसर्च करते समय बौद्धिक संपद्म के अधिकारों का पूर्णत पालन करना वाहिए । शोध कार्य में नीति शास्त्र का विशेष महत्व है। प्रो . आरके शर्मा व कृषि विभाग के अध्यक्ष छा. सईद अहमद दानिश्च नकवी ने विचार व्यक्त किए। कार्यक्रम निदेशक डा. वाईपी सिंह रहे। समन्वयन डा. अनुराग शाक्य का रहा । इस दौरान प्रो . गुरुदास उल्लास, प्रो . असगर अली असारी, छ . राजीव शर्मा, हा. सौरभ कुमार, हा. सिद्धार्थ जैन, हा. अशोक उपाध्याय, हा. पूनम रानी, डा. आरके घोष, मोहन माहेश्वरी आदि मौजूद थे ।

कोर्स पर अपनी बात रखी। डा. हीरा फातिमा ने बैटरी में गणित के महत्व को समझाया। हा. वेदनाथ झा ने स्प्लिसिंग ऑफ फाइबर पर विचार स्खे। इस दौरान प्रभात बंसल, डॉ. हरीश सारस्वत, राजेश उपाध्याय पर उसकी नींव से कार्य करें और

स्क्रिप्ट लेखन पर कार्यशाला : द्वारा स्क्रिप्ट लेखन विषय पर कार्यशाला हुई। विभागाध्यक्ष मनीषा उपाध्याय ने कहा कि यदि आपको

लिखने का शौक है और सोच दूरगामी है तो स्क्रिप्ट राइटिंग को करियर बना सकते है। उन्होंने कहा कि दर्शकों को एक अच्छी स्टोरी की खोज रहती है। यह तभी संभव है जब हम उस स्टोरी उसके पहलुओं को बारीकी से समझें। उन्होंने कहाँ कि भाषा में मानसिकता, पत्रकारिता एवं जनसंचार विभाग व्यक्तित्व और गंभीरता झलकनी चाहिए। अध्यक्षता डीन प्रो. शिवाजी सरकार ने की। इस दौरान मर्वक जैन

Press clipping of the event in Dainik Jagran newspaper

(Program Director)



Mangalayatan University, Aligarh Faculty of Humanities Department of Journalism & Mass Communication Report of the event

Event: Workshop on "How to write a Script for Electronic Media?"

Category of the event: Soft Skills

Date: April 16, 2021

Venue: New Auditorium, B-Block

Organizer: Department of Journalism & Mass Communication

Number of participants: 88

Resource person: Ms. ManishaUpadhayay, Department of Journalism & Mass

Communication



Brochure of the workshop

Event Description

On 16 April 2021, a workshop on "How to write a script for electronic media?" was organized by the Department of Journalism and Mass Communication. Ms. ManishaUpadhaya(Head-DJMC)said in the workshop that if we are fond of writing and our thinking is far-reaching, then

script writing can be made a career as the viewers are looking for a good story, but this is possible only when we work on that story from its foundation and understand its aspects closely.

The speaker said that language should reflect mentality, personality and seriousness. The event was chaired by Prof. ShivajiSarkar(Dean- DJMC). The faculty members namely Dr. ShaguftaParveen, Mayank Jain, Niyati Sharma, VikasVerma etc. were present during workshop.



Ms. Manisha Upadhyay during the presentation



Students attending the workshop



अलीगढ़ शनिवार, १७ अप्रैल २०२१



भाषा में मानसिकता, व्यक्तित्व और झलकनी चाहिए गंभीरता

मंगलायतन विश्वविद्यालय में आयोजित कार्यक्रम में छात्र-छात्राओं व शिक्षकों ने भाग लिया

स्क्रिप्ट लेखन पर हुई कार्यशाला



इंगलास। मंविवि के पत्रकारिता एवं जनसंचार विभाग की ओर से 'स्क्रिप्ट लेखन' विषय पर कार्यशाला आयोजित हुई। विभागाध्यक्ष मनीषा उपाध्याय ने कहा कि यदि लिखने का शौक हैं और सोच दूरगमी है तो स्क्रिप्ट गइटिंग को कॅरिअर बना सकते हैं। कहा कि दर्शकों को एक अच्छी स्टोरी की खोज रहती है। यह तभी संभव है जब हम उस स्टोरी पर उसकी नींव से कार्य करें और मनीषा उपाध्याय। उसके पहलुओं को बारीकी से समझें। संवाद



मंगलायतन बिवि में कार्यक्रम को संबोधित करतीं हीरा कातिमा व मनीषा उपाध्याय • जागरण

: मंगलायतन विश्वविद्यालय में शुक्रवार को कई विभागों द्वारा अलग-अलग कार्यक्रमों का आयोजन किया गवा। जिसमें कर भाग लिया।

आहर्ईआर द्वारा छात्रों के लिए पूर्म गुप्ता आदि थे। आयोजित कैपेसिटी हेवलपमेंट प्रोग्राम में प्रभावी समय प्रबंधन पर : इंस्टीट्यूट ऑफ एप्लाइड साईसेज चर्चा की गई। डा. संजय पाल ने द्वारा कौशल विकास कार्यक्रम हुआ।

युक्तियों की व्याख्या की। रामकुमार पाठक ने कहा कि उचित समय प्रबंधन से ही व्यक्ति सफल होता है। संचालन डा. दीपशिखा सक्सेना ने छात्र-छात्राओं एवं शिक्षकों ने बदचद किया। कार्यक्रम में डा. शिव कुमार, अनुराधा वादव, द्य. कविता शर्मा,

गणित के महत्व को समझाबा

शोध कार्य में नीति शास्त्र का है महत्त

शोध कार्य हो या जीवन का अन्य क्षेत्र नीति शास्त्र के बिना संभव नहीं है। आचार-विचार ही मनुष्य के कार्य और मानवीय समस्याओं का समाधान करते हैं । यह बातें मविवि के सेंटर फॉर फिलोस्फिकल साइसेज के खयरेक्टर प्रो . जयतीलाल जैन एथिक्स इन रिसर्च विषय पर आयोजित कार्यशाला में कही। उन्होंने कहा कि रिसर्च करते समय बौद्धिक संपद्म के अधिकारों का पूर्णत पालन करना वाहिए । शोध कार्य में नीति शास्त्र का विशेष महत्व है । प्रो . आरके शर्मा व कृषि विभाग के अध्यक्ष छा. सईद अहमद दानिश नकवी ने विचार व्यक्त किए। कार्यक्रम निदेशक डा. वाईपी सिंह रहे। समन्वयन डा. अनुराग शाक्य का रहा । इस दौरान प्रो. गुरुदास उल्लास, प्रो. असगर अली असारी, छ. राजीव शर्मा, हा. सौरभ कुमार, हा. सिद्धार्थ जैन, हा. अशोक उपाध्याय, हा. पूनम रानी, हा. आरके घोष, मोहन माहेश्वरी आदि मौजूद थे।

कोर्स पर अपनी बात स्खी। डा. हीरा फातिमा ने बैटरी में गणित के महत्व को समझाया। हा. वेदनाथ झा ने स्पिनस्या ऑफ फाइबर पर विचार स्खे। इस दौरान प्रभात बंसल, डॉ. हरीश सारस्वत, राजेश उपाध्याय आदि मौजूद थे।

स्क्रिप्ट लेखन पर कार्यशाला : पत्रकारिता एवं जनसंचार विभाग यम प्रतिप्रत को आवश्यकता के उद्घाटन भाषण के साथ शुरुआत द्वारा स्क्रिप्ट लेखन विषय पर महत्व को बताया। द्वितीय सत्र में यु. स्वाति अग्रवाल ने की। यु. कार्वशाला हुई। विभागाध्यक्ष मनीषा द्य. वाईपी गौर ने समव प्रबंधन की मोहम्मद साकिब ने बैटरी असेंबलिंग उपाध्याय ने कहा कि यदि आपको

लिखने का शौक है और सोच दुरगामी है तो स्क्रिप्ट राइटिंग को करियर बना सकते हैं। उन्होंने कहा कि दर्शकों को एक अच्छी स्टोरी की खोज रहती है वह तभी संभव है जब हम उस स्टोरी पर उसकी नींव से कार्य करें और उसके पहलुओं को बारीकी से समझे। उन्होंने कहा कि भाषा में मानसिकता, व्यक्तित्व और गंभीरता जलकर्नी चाहिए। अध्यक्षता हीन प्रो. शिवाजी

सरकार ने की। इस दौरान मर्वक जैन

Press clippings of the workshop in Amar Ujala and JanpadJagran newspaper

Ms. ManishaUpadhyay (Head, DJMC)

Mangalayatan University, Aligarh

Yoga for Immunity Boost up: A Lecture Saturday, June 05, 2021

Time: 10:00am

Mode and Platform: Online, Zoom Meeting

Program Convener and Expert:

Dr. Shiv Kumar
Institute of Education and Research

A brief timeline

<u>A brief timeline</u>			
10:00 am -10:12amIntroductory session of the resource person and participants (Faculty members)			
10:12am -10:30amLecture by Dr. Shiv Kumar on Yoga, as a spiritual discipline.			
10:30am-11:00amSpecial note on correlation between Yoga and Immunity (in light of recent research)			
11:00am-11:20amA discussion on the theme based on personal experiences of the expert and the participants			
11:20am-11:50am	Highlights on current pandemic situation and emerging diseases.		
11:50am-12:05 pm	Motivational lines for yoga start-up for beginners and precautionary measures		
12:05pm-12:30pm	Prof. Jayantilal Jain's address and concluding remarks by the expert		

Participants' profile and number of participants: This session was organised for the faculty members of Mangalayatan University. It was open to Professors, Associate Professors and Assiatant professors belonging to all the departments and institutes of the university. A total number of 60 participants were added to the session. A **few key members** are listed below:

Prof. Jayantilal Jain

Centre of Philosophical Sciences Mangalayatan University, Aligarh

Dr. Rajeev Sharma

Institute of Business Management Mangalayatan University, Aligarh

Dr. Sidharth Jain

Institute of Business Management

Mangalayatan University, Aligarh

Dr. Poonam Gupta

Institute of Education and Research Mangalayatan University, Aligarh

Recounting the best moment of the session

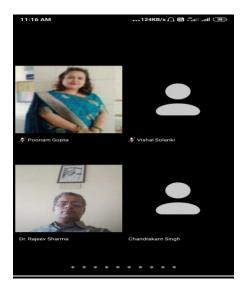
The best moment that could be recalled was the slogan or the tagline of the event. It went like "Happiness is a decision, not a destination. Realize it with us!". It was emphasized that happiness is a journey, it's a mindset, a perspective and a choice. This journey can be travelled all along with Yoga. A great thing to be remembered by a 'yogi' is that happiness is an inside job. 'Santosha', which means contentment, is a form of self-discipline and it can be achieved by Yoga. We engage in yoga to be more kinder and become a more patient person. It is a process of self-improvement.

Conclusions

The session was concluded on the note that taking proper care of your health has never been more important. With a deadly pandemic raging across the world, the focus primarily shifts on staying healthy – mentally as well as physically. When it comes to staying physically fit, we have to pay attention to our body's immune system. It is the defence mechanism of our body that is responsible for fighting against all kinds of infections and viruses.



The introductory session on yoga, its meaning and history





Participants at the session on 'Yoga for immunity boost up'



Jum Vumor

Dr. Shiv Kumar

Convener & Expert



Mangalayatan University, Aligarh Department of Academics & Research Report of the event

Event: Lecture on "Inner and Outer Structure of Soul"

Category of the event: Soft Skills

Date: June 14, 2021 **Venue:** A-301

Organizer: Department of Academics & Research

Number of participants: 67

Resource person: Prof. Jayanti Lal Jain, Faculty of Humanities

Prof. JayantiLal Jain, Dean and Director-Center of Philosophical Sciences, Mangalayatan University, Aligarh (since July 2012), he was an Emeritus Professor at Department of Jainology, University of Madras (August 2009- August 2010). He had worked as Advisor in Corporation Bank, 2010 and was retired from the services ofIndian Bank, Chennai as Chief Economic Adviser/General Manager, 2009. Dr. Jain remains member of various High Level Committees in the Bank and at National level. He was act as consultant of Administrative Staff College of India, Hyderabad; Planning Commission, New Delhi; Development Research Centre, World Bank, Washington, USA.

Event Description

In this event Dr. Jain highlighted the inner and outer structure of soul. It is a complex subject, not because it is difficult to understand but we do not make attempt to know about it. Well, we have millions of hospitals, medical universities, others engaged in research around the globe but we have not been able to know well how even Covid-19 is impacting human body? However we do have some reasonable knowledge of working of human body. In the same way, it is possible to acquire reasonable knowledge of working of soul. There is a modest attempt here to present the same.

- What is the environment in which soul exists?
- How does a soul structure look like?
- Are there differences in inner & outer structure of soul?
- What is the soul structure made up?
- Why a soul structure survives eternally?
- What are space points and how these function?

These questions indicated the subject matter that was addressed by Prof.JayantiLal Jain in the lecture.



Prof. Jain delivering the lecture



Press clipping of the lecture in the newspaper (DainikJagran)

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics & Research

Web-Seminar on 'Fake news, business, propaganda and post truth'

Category of the event: Awareness of trends in technology

Date: June15, 2021

Organizer: Department of Academics & Research

Number of participants:52

(Google meet link: meet.google.com/qvp-kkxy-ifm)

Resource person: Ms. ArchanaKumari, Department of Journalism, Jammu Central

University, Jammu

Ms. ArchanaKumari, an alumnus of the Indian Institute of Mass Communication (IIMC) and Jawaharlal Nehru University (JNU), New Delhi; is working as Senior Assistant Professor in the Department of Mass Communication and New Media at Central University of Jammu. She has taught at IIMC, New Delhi, Central University of Kashmir, and the Central University of Bihar in her academic experience of the last 10 years. Beyond academics, she has been active in journalism too and worked as media professional in Hindustan Times (Patna), All India Radio (Delhi), Sahara TV. She is a Fact-Checking Trainer and has actively conducted over 20 fact-checking workshops all over India particularly in Jammu & Kashmir, Bihar, Punjab, Rajasthan, U.P., and Delhi. Her area of expertise is Media Economics, Development Communication, New Media and Digital Journalism, Media Research, and Advertising.



Event Description

In this seminar, Ms. ArchanaKumari gave focus on the awareness of fake news. She said that fake news is one of the most challenging issues in the journalism field today and it is getting worse day-by-day with the advancement of technology and evolution of social media. The mainstream media is fighting hard with this problem, but the changing consumption habits of audiences and lack of media literacy is worsening the problem. As Mark Dueze says, "We are not living with media, rather we are living in it"; we cannot ignore the mediated environment which shapes us.

The speaker opined that it is the need of the hour to educate people about what is verification in journalism, what are various types of content in media, how news is different from any other information, how important are the sources and credibility of mainstream media and what is fake news as well as how to fight it.



Screenshot of the speaker from Google meet screen



ट मीडिया पर फेक न्यूज सबसे बड़ी चुनौती

संस्, इंग्लास : आज फेक न्यूज पत्रकारिता के क्षेत्र में सबसे चुनौतीपूर्ण मुद्धें में से एक है। यह तकनीक की प्रगति और इंटरनेट मीडिया के विकास के साथ चुनौतीपूर्ण होती जा रही है। मीडिया इस समस्या से कड़ा संघर्ष कर रहा है। लेकिन दर्शकों की बदलती खपत और मीडिया साक्षरता की कमी से समस्या और भी गंभीर हो रही है।

बातें जम्मू केंद्रीय यह विश्वविद्यालय के पत्रकारिता विभाग में वरिष्ठ सहायक प्रो. अर्चना कुमारी ने मंगलायतन विश्वविद्यालय द्वारा सरकार ने किया। प्रो. उल्लास आयोजित की जा रही सेमिनार गुरुदास ने आभार व्यक्त किया। श्रुंखला के तृतीय दिन कहीं। मंविवि के पत्रकारिता एवं जनसंचार विभाग अंकुर अग्रवाल, डा. सैयद दानिश, द्वारा फेक न्यूज बिजनेस, प्रोपेगेंडा और पोस्ट विषय पर आयोजित सेमिनार में अर्चना कुमारी ने बताया कि वर्तमान समय में यह बताना बेहद आवश्यक है कि समाचार किसी अन्य



प्रो. अर्चना कुमारी 🏻 जागरण

जानकारी से कैसे भिन्न है। उन्होंने बताया कि इंटरनेट मीडिया पर फर्जी खबरों की पहचान और सत्यापन कैसे किया जाता है। संचालन प्रो. शिवाजी

इस दौरान प्रो. आरके शर्मा, डा. डा. पूनम रानी, मनीषा उपाध्याय, राजेश उपाध्याय, अभिषेक गुप्ता, डा. आरके घोष, डा. संतोष कुमार गौतम, मयंक जैन, विकास वर्मा, नियति शर्मा आदि थे।

Press coverage of the web-seminarin DainikJagran and Live Story Time

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh **Department of Academics& Research** Report of the event

Event: One Day Seminar on "Strategies for Effective Classroom Management"

Category of the event: Language and Communication Skills

Date: June 18, 2021 **Venue:** A-301

Organizer: Department of Academics & Research

Number of participants: 49

Resource person: Dr. DeepshikhaSaxena, Institute of Education & Research

Event Description

The ability of teachers to organize classrooms and manage the behavior of their students is critical for achieving positive educational outcomes, as discussed by Dr. Saxena. Effective management established the environmental context that makes good instruction possible. The role of an effective manager is to create a climate that welcomes supports and rewards innovative thinking and problem solving.





अलीगढ, (DMG NEWS)। कक्षाओं को व्यवस्थित करने और छात्रों के सेमिनार श्रृंखला में कहीं। शुक्रवार व्यवहार को संयत रखने के लिए को विवि के शिक्षा एवं अनुसन्धान शिक्षकों को योजनाबद्ध तरीके से कार्य करना चाहिए और शिक्षकों में शिक्षण अधिगम के लिए रणनीतियाँ' यह क्षमता होती है।

जाने के सकारात्मक शैक्षिक परिणाम गुरूदास, प्रो. जयंतीलाल जैनए प्रो प्राप्त होते हैं। जोकि बहुत महत्वपूर्ण आरके शर्मा, डॉ अंकुर अग्रवाल, डॉ हैं। शिक्षक एक प्रभावी प्रबंधक की अशोक कुमार उपाध्याय, डॉ. सिद्धार्थ भूमिका को निभाता है। वह अभिनव जैन, डॉ. वाईपी गौर, डॉ संजय पाल, सोच, समस्याओं का निदान, समर्थन अनुराधा यादव, राम कुमार पाठक, आदि भी करता है। शैक्षिक उद्देश्यों पूनम गुप्ता आदि मौजूद रहे।

को प्राप्त करने के लिए विभिन्न प्रभावी रणनीतियां तैयार करनी चाहिए। साथ ही रणनीति की रुपरेखा तैयार करते समय छात्रों का ध्यान रखना चाहिए।

बातें उक्त विश्वविद्यालय की आईईआर की अध्यक्ष डॉ दीपशिखा सक्सेना ने मंविवि द्वारा आयोजित की जा रही संकाय द्वारा आयोजित 'प्रभावी कक्षा विषय पर सेमिनार का आयोजन योजनाबद्ध तरीके से कार्य किए किया गया। इस दौरान प्रो उल्लास

Press clipping of the seminar in Veer Shaheed newspaper

The emphasis of thisseminar was on outlining the various strategies of working with and through students effectively and efficiently to achieve educational objectives. Focus is on keeping

student's maximally on task and minimally off task. The strategies include visualization, cooperative learning, inquiry based instruction, differentiation, technology use in the classroom, behavior management, use of action research etc. Importance of strengths, weaknesses, opportunities, and threats (SWOT) and use of Involve Responsibility Reward Cycle (IRRC) techniques helps greatly in the creation of ideal classroom environment. There are several checklists and inventories which can help to design best practices in classroom teaching and learning.



Dr. Saxena delivering the lecture in the seminar

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh International Yoga Day, 21st June, 2021



Report of the event

Motto of the event: "Join the way of making you mentally, spiritually and physically sound"

A collaborated efforts of Department of Physical Education and National Service Scheme (NSS)came to fruition in the form of this event. This day, 'International yoga day' was celebrated in Mangalayatan University, Aligarh. The venue of the event was Shipra Hall, campus, Mangalayatan University. The timings of the event were set from 10:00am to 11:00am.

INAUGURAL CEREMONY OF INTERNATIONAL YOGA DAY CELEBRATION

The activities to the Celebration of International Day of Yoga i.e., 21^{st} June 2021 kick-started with the opening ceremony held at the Shipra Hall, 10:00 AM onwards. **Prof. K.V.S.M. Krishna,** Vice Chancellor Mangalayatan University graced the occasion as the **Chief Guest**. In

his inaugural speech, he urged on segregating yoga from the religious connotation of Hinduism and thus making Yoga an all faith art of living.

The programme started with the welcome address by **Dr. Sidharth Jain**, Director, Students' Council, where he dwelt upon the historical and cultural significance of Yoga with Indian tradition and the gaining popularity of the same among the West as a layout for the discourses ahead. This was followed by the keynote address by **Prof.Ullas Gurudas**, Director, Research and Academics, whereby he highlighted that there are different layers of human existence and Yoga enables one to unite these layers namely, body, soul, mind, consciousness and faith.**Dr. Poonam Rani**, Head, Department of Visual and Performing Arts, encouraged the members to approach Yoga with a broad outlook and embrace it as part of their life.

Honorable mentions

Prof. J.L. Jain, Faculty of Humanities.

Prof. R.K. Sharma, Institute of Bio-Medical Education and Research.

Prof. Ashagar Ali Ansari, Department of Arts

Dr. Deepshikha Saxena, Institute of Education and Research.

Mr. Unni Krishnan, Marshall Arts Instructor cum Hostel warden, MU.

Dr. Swati Agarwal, Institute of Applied Sciences

Dr. Soni Singh, Department of Bio-technology and life Sciences.

Apart from the honourable mentions, there were other staff members who took part in the celebration of International Yoga Day. Sixty-nine participants participated in the event.

MAIN FOCUS OF THE EVENT AND DETAILS OF ACTIVITIES

The main focus of the event was to highlight the idea behind the inception of Yoga day since 2015. The international yoga day is celebrated all over the world. Yoga is considered as an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and well-being. The participants demonstrated various asanas followed by Omkar chanting. Warm up exercises were also an important part of this event. A good warm up slightly raises the temperature of the body and prepares the performer mentally. All the members performed sitting and standing asanas, importance of these were explained simultaneously by the Convener and the Expert. A set of Ashtanga Yoga asanas were performed after the warm up session. It was a series of asanas where the participants were encouraged to practice breathing along with moving from one asana to another in Ashtanga series. This was followed by a more vigorous style in the set of asanas in Vinayasa Yoga. In this style the movement were again synchronised with breathing. A set of physically demanding, more challenging yoga asanas, in the category of Power Yoga, were displayed by the expert. It left the participants in awe. The whole session was filled with respect, humility and admiration for one another. The celebration concluded with synchronized recitation of shlokas and speech by those chaired on the occasion. Everyone was encouraged to practice regular yoga to remain fit and improve concentration.

VALEDICTORY FUNCTIONS AND TAKE HOME MESSAGE

In the valedictorian address, the convener and the expert delivered speeches giving thanks to the Chief guest, administrative staff, faculty members and other staff members of Mangalayatan University. All the members who were associated with making this event a success, either directly or indirectly, were given a special thanks. Prior to ending this event, a few words of warmth were expressed. The awe-inspiring slogan was the take home message and it went like:

"Yoga: A blessing for a healthy life with utter contentment!"

Regular practice of yoga will surely help us all achieve a better life, physically, mentally and spiritually as well.



Inaugural Speech of Hon'ble Vice-Chancellor



ParticipantsPerforming Yoga







दिव्य विश्वास

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मंगलायतन विवि में मनाया गया ऑनलाइन ७ वां अंतरराष्ट्रीय योग दिवस

दिख विश्वास संवाददात

अलीगढ़ । मंगलायतन विश्वविद्यालय में भी अंतरराष्ट्रीय योग दिवस के अवसर पर शारीरिक शिक्षा विभाग और एनएसएस के संयुक्त तत्वावधान में योग कराया गया। कुलपति प्रो. केवीएसएम कृष्णा ने कहा कि योग प्राचीन ऋषियों की देन है और ये हमारे लिए गर्व की बात है। वास्तव में योग, हठयोग, प्राणायाम भगवान शिव की देन है। परंतु इस योग व्यवस्था की अनदेखी की जाती रही है। अंतरराष्ट्रीय योग दिवस के रूप में इसे पहचान मिलने से योग व्यवस्था को बल मिला है। कुलपित प्रो. कृष्णा ने कहा कि पतंजिल योग संस्थान ने आसनों को तीसरे स्तर पर रखा है जबकि इससे पूर्व सम्पूर्ण योग को दर्शाते हुए यमा-यम दो स्तर रखे हैं। इन अवस्थाओं से गुजर कर आप कम्फर्ट जोन में पहुंच सकते हो लेकिन स्वयं को जानने के लिए हठयोग का सहारा लेते हुए क्षमा, नियम, आसन,



प्राणायाम और साधना करने से ही आप स्व-अस्तित्व को जान पाएंगे।

कुलपति केवीएसएम कृष्णा ने बृत्तिवसिंटी ऑफ पतंजलि, गुरुकुल कांगडो विश्वविद्यालय हरिद्वार, मंगलावतन विवि व मेवाइ विवि द्वारा योग, आयुर्वेद, प्राकृतिक चिकित्सा, आध्यात्मिक और अभिनव अनुसंघान विषय पर आवोजित अंतरांष्ट्रीय ई-सम्मेलन में भाग लिवा। योग शिविद में शारीरिक शिक्षा विभाग के अध्यक्ष डा. डीन प्रो. जय शाव कुमार व उन्नी कृष्ण नावर ने

शिक्षक, कर्मचारियों आदि को योग

डा. शिव कुमार ने बताया कि आज-कल हम लोग बीमारियों का शिकार हो रहे हैं। जिन्हें दूर रखने के लिए बहुत महत्वपूर्ण हो गया है। उन्होंने कहा कि आजकल डॉयबटीज, थाईराइड, ब्लड प्रेशर जैसी बीमारियों से सब जुझ है है, इन्हों सब से बचे रहने के लिए योग जररो है। मानविकी संकाय के डीन प्रो. जयंतीलाल जैन ने भी अपने

> Dr Shiv Kumar Convener



Mangalayatan University, Aligarh Department of Academics & Research Report of the event

Event: Lecture on "Therapeutic Approaches for SarsCov -2 Infection"

Category of the event: Awareness of Trends in Technology

Date: June 21, 2021 **Venue:** A-301

Organizer: Department of Academics & Research

Number of participants: 31

Resource person: Dr. SukritSrivastava, Department of Biotechnology and Life Sciences

Event Description

The speaker told that the corona viruses are causative agents of different zoonosis including SARS, MERS or COVID-19 awareness amongst humans. High transmission rate of the corona virus and the timeconsuming development of anti-infective and vaccines, the possibleadaptation of the said virus and the challenge tocover broad human population all over the world are the main reasons that made it challengingto avoid this virus outbreaks. The vaccine targetingmultiple proteins or even the entire proteome of the coronavirus is yet to develop. The speaker discussed the Multi-Epitope Vaccine (MEV) and Multi-Patch Vaccine (MPV)approaches to design and develop the efficient and successful strategiesagainst the corona virus. The MEV and MPV utilize the highly conserved andpotentially immunogenic peptide epitopes and the antigenic patches respectively. Thisprovides MEVs and MPVs the potential to target large number of coronavirus proteins.



Dr. SukritSrivastava delivering the lecture

According to the speaker, this also allows us to combat the challenge of evolutionary adaptation of theorona viruses. In addition, the potential to target the large number of human leukocyteantigen (HLA) alleles provides us vaccine candidate which may cover large humanpopulation worldwide.



अलीगढ़ । कोराना वायरस पहले से ही हमारे वातावरण में मौजूद था। लेकिन पीढ़ी दर पीढ़ी उसमें अनुवांशिक बदलाव होने से वह संक्रमण करने में ज्यादा असर कारक हुआ है। इसीलिए यह भी अंदाजा लगाया जा रहा है कि यह वायरस प्रयोगशाला से भी मॉडिफाई किया हुआ हो सकता है। इस दौरान वैक्सीन को लेकर भी चर्चा की गई। यह बातें प्रवक्ता डॉ. सुकृत श्रीवास्तव ने विवि द्वारा आयोजित की जा रही सेमिनार श्रंख्ला के





Press clipping of the lecture in JagrukPrahari and FLE Bharat newspaper

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics & Research

Web-Seminar on 'Post-Truth World and Media'

Category of the event: Awareness of trends in technology

Date: June22, 2021

Organizer: Department of Academics & Research

Number of participants:56

(Google meet link: meet.google.com/mac-vwmq-hme)

Resource person: Prof. ShafeyKidwai, Aligarh Muslim University, Aligarh

Prof. ShafeyKidwai has been teaching communication studies for more than three decades at Aligarh Muslim University, Aligarh. He is a prolific writer and has written ten books which have been published by the Routledge, The Cambridge University Press, The Sahitya Academy and the like. His column and book reviews appear quite regularly in The Hindu, The Hindustan Times, The Frontline, etc. He got the prestigious Sahitya Academy award in 2019.



Event Description

Post-truth has become one of defining terms of our times. It is an era where extravagantly untruthful assertions are put on the public domain and constant negation of fact-finding and research dominate the public discourse.



Screenshot of the web-seminar from Google meet screen

Post-truth is a murky concept but it cannot be taken as a simple lie or deception. The lie is the rejection of a specific fact but post-truth seeks to delegitimize the very nature of truth. The leaders believe that reality is whatever they say. Their right to determine the reality is vehemently supported by the media. It has the potential to shake the foundation of our social fabric as the distinction between facts and opinion gets blurred. The status is allowed to construct the truth. Now the ever-eroding trust in media and misinformation on social media plays a pivotal role in crisis communication.

The raging pandemic has made media especially awareness of social media the lifeline for thousands of isolated people to access everything including food through social networking sites. It is time for pause and introspection and on must discuss the role of media in strengthening the disdain for truth and not seeking freedom from state-and corporate-sponsored truth.

Dainik Jagran - 23-06-21

सच्चाई सत्य की प्रकृति को अमान्य करने का करती है प्रयास : शफी

संस्, इगलास : यह एक ऐसा युग विश्वविद्यालय द्वारा आयोजित की प्रोफेसर शफी किदवई ने मंगलायतन

है, जहां बेवजह असत्य के दावे जा रही सेमिनार श्रृंखला में कहीं। सार्वजनिक डोमेन में रखे जाते हैं मंविवि के पत्रकारिता एवं जनसंचार और सार्वजनिक विमर्श पर तथ्य- विभाग द्वारा पोस्ट ट्रथ वर्ल्ड एंड खोजे और शोध की लगातार उपेक्षा मीडिया विषय पर सेमिनार का होती है। पोस्ट-टथ एक अस्पष्ट आयोजन किया गया। परिचय अवधारणा है, लेकिन इसे एक पत्रकारिता एवं जनसंचार विभाग साधारण झूठ या धोखे के रूप में नहीं के डीन एंड डायरेक्टर प्रो. शिवाजी लिया जा सकता है। झठ एक विशिष्ट सरकार ने कराया। प्रो. उल्लास तथ्य की अस्वीकृति हैं, लेकिन सत्य गुरुदास ने आभार व्यक्त किया। इस के बाद की सच्चाई सत्य की प्रकृति - दौरान प्रो. असगर अली अंसारी, प्रो. को अमान्य करने का प्रयास करती है। आरके शर्मा, मोहन माहेश्वरी, मनीषा उक्त बातें अलीगढ़ मुस्लिम विवि उपाध्याय, डा. संतोष कुमार गौतम, डा. आकांक्षा आदि मौजद रहे।

Press coverage of the web-seminar in DainikJagrannewspaper

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics& Research Report of the event

Event: Lecture on 'Literature in the Service of Society' Category of the event: Language & Communication

Date: June 23, 2021 **Venue:** A-301

Organizer: Department of Academics & Research

Number of participants: 68

Resource person: Prof. (Dr.) Asghar Ali Ansari, Head-Department of Arts

Event Description

Prof. Asghar opined that Literature in the Service of the Society Abstract: With the development of Science and technology in the modern world, the misconception that literature is useless and to study literature in our age is nothing but the wastage of time has become most popular.



Press clipping of the event in DevKesari newspaper

The belief that literature is an inferior subject does not have any importance in the modern society and students who study literature cannot be successful in their lives, is totally based on ignorance and misconception. On the contrary, the reading of the literary forms like poetry, novel, plays and stories enriches our vocabulary and enhances our communicative and research skill. In fact, since the dawn of the humanities, literature has been playing an important role in shaping the society in one or other ways. It is literature that has played an important role in making our society a civilized one. Without literature we cannot even think the existence of civilized human beings in the society. In short, it is only literature, irrespective of language, that makes a man civilized in the society. Even those who are illiterate gets the lessons of civilization from the oral literature which is present in our society since a long time in the form of the art of telling story which shifts from generation to generation.

In this lecture, the speaker discussed how literature impacts our society and what important role it plays in the society and how literature and society are interdependent for their development and why we cannot ignore literature.



Prof. (Dr.) Asghar Ali Ansari delivering the lecture

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics & Research Report of the event

Event: Lecture on 'Role of Biotechnology in Crop Improvement - Present and Furture

Prospects'

Category of the event: Awareness of trends in technology

Date: June 24, 2021

Venue: A-301

Organizer: Department of Academics & Research

Number of participants: 63

Resource person:Dr. Devendra Singh, Department of Biotechnology and Life Sciences

Event Description

A lecture on the awareness of "Role of Biotechnology in Crop Improvement - Present and Furture Prospects" was given by Dr. Devendra Singh, he explained the significant role of biotechnology and the conventional crop improvement, which has a great promise to assist plant breeders to meet the increased food demand predicted for the 21st century. However, this area received a boost during late 1970s with the discovery of restriction enzymes, which led to the development of a variety of gene technologies and, thus considered the greatest scientific revolution of the 20th century.

Dramatic progress has been made over the past two decades in manipulating genes from diverse and exotic sources, and inserting them into crop plants to confer resistance to insect pests and diseases, tolerance to herbicides, drought, soil salinity and heavy metal toxicity; improved post-harvest quality; enhanced secondary metabolite synthesis and seedless plant varieties, enhanced nutrient uptake and nutritional quality; increased photosynthetic rate, sugar, and starch production; increased effectiveness of bio control agents; improved understanding of gene action and metabolic pathways; and production of drugs and vaccines in crop plants. Despite the diverse and widespread beneficial applications of biotechnology products, thus remains a critical need to present these benefits to the general public in a real and understandable way that stimulates an unbiased and responsible public debate. The development, testing and release of agricultural products generated through biotechnology-based processes should be continuously optimized based on the most recent experiences. This will require a dynamic and streamlined regulatory structure, clearly supportive of the benefits of biotechnology, but highly sensitive to the well-being of humans and environment. Biotechnology holds the key for future applications in the field of crop improvement.

In the last of the event, Head-Department of Biotechnology thanked all participants.

अलीगढ़ एवसप्रेस 02 शनिवार २६ जून, २०२१ (अलीगढ़)

फसल सुधार में जैव प्रौद्योगिकी का महत्व

अलीगढ़। मंगलायतन विश्वविद्यालय में आयोजित की जा रही सेमिनार श्रंखला में गुरूवार और शुक्रवार को बायोटेक्नोलॉजी विभाग द्वारा सेमिनार आयोजित किए गए।

फसल सुधार में जैव प्रौद्योगिकी की भूमिकारू वर्तमान और भविष्य की संभावनाएं विषय पर डॉ देवेन्द्र कुमार ने बताया कि जैव प्रौद्योगिकी ने पारंपरिक फसल सुधार में उल्लेखनीय वृद्धि की है। फसल सुधार के क्षेत्र में जैव प्रौद्योगिकी का बहुत महत्व है।

व्हीं घातक कैंसर का मुकाबला करने के लिए ना-वेल दृष्टिकोण विषय पर प्रवक्ता दीपा अग्रवाल ने बताया कि फोलेट्स को विटामिन बी 9 के तौर पर जानते है। इन्हें हम हरी सब्जी में खाते है। लेकिन शारीर में जब इनकी कमी हो जाती है। तब चिकित्सक हमें फोलेट्स



पिल्स खाने को कहता है। जिसे अधिक मात्रा में खाने से कैंसर होने की अधिक संभावना होती है। आभार प्रो उल्लास गुरूदास ने व्यक्त किया। इस दौरान प्रो आरके शर्मा, डॉ शिव कुमरा, डॉ दीपशिखा सक्सेना, डॉ सुकृत श्रीवास्तव, डॉ वाई पी गौर आदि मौजूद थे।

Press coverage of the events from 24 June, 2021 to 25 June, 2021 in Aligarh Express newspaper

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics & Research Report of the event

Event: Lecture on 'Novel Approach to Combat Malignant Cancer'

Category of the event: Awareness of trends in technology

Date: June 25, 2021 **Venue:** A-301

Organizer: Department of Academics & Research

Number of participants: 58

Resource person:Ms. DeepaAgarwal, Department of Biotechnology and Life Sciences

Event Description

In this event, awareness of Cancer was given by Ms. DeepaAgarwal, she explained about the Folate, it has been studied extensively due to its role in methylation and nucleotide synthesis.

अलीगढ़ एक्सप्रेस 02 क्षावर 26 जून, 2021 (अलीगड़) फसल सुधार में जैव प्रौद्योगिकी का महत्व

अलीगढ़। मंगलायतन विश्वविद्यालय में आयोजित की जा रही सेमिनार श्रंखला में गुरूवार और शुक्रवार को बायोटेक्नोलॉजी विभाग द्वारा सेमिनार आयोजित किए गए।

फसल सुधार में जैव प्रौद्योगिकी की भूमिकारू वर्तमान और भविष्य की संभावनाएं विषय पर डॉ देवेन्द्र कुमार ने बताया कि जैव प्रौद्योगिकी ने पारंपरिक फसल सुधार में उल्लेखनीय वृद्धि की है। फसल सुधार के क्षेत्र में जैव प्रौद्योगिकी का बहत महत्व है।

व्हीं घातक कैंसर का मुकाबला करने के लिए ना-वेल दृष्टिकोण विषय पर प्रवक्ता दीपा अग्रवाल ने बताया कि फोलेट्स को विटामिन बी 9 के तौर पर जानते है। इन्हें हम हरी सब्जी में खाते है। लेकिन शारीर में जब इनकी कमी हो जाती है। तब चिकित्सक हमें फोलेट्स



पिल्स खाने को कहता है। जिसे अधिक मात्रा में खाने से कैंसर होने की अधिक संभावना होती है। आभार प्रो उल्लास गुरूदास ने व्यक्त किया। इस दौरान प्रो आरके शर्मा, डॉ शिव कुमरा, डॉ दीपशिखा सक्सेना, डॉ सुकृत श्रीवास्तव, डॉ वाई पी गौर आदि मौजुद थे।

Press coverage of the events from 24 June, 2021 to 25 June, 2021 in Aligarh Express newspaper

She said that further prospective studies are needed to clarify optimal levels for nutrient remediation and risk reduction in those at risk, as well as elucidate the association between high

intake, high serum levels, and prostate cancer risk. Future considerations for cancer risk may include gene interactions with nutrients and environmental factors. Low or deficient folate status is associated with increased risk of many types cancers. Folic acid supplementation and higher serum levels are associated with increased risk of prostate cancer. In this talk, the speaker discussed how the folate intake increases the risk of cancer.

In the end, Head-Department of Research & Academics shared his valuable comments.



Ms. DeepaAgarwal delivering the lecture

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics & Research

Web-Seminar on 'Latest Advancements in Integrated Solar Combined Cycle Power Plants'

Category of the event: Awareness of trends in technology

Date: June 28, 2021

Organizer: Department of Academics & Research

Number of participants:52

(Google meet link: meet.google.com/yzb-ppwv-vvm)

Resource person: Dr. Meeta Sharma, Associate Professor, Mechanical Engineering

Department, Amity University, Noida

Dr. Meeta Sharma is working as an Associate Professor in the Mechanical Engineering Department, Amity University, Noida. She has completed B.Tech.,M.Tech. from Aligarh Muslim University, Aligarh, India and Ph.D from Dr. A.P.J Abdul Kalam Technical University, Lucknow, India. She has around 18 years of teaching experience. She has published good research papers in reputed journals and reviewed many research papers for reputed journals. She has contributed many book chapters. Her area of interest are combined cycle power plants, cogeneration plants, waste heat recovery systems, solar energy, Heat Transfer and Applied Thermodynamics, etc.



Event Description

Dr. Sharma emphasized awareness of global concern for depleting fossil fuel reserves has been compelling for evolving power generation options using renewable energy sources. The solar energy happens to be a potential source for running the power plants among renewable energy sources.

Integrated Solar Combined Cycle (ISCC) power plants have gained popularity among the thermal power plants. Traditional ISCC power plants use Direct Steam Generation (DSG) approach. However, with the DSG method, the ISCC plant's overall thermal efficiency does not increase significantly due to variations in the availability of solar energy. Thermal Energy

Storage (TES) systems when integrated into the solar cycle can address such issues related to energy efficiency, process flexibility, reducing intermittency during non-solar hours.

This seminar focused on the developments in various components of the ISCC system its major cycles and related parameters. The main focus is on CSP technologies, Heat Transfer Fluid (HTF), and Phase Change Material (PCM) used for thermal energy storage. Further, work also includes heat enhancement methods with HTF and latent heat storage system.



Screenshot of the web-seminar from Google meet screen

The speaker said that this study will be beneficial to the power plant professionals intending to modify the solar-based CCPP and to retrofit the existing NGCC plant with the advanced solar cycle.



Press coverage of the web-seminar(DevKesari)

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics& Research Report of the event

Event: Lecture on "Quality Education in Pharmacy for ADR(Adverse Drug Reaction) &

Pharmacovigilance: Need of an Hour"

Category of the event: Awareness of trends in technology

Date: June 29, 2021

Venue: A-301

Organizer: Department of Academics & Research

Number of participants: 53

Resource person: Mr. Yogesh Kumar, School of Pharmacy

Event Description

The event provided the knowledge to pharmacy students about adverse drug reaction reporting can impact their attitude towards patient care and issues on patient safety. It investigate the knowledge and perception of pharmacy students about adversedrug reaction reporting and pharmacovigilance and their willingness toreport.



Mr. Yogesh Kumar delivering the lecture

Pharmacovigilance (PV) is the science, which maintains the safety and rationaltherapy, making an essential checkpoint for regular utilization and movement ofdrugs and medicines i.e. the main component of pharmacy practice. However, in spite ofall the achievements regarding the significance of PV and its efforts, awareness andknowledge about rational utilization of drugs and its side effects is low. However, one aspect was found common to all developing countries

that despite of different economic level the PV education in universities is far below the minimum requirements for sustaining effective drug monitoring system.

मंगलायतन विवि में आयोजित सेमिनार श्रृंखला में आयोजित हुए व्याख्यान

अलीगढ़ । मंगलायतन विवि द्वारा आयोजित की जा रही सेमिनार श्रृंखला में योगेश कुमार और बुधवार को प्रो उल्लास गुरूदास ने विचार रखे। फार्मेसी के प्रवक्ता योगेश कुमार ने दवा की प्रतिकूल प्रतिक्रिया के लिए फार्मेसी में गुणवत्तापूर्ण शिक्षा और समय की फार्मा को विजिलेंस आवश्यकता विषय पर विचार रखे। उन्होंने कहा विजिलेंस ऐसा विज्ञान है, जो सुरक्षा और तर्कसंगतता को बनाए रखता है। वहीं, फिजिक्स विभाग से प्रो उल्लास गुरूदास ने नैनोफोटोनिक्स विषय पर बात रखते हुए कहा कि विभिन्न नैनो-सामग्री पर अध्ययन दो मुख्य उद्देश्यों के साथ किया गया है। प्रथम मेटामटेरियल्स के विकास और द्वितीय सभी ऑप्टिकल स्विचिंग अनुप्रयोगों के लिए।इस दौरान जॉइंट रजिस्ट्रार डा. दिनेश शर्मा, डा.अशोक उपाध्याय, डा.सैयद दानिश, डा.शिव कुमार, डा.संतोष गौतम, मयंक जैन, नियति शर्मा आदि मौजूद थे।

Press clipping of the talk in DainikJagran newspaper

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics & Research Report of the event

Event: Talk on 'Nanophotonics' Category of the event: Soft Skills

Date: June 30, 2021 **Venue:** A-301

Organizer: Department of Academics & Research

Number of participants: 57

Resource person: Prof. (Dr.) Ullas Gurudas, Professor, Institute of Applied Sciences &

Director (Academics & Research)

Event Description

In this event, awareness on Nanophotonics was given by Prof. UllasGurudas, he shared various studies on nano-materials which were carried out with two main objectives that is for the development of metamaterials and for all optical switching applications.

मंगलायतन विवि में आयोजित सेमिनार श्रृंखला में आयोजित हुए व्याख्यान

अलीगढ़ । मंगलायतन विवि द्वारा आयोजित की जा रही सेमिनार श्रंखला में योगेश कुमार और बुंधवार को प्रो उल्लास गुरूदास ने विचार रखे। फार्मेसी के प्रवक्ता योगेश कुमार ने दवा की प्रतिकूल प्रतिक्रिया के लिए फार्मेसी में गुणवत्तापूर्ण शिक्षा और समय की फार्मा को विजिलेंस आवश्यकता विषय पर विचार रखे। उन्होंने कहा विजिलेंस ऐसा विज्ञान है, जो सुरक्षा और तर्कसंगतता को बनाए रखता है। वहीं, फिजिक्स विभाग से प्रो उल्लास गुरूदास ने नैनोफोटोनिक्स विषय पर बात रखते हुए कहा कि विभिन्न नैनो-सामग्री पर अध्ययन दो मुख्य उद्देश्यों के साथ किया गया है। प्रथम मेटामटेरियल्स के और विकास द्वितीय ऑप्टिकल स्विचिंग अनुप्रयोगों के लिए। इस दौरान जॉइंट रजिस्टार डा. दिनेश शर्मा, डा.अशोक उपाध्याय, डा.सैयद दानिश, डा.शिव कुमार, डा.संतोष गौतम, मयंक जैन, नियति शर्मा आदि मौजद थे।

Press clipping of the talk in DainikJagran newspaper

Metamaterials-materials with negative index of refraction- was theoretically predicted in 1968 but was neglected because of the absence of natural materials. The subject got a new lease of life after 1999 when it was shown to make artificial materials with negative magnetic susceptibility (μ) . Such negative index materials exhibit many strange properties that can be exploited for many interesting applications that vary from cloaking devices to superlens for ultrahigh resolutionimaging systems.

Nonlinear optical properties of various nano-materials and the recovery time of the observed nonlinearities were studied for testing the suitability of these materials for optical applications. And all optical switching mechanism based on nonlinear absorption is demonstrated experimentally in LaEr(MoO4)3. Films consisting of Ag nanoparticles and PANI on the other hand do not show promise for all optical switching applications.

Details of these results were discussed in this talk.



Some glimpses of the event

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Research & Academics

Lecture on 'Liquid Doses Forms'

Category of the event: Awareness of trends in technology

Resource person:Mr. Ramgopal Singh, Department of Pharmacy, IBMER

Date: July 01, 2021 **Place:** A-301

Organizer:Department of Academics & Research

Number of Attendees/Participants:45

Event Description:

The speaker Mr. Ramgopal told that during the last few years, the pharmacy profession has expand significantly in terms of professional services delivery and now has been recognized as an important profession in themultidisciplinary provision of health care. The speaker highlights the current scenario of the Pharmacy profession in health care system.



Press coverage of the events from 01 July, 2021 to 06 July, 2021 (Amar Ujala)

Pharmacist is a backbone that strengthens to health care system. There are different roles of Pharmacist in different sectors of pharmacy profession like Industrial, Academics, community health, clinical research, drug design and discovery, developing NDDS, etc. In nutshell pharmacist play an integral part of health care system. "Physician gives medicine to the Patients but life to medicine given by pharmacist".



Mr. Ramgopal Singh delivering the lecture

Ms. Niyati Sharma (Event Coordinator)

Mangalayatan University, Aligarh Department of Academics & Research

Report of the event

Event: Lecture on 'Hypertension'

Category of the event: Awareness of trends in technology Resource person:Dr. GauravRajauria, School of Pharmacy

Date: July 02, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 41

Event Description:

Dr. Gauravtold that hypertension is among the leading global risks for mortality, being responsible for 9.4 million deaths in 2010. The reason for this enormous burden has been documented in multiple studies.



Press coverage of the events from 01 July, 2021 to 06 July, 2021 (Amar Ujala)

Hypertension is strongly associated with overall cardiovascular risk. Increased blood pressure contributes to cardiovascular and cerebrovascular endpoints, such as myocardial infarction, heart failure, cardiovascular death and stroke. In addition, an age-dependent positive correlation exists between systolic blood pressure (SBP)/ diastolic blood pressure (DBP) and stroke, as well as between SBP/DBP and ischemic heart disease. All these data suggest that hypertension is the number one risk for mortality because of its dominant role in cardiovascular pathogenesis. Despite a recently documented fall in blood pressure levels during the last decade in Europe, it appears very likely that hypertension, as a strong age-dependent risk factor, will remain one of the most crucial cardiovascular risk factors in an ageing world population.



Dr. GauravRajauria delivering the lecture

According to the speaker, the well- known suboptimal hypertension control rates should be of great concern, and the identification and study of new strategies for an improvement in awareness and effective treatment for hypertension are absolutely essential.

Ms. Niyati Sharma (Event Coordinator)

Mangalayatan University, Aligarh Department of Academics & Research

Report of the event

Event: Lecture on 'Pharmaceutics'

Category of the event: Awareness of trends in technology

Resource person:Mr. Yadvendra Singh Thenua, School of Pharmacy

Date:July 05, 2021 **Place:** A-301

Organizer: Department of Academics & Research

Number of participants:44

Event Description

The speaker Mr. Thenua told that expiry dates on the medications and vitamins are a conservative estimate by the manufacturers to ensure quality, say some studies. In many instances, medicines past their expiry date are safe but may not be as effective or potent should we discard all medicines from our home medicine kit that have passed their expiry date and replace them?



Press coverage of the events from 01 July, 2021 to 06 July, 2021 in Amar Ujala newspaper

If someone is having a sudden and severe neck or back pain during midnight, and the only painkiller available in the medicine kit is past its expiry date, should the patient take it or keep on suffering? Most of us may have faced these dilemmas at one time or other. But the question is that what happens to the potency and safety of the drugs that have passed Mrtheir expiry dates.



Mr. Yadvendra Singh Thenua while delivering his lecture

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Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics & Research

Report of the event

Event: Lecture on 'Ventilator and its Management'

Category of the event: Awareness of trends in technology

Resource person:Mrs. PriyankaMasih, Institute of Nursing and Paramedical Sciences

Date: July 06, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 42

Event Description

In her lecture, Mrs. Masih told that ventilators designed for use in critical care settings; most use positive pressure to deliver gas to the lungs at normal breathing rates and tidal volumes through an endotracheal tube or tracheostomy. These ventilators typically consist of a flexible breathing circuit, a control system, monitors, and alarms. The gas is typically delivered to the patient using a double-limb breathing circuit. The inhalation limb provides sites where the gas may be heated or humidified using appropriate devices, and the exhalation limb includes an exhaust valve to release the gas to the ambient air.

Intensive care ventilators are usually connected to a wall gas (*e.g.*, oxygen, air) supply. The method by which ventilators provide gas exchange into and out of the lungs is determined by the selected ventilation mode. Intensive care ventilators include both volume-controlled and pressure-controlled breathing modes. Depending upon the selected mode, ventilators will deliver mandatory breaths with or without spontaneous breathing. Different modes have different breath targeting schemes that typically utilize a feedback control system utilizing operator inputs and ventilator outputs to achieve a specific ventilator pattern. Some intensive care ventilators can provide gases to the lungs at frequencies much higher than the normal breathing rates (100 or more times per minute are typical); negative-pressure ventilators are also used in intensive care as an alternative to positive-pressure ventilators for some selected patients.

Ventilators are composed of four basic subsystems: the ventilator and its controls, monitors and alarms, gas supply, and patient circuit (which include the breathing circuit and may include a

humidifier and nebulizer). Each subsystem requires its own inspection and preventive maintenance procedure.



Mrs. PriyankaMasih delivering the lecture on 'Ventilator and its Management'

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh **Department of Academics & Research**

Report of the event

Event: Lecture on 'Karl Marx and Journalism'

Category of the event: Awareness of trends in technology

Resource person:Dr. SantoshGautam, Department of Journalism &Mass Communication

Date:July 07, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants:53

Event Description

Mr. Gautam said that political ideology is very important for the development of any country. "Karl Marx and Communism" discusses the importance of political ideologies in shaping a nation towardsachieving positive economic growth and development of its people. Absolute Kingdom, Constitutional Monarchy, Democracy, and Communism are four major political ideologies in theworld.

Dainik Jagran - 08-07-2021

पूंजीवाद के बिना सरकारों का शासन करना मुश्किल : डा. संतोष गौतम



संस्, इपलास : मंगलावतन विश्वविद्यालय ने व्याख्यान श्रंखला के तहत कार्ल मार्क्स और साम्यवाद हैं। इन्हों विचारधाराओं के आधार पार्टी के इतिहास पर भी चर्चो की पर एक व्याख्यान का आयोजन राष्ट्रों की शासन व्यवस्था चलती हैं। गई। इस दौरान प्रो. शिवाजी सरकार, किया। व्याख्यान के वक्ता डा. संतोष

निरपेक्ष साम्राज्य, संवैधानिक राजतंत्र,

कुमार गौतम थे। व्याख्यान का विषय साम्यवाद के संबंध में कार्ल मार्क्स अशोक उपाध्याय, डा. देवेंद्र, डा. कार्ल मार्क्स और साम्यवाद' था, की अंर्तदृष्टि पर चर्चा की गई। श्री जिसमें एक राष्ट्र के सकारात्मक गौतम ने बताया कि कार्ल मार्क्स आर्थिक विकास में राजनीतिक के विचार में इतिहास पूंजीपति वर्ग

परिणाम है। मार्क्स ने विश्व समाज . पुंजीवाद पर अपनी बात स्खते हुए को छह प्रमुख समूहों में वर्गीकृत कहाँकि वर्तमान में पूंजीवाद के बिना किया। अर्थात, आदिम साम्यवाद, किसी भी सरकार का शासन करना दासता प्रणाली, सामंतवाद, पंजीवाद, मुश्किल है। डा. संतोष गौतम ने समाजवाद और साम्यवाद। उन्होंने बताया कि किसी भी देश के विकास कहा कि एक राष्ट्र इन छह चरणों से के लिए राजनीतिक विचारधारा का गुजरकर साम्यवाद प्राप्त कर सकता बहुत महत्व होता है। वर्तमान में है। व्याख्यान में उन देशों के बारे में भी जानकारी दी गई, जहां साम्यवाद लोकतंत्र और साम्यवाद दुनिया की अभी भी जीवित है। व्याख्यान में चार प्रमुख राजनीतिक विचारधाराएं भारत में साम्यवाद और कम्युनिस्ट इस व्याख्यान में मार्क्सवाद और प्रो. उल्लास, प्रो. राकेश शर्मा, डा. सुकृत श्रीवास्तव, मनीषा उपाध्याय, मयंक जैन, रामकुमार पाठक आदि मौजूद रहे।

News coverage in DainikJagran newspaper

The speaker discussed the insight of Karl Marx in relation to Marxism and Communism. In Karl Marx's view, history is a result of conflict between the bourgeoisie and the laborers class. He categorized world society into six major groups, *i.e*, Primitive communism, Slavery system, Feudalism, Capitalism, Socialism, and Communism. He opined that a nation can achievecommunism by passing through these six stages. The lecture also informs about countries wherecommunism is still alive. The speaker in the lecture "Karl Marx and Communism" said that the history of communism and the communist party in India.



Dr. SantoshGautam delivering the lecture

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Department of Academics & Research Report of the event

Event: Lecture on "Organic Farming"

Category of the event: Awareness of Trends in Technology

Date: July 08, 2021 **Venue:** A-301

Organizer: Department of Academics & Research

Number of participants: 68

Resource person: Dr. Syed Danish Naqvi, Department of Agriculture

Event Description

Dr. Naqvi said that organic agriculture has a history of being contentious and is considered by some as an inefficient approach to food production. Yet organic foods and beverages are a rapidly growing market segment in the global food industry. The performance of organic farming in light of four key of sustainable aspects: Productivity, Environmental impact, Economic viability and Social wellbeing. Organic farming systems produce low yields compared with modern agriculture. Organic farming offers an alternative to more widespread, high input farming practices that use synthetic fertilizers and pesticides. However, organic farming are more profitable and eco-friendly, and provide equally or more nutritious foods that contain less (or no) pesticide residues, compared with conventional farming.



Dr. Syed Danish Naqvi delivering the lecture

The speaker opined that organic agriculture relies on crop rotation, animal manures, crop residues, green manures, bio-fertilizer and the biological control of pests to maintain soil health,

environment and productivity. Organic crops are often of higher value than conventional ones and the volume of organic crops shows a continually increasing production trend. The sale of organic crops produced is highly demanded in most advanced, national and international markets. The environmental impact of organic farming is way of cleaning up and improving degraded agricultural land. It is based on the idea that the soil is a living system so synthetic products are largely excluded from organic farms. Organic farming is a missile to win or survive against the third world war (between nature and human).



विश्वविद्यालय आयोजित सेमिनार श्रृंखला में डॉ.



सैयट यासीन नकवी ने सब्जियों में वाली बीमारियों

माहेश्वरी कारखानों में प्रयुक्त होने वाले मैटेरियल पर विचार व्यक्त किए।

कषि विभाग के अध्यक्ष डॉ. सैयद दानिश यासीन नकवी ने बताया कि आलू, टमाटर, बैंगन, प्याज और मिर्च जैसी अधिकांश सब्जियां विभिन्न कीटों से प्रभावित होती हैं। अंकुरण की अवस्था से लेकर विकास के सभी चरणों तक रोगों से वह संक्रमित होती हैं। कुछ स्थितियों में घटना इतनी अधिक होती है कि फसल पूरी तरह से खराब हो जाती है। इन बीमारियों और कीटों के कारण किसानों को भारी आर्थिक नुकसान होता है।

यांत्रिक इंजीनियरिंग विभाग के अध्यक्ष मोहन माहेश्वरी ने रोज की जिंदगी में. कारखानों में. मशीनों में और स्पेस मिशन में काम में आने वाले मैटेरियल के बारे में बताया। संवाद

अतीगढ़, १० जुलाई, २०२१ दैनिक जागरण 11

फसल में बीमारी के कारण किसान को उठाना पड़ता है नुकसान

संस्, इगलास : मंगलायतन विश्वविद्यालय द्वारा आयोजित की जा रही सेमिनार श्रंखला में गुरुवार हा. सैयद दानिश यासीन नकवी और शुक्रवार को मोहन माहेश्वरी ने विचार रखे। कृषि विभाग के अध्यक्ष डा. सैयद दानिश यासीन नकवी ने बताया कि आलु, टमाटर, बँगन, प्याज और मिर्च जैसी अधिकांश सब्जियां जो किसानों द्वारा व्यापक कछ स्थितियों में घटना इतनी अधिक में काम में आने वाले मेटेरियल के अशोक उपाध्याय, डा. सैतोष गीतम, होती है कि फसल परी तरह से खराब -बारे में बताया। उन्होंने मेटेरियल की -नियति शर्मा आदि मौजद थे।







मोहन माहेश्वरी • जागरण

Press coverage of the event in Amar Ujala and DainikJagran newspaper

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh **Department of Research & Academics**

Report of the event

Event: Lecture on 'Introduction to the materials and its selection'

Category of the event: Awareness of trends in technology

Resource person:Mr. Mohan Maheshwari, Department of Mechanical Engineering

Date:July 09, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 34

Event Description:

The speaker Mr. Maheshwari told that materials are the building block of anything design in the laboratory, labs, industries etc. To know about the materials is the basic need of today. To know the importance of the criteria's of selection of the materials is really necessary.



फसल में बीमारी के कारण किसान को उठाना पड़ता है नकसान

मंगलायत्व संस्, इगलास : विश्वविद्यालय द्वारा आयोजित की जा रही सेमिनार श्रंखला में गुरुवार हा. सैयद दानिश यासीन नकवी और शुक्रवार को मोहन माहेश्वरी ने विचार रखे। कृषि विभाग के अध्यक्ष डा. सैयद दानिश यासीन नकवी ने बताया कि आलु, टमाटर, बैंगन, प्याज और मिर्च जैसी अधिकांश सब्जियां जो किसानों द्वारा व्यापक रूप से उगाई जाती हैं। वे विभिन्न हो जाती है। इन बीमारियों और कीटों कीटों से प्रभावित होती हैं और अंकर के कारण किसानों को भारी आर्थिक अवस्था से लेकर सभी विकास नुकसान होता है। यांत्रिक इंजीनियरिंग चरणों तक रोगों से संक्रमित होती विभाग के अध्यक्ष मोहन माहेश्वरी है। आलु और टमाटर दोनों में जल्दी ने रोज की जिंदगी में, कारखानों और देर से तुषार बहुत गंभीर होते हैं। में, मशीनों में और स्पेस मिशन कुछ रिथतियाँ में घटना इतनी अधिक में काम में आने वाले मेटेरियल के होती है कि फसल पूरी तरह से खराब बारे में बताया। उन्होंने मेटेरियल की







मोहन माहेश्वरी • जागरण उपलब्धता, विशेषताएं और उनको कहां पर हम इस्तेमाल कर सकते हैं यह विस्तार पूर्वक समझाया। उन्होंने कहा कि आज के युग में नई-नई मेटेरियल की खोज की जा रही है। इस दौरान प्रो. उल्लास गुरुदास, डा. अशोक उपाध्याय, डा. संतोष गीतम, नियति शर्मा आदि मौजूद थे।

Press coverage in DainikJagrannewspaper for the events from 08 July, 2021 to 09 July, 2021

The speaker emphasized the basicknowledge of the materials, classification of the materials, applications and examples. He said that the ferrous,non-ferrous, polymers, composites and ceramics are the basic types of the materials. Theadvantages, disadvantages, properties of these materials and the criteria to select the materialswere discussed in the lecture. The basic idea of the importance of selection were also discussed.



Mr. Mohan Maheshwari delivering the lecture

Ms. Niyati Sharma (Event Coordinator)



Report of the event

Event: Lecture on 'Schizophrenia'

Category of the event: Awareness of trends in technology

Resource person: Dr. Soni Singh, Department of Biotechnology & Life Sciences

Date: July 13, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 69

Event Description

The speaker Dr. Soni aware about the Schizophrenia and said that 5-HT2A receptor is primarily involved in uptake and transport of serotonin molecule from nerve cell to extracellular fluid.



Veer Shaheed newspaper press coverage of the events from 12 July, 2021 to 16 July, 2021

In the lecture, she told that 5-HT2A receptor is characterized by using different *in silico* methods. The 5-HT2A homology Model prediction by: Modeller 9.14, Swiss Model server, Phyre2 and Geno3D are discussed. The homology models of 5-HT2A were evaluated by Procheck, ERRAT, Qmean score and Ramachandran Plot analysis. All different models are compared. Further, she saidthat the structural analysis suggested the structure of 5HT2A is a monomer with 18 alpha helices, 7 beta sheets and 1 disulphide bridge. There is no signal peptide region in the protein sequence. The structure contains mostly polar and aromatic amino acid as suggested by hydropathy plot. However, in both the partioning system bilayer to water and water to bilayer, there are some hydropathy predicted segments, which are also transmembrane segments. Finally, the speakertold that the pore features including diameter profile, size, shape were determined by porewalker and the shape of the pore was found to be UDSD. The speaker suggested that 5-HT2A receptor interaction with its natural ligand serotonin and other inhibitor compounds would further add information about GPCRs. The 5-HT2A receptor could be an important target for therapeutics development.



Dr. Soni Singh delivering the lecture on Schizophrenia

Ms. Niyati Sharma (Event Coordinator)



Report of the event

Event: Startups in India from the Perspective of Women Entrepreneurs Case based

Analysis

Category of the event: Life Skills

Resource person:Dr. Nisha Khan, Institute of Business Management

Date: July 14, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 59

Event Description

Dr. Khan told that a women entrepreneur means the women or a group of women who initiate, organize andoperate a business enterprise. In today's world of startups women entrepreneurs is increasing dayby day.



Veer Shaheed newspaper press coverage of the events from 12 July, 2021 to 16 July, 2021

Most agencies who are engaged in promoting entrepreneurship by ways of funding orproviding training, do not seem to have confidence on the entrepreneurial skills and effectivenessof women in business, which leads to denial of funding to the women startups. This causes a lotof problems to women in establishing their business. Looking at this scenario, the current lecture focused on what qualities does women entrepreneur possess and what are issues faced by women startups in India. It portrays the globalas well as Indian scenario of women entrepreneur along with some recent successful women startup cases in India.

A case based analysis revealed that the women do have a longing to become financiallyindependent and have their self-esteem and social status risen by being the person in charge ofthemselves. They have been found to be effective in business in terms of the parametersmentioned in the study. The major constraint was lack of- confidence, information, contacts and startup finances.



Dr. Nisha Khan delivering the lecture on Startups in India

s. Niyati Sharma (Event Coordinator)



Report of the event

Event: Lecture on 'Human Trafficking in Rural Areas' Category of the event: Awareness of trends in technology Resource person:Dr. Jeevan Kumar, Department of Arts

Date: July 15, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 58

Event Description

Dr. Jeevan remarked that India always favors humanity. India has been a symbol of purity along with the land of saints and sages where human service has always been kept up in paramount. Indians have a belief that service to humanity is the essence of all religions. The existing religious places in the country are also giving the same messageeven today. But today's materialistic world has increased the needs of people and made humanity its victim.



Press coverage in Amar Ujala newspaper for the events from 12 July, 2021 to 16 July, 2021

Industrialization, globalization and specialization gave rise to many problems along with the birth of employment opportunities, civilization, new lifestyle and concept of development. In which the problem of suicide, separation, relationship and separation has also increased. Max Weber and Emile Durkheim have highlighted in their works. These problems have put humanity to shame. Today, due to increasing needs, there are number of inhuman incidents take place in small towns, in which prostitution, child labor, forced labor and human trafficking are prominent. The speaker discussed about the human trafficking in Agra district of Uttar Pradesh and concluded that families engaged in human trafficking are involved in such activities due to their weak economic condition.



Dr. Jeevan Kumar delivering the lecture on 'Human Trafficking in rural areas'

Ms. Niyati Sharma

(Event Coordinator)



Talk on 'The Art of Writing Proposals'

Category of the event: Soft Skills

Resource person:Prof. UllasGurudas, Professor-Institute of Applied Sciences and Director-

Academics & Research Date: July 16, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 49

Event Description

The speaker Prof. Ullas talked about the art of writing research proposals. He said that writing proposals for research funding is an important side of academic culture. A proposal's main function is to convince a review committee that it possesses four kinds of merit: conceptual innovation, rich and practical content, methodological objectivity, and feasibility. In order to stress these points, a proposal writer should be aware of the unspoken customs, norms, and needs that govern the evaluation and approval process of proposals.



Veer Shaheed newspaper press coverage of the events from 12 July, 2021 to 16 July, 2021

Writing an academic research proposal is an art and quite different than writing papers, articles, or books. Proposals are very specific and unique. Successful proposals address certain unspoken needs and norms as well as the essential rules and criteria of the review process. The talk gave an insight into the unspoken customs, norms and need that govern the evaluation and approval process for a successful proposal.



Prof. UllasGurudas delivering the talk on 'The art of writing proposals'

Ms. Niyati Sharma (Event Coordinator)



Report of the event

Event: Questionnaire- Types, Format, Questions and internal consistency (Reliability)

Category of the event: Language and communication skills

Resource person:Dr. AnuragShakya, Institute of Business Management and Commerce

Date:July 19, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 64

Event Description

In this lecture, Dr. Shakya told that a questionnaire is a research instrument that consists of a set of questions or other types of prompts that aims to collect information from a respondent. A research questionnaire is typically a mix of close-ended questions and open-ended questions.



Press coverage of the events from 19 July, 2021 to 21 July, 2021 (DainikJagran)

For a questionnaire to be regarded as acceptable, it must possess two very important qualities which are reliability and validity. According to the speaker, the former measures the consistency

of the questionnaire while the latter measures the degree to which the results from the questionnaire agree with the real world.



Dr. AnuragShakya delivering the lecture

Ms. Niyati Sharma (Event Coordinator)



Report of the event

Event: Lecture on 'Feminism in Literature: An Overview' Category of the event: Language and communication skills Resource person:Dr. SulabhChaturvedi, Department of Arts

Date: July 21, 2021

Place: A-301

Organizer: - Department of Academics & Research

Number of Attendees/Participants: 58

Event Description

In this lecture, Dr. Chaturvedi said that 'Feminism' is a wide range of political movements, ideologies and social movements that share a common goal to define, establish, and achieve political, economic, personal and social equality of sexes. The underline premise of feminism is to seek women's equality and justice in every sphere of life and create opportunities for women to have the same access to the resources that are otherwise freely available to men.



Press coverage of the events from 19 July, 2021 to 21 July, 2021 (DainikJagran)

Since, feminism covers diverse area of inquiry, dealing with the history of women's oppression and possible means to overcome the 'anxiety of authorship' by establishing a literary canon of their own. Feminism is, indeed, a serious attempt to analyze, comprehend and clarify because there are numerous psychosocial and cultural constructs of feminity.



Dr. SulabhChaturvedi delivering the lecture

The speaker also emphasis to outline some basic assumptions, tenets of feminism and trace the theoretical origin of the movement by exploring few trend setter works in the field of feminist literary theory.

Ms. Niyati Sharma

(Event Coordinator)



Report of the event

Event: Lecture on 'Budhism in Laddakh Region' Category of the event: Capacity Development

Resource person(s):Dr. PoonamBhartiya, Department of Arts

Date: July 22, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants:49

Event Description

In this lecture, Dr. Bhartiya told that early man was living near nature and his all attention was related to nature and its components. His fear about the power of nature and its venomous creature was common. During the early civilizations in the world like Arabia, Persia, Egypt, Italy, Japan, Greece, China, Sri Lanka, different parts of Europe, and Latin America, Serpent worship was popular with different stories and folk. The character of the snakes creates a lot of mixed feelings of curiosity, fear, and respect inside the human mind. It may be the beginning of different folktales, myths, and stories with the beginning of the social, cultural, and religious activities.



Dr. PoonamBhartiya delivering the lecture

With the starting of different civilizations, we can find the evidence of symbolic importance of snakes. Ancient Indians both feared and revered the snakes. The tradition still continues. Hindus

worship snakes in temples as well as in their natural habitats, offering them milk, incense, and prayers. In Christianity, a snake symbolizes evil or Devil. In Hinduism, the symbolism is much more complex. Philosophically it has a spiritual aspect because it has the power of rejuvenating itself. According to this theory, the snake is not an evil creature but a divinity representing eternity as well as materiality, life as well as death, and time as well as timelessness. It symbolizes the three processes of creation, namely creation, preservation, and destruction. Apart from that, there is a natural phenomenon of snake symbol and worship that is the relation of the snake with the food chain of earth. According to the speaker, it is very scientifically thought that snake supports our agriculture system and every civilization depend upon the balance of trade and agriculture.



Press coverage of the events from 19 July, 2021 to 21 July, 2021 (DainikJagran)

Ms. Niyati Sharma (Event Coordinator)



Report of the event

Event: Lecture on 'Social Impact of Covid 19 Pandemic'

Category of the event: Life Skills

Resource person:Dr. Yogesh Gupta, Department of Arts

Date: July 23, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 49

Event Description

The speaker Dr. Gupta said that whole world has suffered from several pandemic situations since more than 100 years, from 1720 to 2020. While thousands of people die, civilizations end, economy collapses, such diseases often become difficult to contain, posing a major challenge to the ruling governmentsacross the world. 1720 - Plague, 1820 - Cholera outbreak, 1920 - Spanish flu, 2020 - Chinese Corona Virus. What's happening? There is a theory that every 100 years, a pandemic happens. At first glance, nothing seems strange, but the accuracy with which these events take place is scary." The current Novel Corona Virus pandemic started as a simple outbreak in December 2019 from Wuhan, China, and it has now become a global threat. No country has remained untouched by the effects of the Corona virus that originated from the city of Wuhan in China; it has taken the form of a terrible epidemic all over the world. And it is changing itself day by day. This virus has caused a lot of damage to the fabric of the society. In our country, lakhs of people have lost their lives due to this epidemic, industries have been ruined, lakhs of people have lost their jobs, and the question of livelihood has arisen in front of lakhs of families.

In this lecture, various types of effects of corona virus on the society have been mentioned. It has affected all the sectors of the society and many problems have arisen, in the education sector, especially on girl child education, the destruction of industries, the loss of jobs, increased the inequality in society, in the field of health, psychological effects, etc. The Corona pandemic will bring many changes in the society which will have a far-reaching impact on the lives of the people. After the departure of Corona, we will find that the social fabric and habits of the people will have changed a lot.

शोध प्रबंधन में प्रश्नावली की होती अहम भूमिका

मंगलायतन विश्वविद्यालय में किया जा रहा है सेमिनार श्रंखला का आयोजन



संसु झानास विश्वविद्यालय द्वारा सेमिनार श्रंखला का आयोजन किया जा रहा है। इस सप्ताह भी विशेषज्ञों द्वारा व्याख्यान प्रस्तुत किए गए। प्रथम दिवस के तो शोध प्रबंधन में प्रश्नावली की वबता डा. अनुराग शाक्य ने कहा कि प्रश्नावली एक शोध उपकरण शोधार्थी सदैव प्रश्नावली पर अधिक है, जिसमें प्रश्नों वा अन्य प्रकार के सेकेतों का एक समूह होता है, जिसका उद्धाय प्रतिवादी से जानकारी



एकत्र करना है। एक शोध प्रश्नावली आम तौर पर क्लोज-एंडेड प्रश्नों और ओपन-एंडेड प्रश्नों का मिश्रण है। नवाचार की दृष्टि से देखा जाए महत्वपूर्ण भूमिका होती है। इसलिए ध्यान दें।

द्वितीय दिवस पर द्य. सुलभ चतुर्वेदी ने कहा कि नारीवाद गुप्ता ने कहा कि कोविड -19 ने हम



डा . शुलभ चतुर्वेदी **•**जागरण

राजनैतिक आंदोलनों, विचारधाराओं और सामाजिक आंदोलनों की एक श्रेणी है। साहित्य नारी के उत्थान में ने बताया कि कोविड -19 महामारी ने हमारे जीवन में कई बदलाव किए हैं। वह बदलाव वर्तमान तक ही सीमित पीढ़ियां भी इनको अपनाएंगी। हा.



डा . योगेश गुप्ता •जनरण

सभी को एक नए तरीके से जीवन जीना सिखाया है। आज हम लोग ज्यादा से ज्यादा डिजिटल तकनीक कारगर रहा है। डा. योगेश कुमार गुप्ता का इस्तेमाल कर रहे हैं। डा. पूनम भारतीय ने कहा कि प्रारंभिक मनुष्य प्रकृति के निकट रहता था। इस दौरन प्रो. गुरुदास उल्लास, प्रो. असगर नहीं रहेंगे, बल्कि हमारी आने वाली अली अंसारी, डा. दीपशिखा सक्सेना, द्य. जीवन कुमार, द्य. संजव पाल, नियति शर्मा आदि थे।

Press coverage of the events from 19 July, 2021 to 21 July, 2021 (DainikJagran)



Dr. Yogesh Gupta delivering the lecture

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh

Department of Academics & Research

Lecture on 'How working women manage work-life during COVID-19'

Category of the event: Life Skills

Resource person: Ms. Niyati Sharma, Department of Academics & Research

Date: July 26, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 61

Event Description

According to the speaker Ms. Niyati, women of all racial backgrounds are in the workforce. However, this has increased responsibilities for women both working professionally and still largely carrying the burden of work in the home. These dual responsibilities can increase stress, compromise physical and emotional health, and lead to burnout and lower work productivity.



Press coverage of the events from 26 July, 2021 to 30 July, 2021 (DainikJagran)

The working women are encouraged to recognize that the perfect balance between work and home life is an unattainable myth. Instead, consider work among the multiple life roles that you manage along with other roles. Each role may require more effort/time than others across the course of the year and throughout your life. Seek help from others in your work and life environments to share the load. Prioritizing your roles can help you decide how best to manage your time across your various roles and responsibilities.



Ms. Niyati Sharma delivering the lecture

Prof. UllasGurudas (Event Director)



Report of the event

Event: Lecture on 'Role stress and its relationship with emotional intelligence'

Category of the event: Soft Skills

Resource person:Dr. Sara Kamal, Institute of Business Management and Commerce

Date: July 27, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 53

Event Description

In her lecture, Dr. Kamal told that the work culture has changed at fast pace and it affects all professions. Stress related to occupation is quite dangerous for the physical well-being of an individual. If the organization workforce experiences role stress, then it is bound to affect the organization's health as well. Increased cases of frustration, dissatisfaction in life and psychological disorders, are all indicators of high level of stress among people nowadays. Other factors that lead to heightened stress levels include changing lifestyles, increased competition, deadline pressures, lack of social support, escalating needs & desires, unsure future and so on.

The idea of stress was discussed and described variably in medical, biological and psychological literature. Stress is a "perceptual phenomena", embedded in the concepts of psychology. The circumstances and incidents are not stressful but rather turn into sources of stress when the person who is experiencing it, treats it as a threat and starts tackling it beyond his/her caliber. This explains why different people respond differently to the same situation and also why the same person deals with the same problem differently at different times. The idea of stress is attached to the individual and hence is a "subjective experience". Performance of employees is affected by their role stress and this eventually hampers organizational health. Thus, it can be derived that it is management's duty to combat workplace stress and also take measures to solve issues related to the same.

The banking industry in India is transforming to fit the era of "marketing orientation" from "socialist rhetoric". A number of researches pertaining to stress and other related organizational variables have been conducted on this industry. Banking sector employees experience a lot of stress as well as a number of *antecedents of stress* like role conflict, role overload, role ambiguity, responsibility for people, participation, lack of feedback, keeping up

with rapid technological change, career development, recent episodic events and being in an innovative role, organizational structure & climate. A rapid growth can be witnessed in the banking sector at present, generating large scale employment. Sadly, though many psychological problems *i.e.* stress, strain, anxiety, etc. hinder the advancement of banking industry. Pressure of meeting the deadlines, huge workload, fear of losing the job, long working hours (exceeding even 12 hours per day) are the kind of issues that are reported in empirical studies. Thus, it can be concluded that banking sector employees observe a lot of stress. Emotional Intelligence capabilities are quite operative in tackling stress issues among employees. Hence, this lecture aims at exploring linkages between stress and emotional intelligence in the context of banking industry in India.



Press coverage of the events from 26 July, 2021 to 30 July, 2021 (DainikJagran)

उपयोग लोगों की सामाजिक-आर्थिक

स्थिति में सुधार के लिए किया जाता

है। इस दौरान प्रो. गुरुदास उल्लास,

दा. अशोक कमार उपाध्याय हा.

दीपशिखा सक्सेना आदि थे।

आइबीएम विभाग की प्रवक्ता हा.

सारा कमल ने कहा कि पिछले कई

दशकों में व्यावसायिक संगठनों ने

अभृतपूर्व परिवर्तनों का अनुभव किया

है। लाइब्रेरी एंड इनफामेंशन साइंस

Ms. Niyati Sharma

(Event Coordinator)



Mangalayatan University, Aligarh Department of Research & Academics

Report of the event

Event: Lecture on 'Literature Resources and Services'

Category of the event: Soft Skills

Resource person:Dr. Deepmala, Department of Library & Information Sciences

Date:July 28, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 38

Event Description

The speaker of this lecture told that Library is a social agency which has been created by actual necessities in modern civilization. Library and society are interlinked and independent. Library is a social institution charged with the function of assembles, organize, preserve, socialize and serve all expressed thought embodied as manuscripts, books, periodicals, journals etc.



Press coverage of the events from 26 July, 2021 to 30 July, 2021 (DainikJagran)

International Organization for Standardization has defined a library as "irrespective of the title, any organized collection of printed books and periodicals or of any other graphic or audio-visual materials, and the service of the staff to provide and facilitate the use of such materials as are required to meet the research, informational, educational or recreational needs of its users".

According to S. R. Ranganathan, "a library is a public institute or establishment charged with the care of a collection of books, the duty of making them accessible to those who required the use of them and the task of converting every person in its neighborhood into a habitual library goes and readers of books." Sources: A source is a place or person from which you can obtain something useful or valuable. A resource is something that can be used to perform some function. The sources from where we get information are called information sources and these comprise of documents, humans, institutions as well as mass media like radio and television. Information sources are significant for information organizations and information users. This is because the sources indicate the current development in all fields, avoid duplication in research, give answers for specific queries, help us to understand some unfamiliar terms, provide meaning for terms and indicate broadened view of a subject. Information sources also provide an in-depth treatment of a topic or aspect of a topic and can also provide a broad overview or historical view of a topic. This is so because these sources are prepared after browsing wide variety of knowledge and also examine past studies to predict future trends. Services: Dissemination of information might be accomplished basically in two ways. One of the methods is to provide information on the basis of an expressed demand. That is to say, a specific request would be met a special search by an information specialist and the user is provided with the information required by him. The second method is to anticipate the user's needs and offer him/her documentary products, potentially helpful to him/her.



Dr. Deepmala delivering the lecture on 'Literary Resources and Services'

Ms. Niyati Sharma (Event Coordinator)



Lecture on 'Clinical Management of Tuberculosis'

Category of the event: Awareness of trends in technology

Resource person: Prof. (Dr.) Rakesh Kumar Sharma, Institute of Bio-Medical Education

&Research

Date: July 29, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants:69

Event Description

In the lecture, Prof. Sharma told that Tuberculosis is one of the world's deadliest diseases which is caused by Mycobacterium TubercleBacilli. One third of the world's population has been infected with Tuberculosis. Identified cases of Mycobacterium must be notified in an attempt to reduce the public health impact of TB on the population.



Prof. Rakesh Kumar Sharma delivering the lecture

The principle cause of tissue destruction from Mycobacterium Tuberculosis infection is related to organism's ability to incite intense host immune reactions to antigenic cell wall proteins. TBtransmission occurs via inhalation of droplet nuclei present in the air. Person to persontransmission continues to present significant public health issues as work continues towards decreasing the spread of TB. The most common site for the development of TB is the lungs; 85% of patients with TB present with Pulmonary complaints. Extra pulmonary TB may

present withprimary infection. Tuberculin skin test and Interferon Gamma Release Assay (IGRA) are thestandard methods for identifying persons infected with the Mycobacterium.

TB may clinically manifest as Primary TB, Reactivation TB, Laryngeal TB, Endobronchial TB, Lower Lung TB infection, Tuberculoma, Millary Tuberculosis, Lymph Node TB, TuberculousMeningitis, etc. Clinical manifestations of TB vary according to site of mycobacterial proliferation. Primary pulmonary TB is often accompanied by a normal chest radiograph. HilarAdenopathy is the most common chest abnormality. Treatment of TB depends on nature of infection whetherlatent TB infection or active TB infection. The clinical management and preventive measures of Tuberculosis were discussed in the talk.



Veer Shaheed newspaper coverage of the events from 26 July, 2021 to 30 July, 2021

Ms. Niyati Sharma (Event Coordinator)



Report of the event

Event: Lecture on 'OTT Platforms'

Category of the event: Skill Development

Resource person:Mr. ChandrelKulshreshtha, Public Relations Officer, Department of

Journalism and Mass Communication

Date: August 2, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 58

Event Description

In this lecture, Mr. Kulshreshtha said that in the past, there used to be some work that we had to go out to do. But now with the help of the internet, we do the same work on the mobile phone sitting at home. The biggest example of this is the Internet. Nowadays people do not like to see advertisements while watching TV shows or movies. Due to this, the OTT platform was created. Although OTT platforms were made for web series, nowadays all TV shows and movies are being released in it.



Mr. ChandrelKulshreshtha while delivering his lecture

Due to the Coronavirus, people like to watch everything on mobile phones sitting in their homes. On the OTT platform, you get to watch everything sitting at home on your mobile phone like web series, TV shows, movies, sports, etc.

Nowadays, due to Coronavirus, the film industry has decided to release movies on the OTT platform.

Ms. Niyati Sharma (Event Coordinator)



Lecture on 'Health Awareness & Physical Exercise'

Category of the event: Life Skills

Resource person:Dr. Shiv Kumar, Institute of Education & Research

Date: August 3, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants: 64

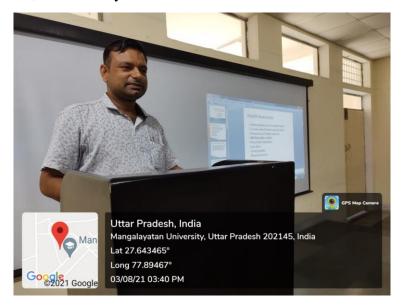
Event Description

Dr. Shiv in his lecture said that regular exercise and physical activity increase muscle strength, bone density, flexibility, and stability. Physical fitness can reduce your risk for and resilience to accidental injuries, especially as you get older. For example, stronger muscles and better balance mean that you're less likely to slip and fall, and stronger bones mean that you are less likely to suffer bone injuries.



Press coverage of events from 03 August, 2021 to 04 August, 2021 (DivyaVishwas)

There are numerous health advantages to physical fitness. Regular exercise and physical activity promotes strong muscles and bones. It improves respiratory, cardiovascular health, and overall health. Staying active can also help you maintain a healthy weight, reduce your risk for type-2 diabetes, heart disease, and reduce your risk for some cancers.



Dr. Shiv Kumar delivering the lecture

According to the speaker, a sedentary lifestyle and a lack of physical activity can take a toll on a person's body. Physical inactivity is associated with an increased risk for certain types of cancer, numerous chronic diseases, and mental health issues. Exercise, however, has been shown to improve mood and mental health, and provides numerous health benefits. Of course, physical fitness also allows you to do things that you may not otherwise be able to do.

Ms. Niyati Sharma (Event Coordinator)



Talk on 'How to Write and Publish a Research Paper'

Category of the event: Language and communication skills

Resource person: Prof. Ullas Gurudas, Professor - Institute of Applied Sciences and

Director-Academics & Research

Date: August04, 2021

Place: A-301

Organizer: Department of Academics & Research

Number of Attendees/Participants:68

Event Description

In the talk, Prof. Ullas said that the goal of scientific or any kind of research for that matter is publication. Researchers, starting as graduate students, are evaluated primarily not by their skill in laboratory manipulations, not by their innate knowledge of their chosen subjects, and certainly not by their wit or charm; they are evaluated, and become known by their publications. A scientific experiment, no matter how spectacular the results, is not completed until the results are published. In fact, the cornerstone of the philosophy of science is based on the fundamental assumption that original research must be published; only thus can new scientific knowledge be authenticated and then added to the existing database that we call scientific knowledge. Thus the scientist must not only "do" science but must "write" science. Bad writing can and often does prevent or delay the publication of good science.



Prof. UllasGurudas delivering the lecture

The purpose of this talk is to help researchers in all disciplines to prepare manuscripts that will have a high probability of being accepted for publication and of being completely understood when they are published. Because the requirements of journals vary widely from discipline to discipline, and even within the same discipline, it is not possible to offer recommendations that are universally acceptable.



Press coverage of events from 03 August, 2021 to 04 August, 2021 (DivyaVishwas)

Ms. Niyati Sharma (Event Coordinator)



Mangalayatan University, Aligarh Faculty of Humanities Department of Journalism Mass Communication

A Web-Seminar on "World Photography Day" - "How Photographic Journalism Changed the World"

Date: August 18, 2021

Category of the event: Soft Skill No. of the participants: 50-60

Resource person:Mr. AtulHundoo

AtulHundoo is a renowned photographer and photojournalist who have been in the industry for the last 20+ years; his works have been published in several newspapers and magazines of repute like India Today, Times of India, Outlook, Hindustan Times, DainikJagran etc. He has been one of the pioneers to recognize smartphone as a medium of creative photography in India. His smartphone photography works have been featured and interviewed in renowned photography magazines like Better Photography, Asian Photography, Chizz magazine. He regularly writes columns on smartphone photography and camera technology.

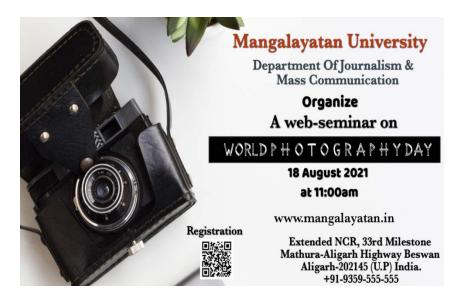


A post graduate in photography (MFA), he specialized with a distinction in Fine Art Photography & Photojournalism during his Masters.

An artist with a great vision finds photography as the best medium of expression. Currently, he is teaching photography & advertising design to the students of applied arts in College of Arts & Craft, Lucknow. In his 16 years career of Photojournalism he was heading the visual division of Coffee table books at the DainikJagran media group and was mentoring the staff photojournalists.

As a photography mentor, he has conducted more than 60 workshops. Since the last few years, he has been great working to establish a smartphone as a medium of main stream photography and has conducted exclusive mobile photography workshops and mobile photo walks in different cities.

He is also visiting faculty and examiner for reputed colleges like NIFT, Lucknow University & other institutes of repute.



Banner of the web-seminar on World Photography Day

About the Event

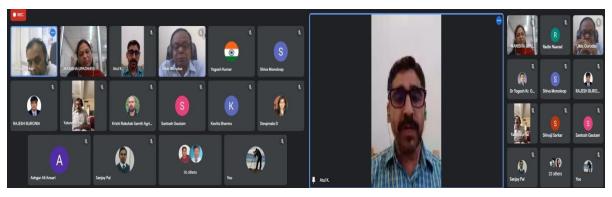
On 18August,2021, aWeb- seminar on "How Photographic Journalism Changed the World" was organized by the Department of Journalism and Mass Communication. In the web-seminar, the chief guestAtulHundoo shared his experiences of freelance and professional photography with the students. The webinar was inaugurated by the Dean and Director, Department of Journalism and Mass Communication, Prof. ShivajiSarkar.

Initiating the web-seminar organized on the occasion of "World Photography Day", Prof. ShivajiSarkar, while discussing the changing nature of photography, said that with the passage of time, the change in technology is very important. There have been many technological changes in photography, until the 1990s was once the era of Kodak.

AtulHundoo, the chief guest of the program, started the webinar by highlighting the history of photography. He shared many important information related to the history of photography with the audience. While discussing the world's first photograph, he said that it took about half an hour to print the photo. Throwing light on photography, he said that the main objective is to cover a whole century in his portrait. Bringing all the expressions and words in one photo is an art in itself and the one who understands this art is the true photographer.

In the photography lecture, he shared some very valuable photographs related to history. The technical nuances related to those pictures, the veracity of the pictures, the secret of becoming world famous and the photographers who took those pictures were also shared. AtulHundoo said that photography is a mixture of science and art. He said that a picture is worth a thousand words. While it is necessary to have technical knowledge to draw the picture, it is necessary for the cinematographer to be artistic while making the frame. Only then will you be able to draw a picture with a message conveying the right attitude. AtulHundoo motivated all the participants to engage in photography at the end of the webinar.

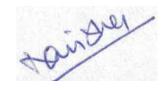
Director-Academics and Research Prof. UllasGurudas said that technology has a special importance in photography. ManishaUpadhyay, chairperson of the Department of Journalism and Mass Communication conducted the program. Thanks by Mayank Jain. Journalists along with teachers, researchers, and students from different states - Madhya Pradesh, Rajasthan participated in the program. Dr. Santosh Kumar Gautam cooperated in the event. During this Prof. Asghar Ali Ansari, Dr. AnkurAgarwal, Dr. Danish YasinNaqvi, Dr. Ashok Upadhyay, Dr. Poonam Rani, Abhishek Gupta, Dr. Deepmala, Dr. Y. P. Gaur, Vijaya Singh, Shiva etc. were present.



Some screenshots of the web-seminar on 'World Photography Day'



Press coverage of the event in Dainik Jagran and Divya Vishwas newspaper



Ms. ManishaUpadhyay (HoD,DJMC)



Mangalayatan University, Aligarh Faculty of Humanities Department of Journalism & Mass Communication

A Webinar on "OTT - Changing Cinema and It's Dimensions"

Category of the event: Awareness of trends in technology

Date: August 25, 2021

Resource person:Mr. SurajTiwari

No. of participants: 50-60

About the speaker

SurajTiwari "Suryakant" who was the national Cricket player, his life was totally changed after seen a live theatre play and he entered in to the Glamour World. As his heart has a lot social work space and he turned in to social works joined "NariAshtitvaBachaooAndolan" against neonatal and embryo killing, from 1992 to 1996 has done national level social work on a very intense topic, and got "Red & White bravery Award".



In this, he with his members gave memorandum about the Ratio problems between men and women in future to the President of India so many times. Painted wall slogans on sex ratio in future, coordinated pulse polio campaign, health camps, and signature campaign on a long 500ft. banner massed to the Indian President about the problem that stops sex determination. He has done many awareness programmelike Dharna, Pradarshan against embryo killing.

From 1996 to 1999 he played all state trophies as well as school trophies like VeenuMaakan, C. K. Naidu, etc. as a medium pace bowler. He has earned name and fame in sports and suddenly got a positive accident with theatre in an auditorium where "Singhasan Khali hai" was played, and he loved the live performance of all the artist after then Suraj"s creative person will come from his soul. He thanked to his Big Brother Mr. Pawan Tiwariwho was thetheatre person so that he could had the chance to see the play & step up towards his new journey.

About the Event

On 25August,2021, aWebinar on "OTT- Changing Cinema and It's Dimensions" was organized by the Department of Journalism and Mass Communication. In the webinar, the chief guestSurajTiwari shared his experiences with the students.



Banner of the webinar

In the program, SurajTiwari said that with the advent of OTT, special films are being made for a special kind of audience. He said that directors have made great films on a low budget with simple actors. It started with ShilsilaMangalPandey and went on with Page-3, Paan Singh Tomar, Peepli Life, Piku, Manjhi.

SurajTiwari said that cinema is changing. This is changing in every era. In reality, cinema has won. He said that Indian films are seen in 150 countries and are made in 22 languages. He told about copyright as well. The way to go to films and how to make a film on OTT, how to earn from it was also told.



Some glimpses of the webinar

He said that with GulaboSitabo, the process of films coming on OTT in India started. This is a platform where stars are not important. The story of the film is more important than the star. Presiding over the program, the Dean and Director of the department, Prof. ShivajiSarkar explained the advantages and disadvantages of OTT. Today's cinema is based on technology. A

film like BhuvanShome is a milestone conducted byKripaArora. The vote of thanks was expressed by the head of the department-DJMC, Ms. ManishaUpadhyay.

Teachers, research scholars, and students participated in the webinar. During this Prof. UllasGurudas, Prof. Asghar Ali Ansari, Dr. Syed DanishNaqvi, Dr. Santosh Kumar Gautam, Dr. Deepmala, Dr. Y. P. Gaur, Mayank Jain, etc. were present.



Newspaper coverage of the webinar in Amar Prakash newspaper

Ms. ManishaUpadhyay (Head)

andres



Mangalayatan University, Aligarh

Department of Pharmacy

Report of the event

Event: Seminar on "Role of Nano medicines as Therapeutic Agents against Multi-Drug Resistant Pathogens"

Category of the event: "Awareness of Trends in Technology"

Date: Dec 14, 2021

Venue: Godavari- Block

Organizer: Department of Pharmacy

Number of participants: 69

Resource persons: Dr. Sailesh Narayan

Event Description

On Dec 14, 2021, a seminar on "Role of Nano medicines as Therapeutic agents against Multi-Drug Resistant Pathogens" was organized by Institute of Biomedical Education & Research. Faculty and students from all department of University attended in this seminar. Purpose of this seminar was to bring academicians and students on a single platform to get knowledge about the emergence of drug resistance combined with limited success in the discovery of newer and effective antimicrobial chemotherapeutics poses a significant challenge to human and animal health. Nanoparticles may be an approach for effective drug development and delivery against infections caused by multi-drug resistant bacteria. Here we discuss nanoparticles therapeutics and nano-drug delivery against bacterial infections.

He said thatNanomedicine is the preservation and improvement of human health using molecular tools and molecular knowledge of the human body. The human body is nothing but assembly of molecules; hence the availability of molecular nanotechnology will permit dramatic proprogress in human medical services. More than just an extension of "molecular medicine," nanomedicine will employ molecular machine systems to address medical problems, and will use molecular knowledge to maintain and improve human health at the molecular scale. Nanomedicines will have extraordinary and far-reaching implications for the medical profession, for the definition of

disease, for the diagnosis and treatment of medical conditions including aging, and ultimately for the improvement and extension of natural human biological structure and function.

He that the development of nanopargress in human medical services. More than just an extension of "molecular medicine," nanomedicine will employ molecular machine systems to address medical problems, and will use molecular knowledge to maintain and improve human health at the molecular scale.

He explained the Nanoparticles for biomedical applications including medical imaging and drug delivery is currently undergoing a dramatic expansion. However, as the range of nanoparticle types and applications increases, it is also clear that the potential toxicities of these novel materials and the properties driving such toxic responses must also be understood. Indeed, a detailed assessment of the factors that influence the biocompatibility and/or toxicity of nanoparticles are crucial for the safe and sustainable development of the emerging nanotechnologies.

In the last of the session, coordinator Ms. Sapnathanked all participants for their kind support.



Dr. Sailesh Narayandelivered a lecture on Nano medicines





Institute of Education & Research Report of the event

Event: Online Yoga Session

Category of the event: (Life skill)

<u>Key note speaker/Resource person:</u> Dr Shiv Kumar, Associate Professor (Physical Education), IER

About the Event

Date: - 21-12-2021

Time: 09:00AM-10:00AM

Number Of Attendees/Participants: - 54

Description the event: Benefits of performing yoga before bedtime

The expert discussed that Reclined Spinal Twist Pose, Corpse Pose, 10-minute easy routine, Cat Stretch Pose, Cow Stretch Pose and Legs-up-the-Wall Pose are certain yoga practices that benefit an individual if practiced consistently. The expert demonstrated all the aforementioned poses for clear understanding of the viewers.

He further asserted that certain precautionary measures are needed to be undertaken before performing these steps which are: performing only after 2-3 hours of evening meal, wearing comfortable clothing, using a mat, a light warm up before stating the poses and light stretches afterwards.

Dr. Deepshikha Saxena

Stubber

HOD, IER